

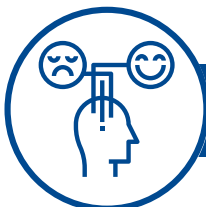
Wellness Center



Health Services

- Confidential medical advice from a healthcare provider
- Treatment of a variety of illnesses and injuries
- Tuberculosis screenings for employment and transfer purposes
- Some medication refills, including birth control

Email csmwellness@smccd.edu or call (650) 574-6396
to book appointment now!



Personal Counseling

- Confidential individual, couples, or family counseling
- Referrals to internal and external resources
- Counseling currently available in English, Spanish, Mandarin, and Japanese
- TimelyCARE (timelycare.com/SMCCCD)

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to book appointment now!



Sparkpoint

- 1:1 Financial Coaching
- Free tax preparation
- Support with applying for public benefits (i.e. CalFresh, Medi-cal, rental assistance)
- Referral to resources (i.e. food pantry, SMCCCD Hunger Initiative Program)

Email csmsparkpoint@smccd.edu or visit bit.ly/csmsparkappt
to book appointment now!