

Free virtual counseling from anywhere.

Students get **FREE 24/7/365** on-demand support from licensed therapists, right at your fingertips.

Available for minors and groups (up to 4 guests who do not need to be enrolled students)

CSM TalkNow

24/7 On-Demand Emotional Support for Students

Create your **FREE** account:

1. Visit csmtalknow.com or download the TimelyMD app.
2. Click "Sign In."
3. Create your profile using your school email.
4. Follow the prompts to start your first visit.



For more information visit:
csmtalknow.com



Get the
TimelyMD App:

