



The Bulldog bulletin

Volume 3 • Issue 6 • May 5, 2022

A Biweekly CSM Student E-Newsletter

Thank You for Celebrating With Us at Our Centennial Gala!



With high hopes for a bright future, the College of San Mateo community gathered at Burlingame's Kohl Mansion on March 31 for a [Centennial Gala](#) marking CSM's first hundred years.

The sold-out event brought together trustees, faculty, alumni, community leaders and, not least, more than 80 CSM students to dine, dance and celebrate the college's rich history and promising future.

College President Jennifer Taylor-Mendoza hailed the college's legacy of equity and accomplishment. She spotlighted the event's mission as a fundraising kickoff for CSM's [Promise Scholars Program](#), quoting Cesar Chavez and Dolores Huerta and leading the crowd in choruses of "¡Si se puede!" (Yes, we can!)

[Continue Reading the Centennial Gala Recap](#)

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IMPORTANT DATES

**Fall 2022 Semester
Open Registration**
Wednesday, May 18

**Spring 2022 Semester
Final Exams**
Saturday, May 21 - Friday, May 27

Commencement
Friday, May 27

[View ASCSM
Agendas & Minutes](#)

Join Us for An Evening of Art, Science, Music & Dance!

College of San Mateo is excited to host an Evening of Art, Science, Music & Dance on Friday, May 6, as part of our year-long Centennial celebration!


Event guests will be treated to an evening that includes a planetarium show, stargazing with world-class telescopes, music and dance performances from CSM faculty and local artists, and a special lecture, art exhibit, and reception with Professor Mohsen Janatpour. For more information, visit our [Centennial Event Page](#).

An Evening of Art, Science, Music & Dance

A CSM Centennial Celebration Event

Friday, May 6, 2022

5–11 pm



An Evening of Art, Science, Music & Dance




A CSM Centennial Celebration Event

Friday, May 6, 2022 | 5:00 to 11:00 pm | Free Admission

<p>5:00 pm: Planetarium Show with Professor Darryl Stanford (No late admission to this show) Planetarium, Building 36</p> <p>6:00 pm: <i>Music of Resonance</i> featuring Professors Kryz Bobrowski, Brenda Hutchinson, Adria Otte, and Alex Wong Choral Room, Building 2</p> <p>7:10 pm: <i>The Descent</i>, a performance by Luu Dance Co. (Nick Christman, Christina Nguyen, and Jasmine Perez) Theatre, Building 3</p>	<p>7:45 pm: “When is a Painting Finished?” Lecture & Art Exhibition by Professor Mohsen Janatpour Theatre, Building 3</p> <p>8:45 pm: Reception Theatre Lobby, Building 3</p> <p>9:15 pm: Stargaze to soothing jazz music with astronomy guides Elisha Polonski, Michael Gallien, Justin Stevick, and other experts Observatory, Building 36 Rooftop</p>
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Scan the QR code for more information or visit collegeofsanmateo.edu/artscience.
Visit collegeofsanmateo.edu/map for building locations. Questions? (650) 574-6272 • janatpour@smccd.edu



Stepping Up: A Transfer Tribute on May 26!

Join us for a festive celebration of transferring CSM students, with food, music, speakers and entertainment on Thursday, May 26! All members of the CSM community are welcome to attend.

If you have applied (or will apply) to transfer and you would like to attend, [RSVP](#) as soon as possible. Once you have obtained official acceptance to transfer, let us know, and your place is confirmed. We look forward to celebrating with you!

Stepping Up: A Transfer Tribute

Thursday, May 26, 2022

4 - 6:30 pm

College Center Building 10, Bayview Dining Room

[RSVP to the Transfer Tribute Event](#)

Stepping Up: A Transfer Tribute

*If you are transferring in Fall 2022, please join us
for a special CSM celebration in your honor!*



We at CSM are proud of your accomplishment: you are stepping up, moving forward, and shaping the future. Let us sing your praises in a send-off evening of sharing, stories, food, music, prizes and community building.

Visit collegeofsanmateo.edu/transfertribute to register.

Who? Any currently enrolled student who is transferring in Fall 2022

When? Thursday, May 26, 4–6:30 pm

Where? College Center Building 10, Bayview Dining Room

Guests? Four guests per student

If you have applied (or will apply) to transfer, and you would like to attend, RSVP as soon as possible at collegeofsanmateo.edu/transfertribute. Once you have obtained official acceptance to transfer, let us know, and your place is confirmed.

For more information, email csmtransfertribute@smccd.edu.



Summer 2022 Registration is Open!

Summer registration is open! Fall 2022 semester registration opens to all students on Wednesday, May 18, with priority registration already open for some students! You can browse available classes on [WebSchedule](#).

For students who plan to register for in-person, hybrid, or hyflex courses, or any on-campus programming or services, you will be required to submit proof of your COVID-19 Vaccination or apply for an exemption prior to registering, if you have not done so already. For instructions, please visit the [Return to Campus](#) website.

NOTE: If you have already submitted proof of your COVID-19 Vaccination, you do NOT need to re-submit. You do NOT need to submit proof of a booster vaccination.

Please visit the [Return to Campus website](#) for instructions on how to verify your vaccination status or apply for an exemption. In addition, there is a [FAQ Page](#) with detailed information on all types of questions relating to a return to being in-person and on campus.



SAN MATEO COUNTY
COMMUNITY
COLLEGE DISTRICT

Confirm your vaccination status, or apply for an exemption, to get access to all classes, labs, and services this summer and fall.

Click here for instructions.



CSM Launches New 2+2 Transfer Agreement with Menlo College for Business Students



(Pictured from left to right) Menlo College Dean of the School of Business Mouwafac Sidaoui; former CSM students and soon-to-be Menlo College graduates, Raymond Juballa and Moncerrat Barriga; CSM Dean of Business and Technology Francisco Gamez)

College of San Mateo is proud to announce a new partnership with Menlo College in the form of a 2+2 transfer pathway agreement for business students at CSM. CSM students are now guaranteed admittance to Menlo College upon completing an AS-T/AS Degree in Business Administration, Business Analytics, or International Business. Additionally, the transfer admittance is accompanied by a guaranteed transfer scholarship of \$15,000 per academic year and a 50% reduced tuition during the summer terms. This financial support incentive is exclusive to CSM graduates.

“The partnership with Menlo College was developed over a mutual interest to build a partnership between a public community college and a local private college,” shares Francisco Gamez, CSM’s Dean of Business and Technology, who championed this new partnership. He adds, “Menlo College is a highly rated AACSB accredited business school that aligns nicely with our academic business and accounting programs and areas of expansion, such as our new associate degree in business analytics. We also wanted to provide CSM’s students with a local private college option within the SMCCCD service region.”

With this new agreement, CSM business graduates must complete their associate degree with a minimum GPA of 2.0. They will then work with a Menlo College academic advisor to ensure they can complete their bachelor's degree at Menlo College within two years.

"Menlo College and College of San Mateo are thrilled for the students and their families who will benefit from this program," said President Steven Weiner of Menlo College and President Jennifer Taylor-Mendoza of College of San Mateo in a joint statement. "Many CSM graduates have already successfully transferred to, and graduated from, Menlo College and gone on to see career success in Silicon Valley and beyond. It is time to solidify a seamless transition between our two institutions so that even more students can follow this proven path to success."

Moncerrat Barriga is one such student. She graduated from CSM with an AS-T Degree in Business Administration and is now in her last semester at Menlo College. When asked about the newly formalized partnership between the two colleges, she shares, "Beginning my college journey at CSM and transferring to Menlo to earn my bachelor's has worked out so well for me. Thanks to the strong academics and their commitment to my success, I have earned a spot as an incoming audit staff member with EY, beginning this summer. I am excited that more students will now have a guarantee that they can follow this path to success!"

CSM and Menlo College look forward to many more success stories like that of Moncerrat Barriga with the launch of this exciting new partnership between the two institutions.

Students who are interested in this exciting opportunity to transfer to Menlo College should speak with an academic counselor and visit Menlo College's [CSM transfer](#) page.

Flora & Fauna - CSM Student Art Exhibit

The campus community is invited to the opening reception of the *Flora & Fauna* CSM's Design Exhibition at Kohl Pumphouse in Downtown San Mateo! The show highlights the scientific illustrations of 18 digital media students from College of San Mateo's Digital Media Department.

The opening reception is on Saturday, May 14 and the exhibit will be up through Friday, August, 12.

Flora & Fauna CSM Design Exhibition

Opening Reception

Saturday, May 14

12 - 1:30 pm

Kohl Pumphouse: 101 9th Avenue (Located in Central Park)

San Mateo, CA 94401

Flora & Fauna CSM Design Exhibition

Scientific Illustrations by CSM Digital Media Students

Saturday, May 14 - Friday, August, 12

10 am - 3 pm

Kohl Pumphouse: 101 9th Avenue (Located in Central Park)

San Mateo, CA 94401

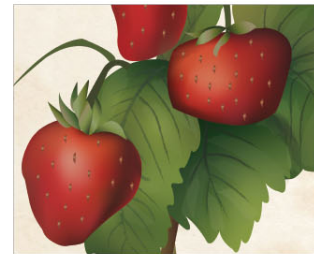
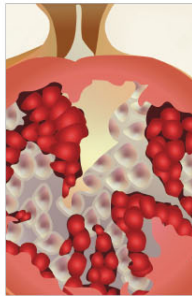
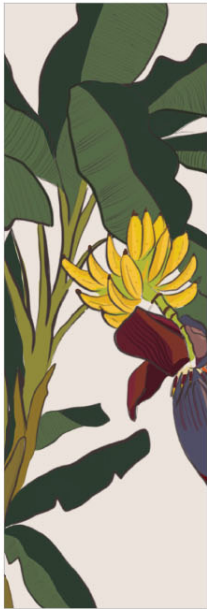




ZOETIC TAPESTRY PROJECT

Presents

Scientific Illustrations by CSM Digital Media Students



Flora **FAUNA** CSM STUDENT EXHIBIT

5/13 - 8/12 2022
Saturday - Sunday
10 am - 3 pm

Located in San Mateo Central Park San Mateo Arboretum Society
Kohl Pumphouse - 101 9th Ave. San Mateo, CA 94401

Reception: Saturday, May 14 from 12 to 1:30pm

College of San Mateo

DigitalMedia
COLLEGE OF SAN MATEO



AAPJ Heritage Month Event with Career Services and Veterans Resource Center

CSM Career Services and the Veterans Resource Center are pleased to host a presentation by Mr. Loc Nguyen, a former U.S. Air Force member and founder of Locke Wynn & Co. Join us to hear Mr. Nguyen's experience of both being a minority in the U.S. military and transitioning back to civilian life.

If you would like to attend the event in person come to College Center Building 10, Room 468, College Heights Conference Room. You will receive the zoom link for you to attend virtually after you [register](#).

My Experience of Being Asian American in the U.S. Military with Loc Nguyen

Hybrid Event: In-Person & Virtual

Wednesday, May 11, 2022

11:30 am - 1 pm

[Register for the hybrid event](#)

**CSM CAREER SERVICES AND VETERANS
RESOURCE CENTER ARE PLEASED TO
PRESENT THE FOLLOWING
WORKSHOP**

My Experience of Being Asian American in the U.S. Military with Loc Nguyen

- USAF Veteran
- Founder of Locke Wynn & Co.
- host of the "Clear as Mudd" podcast



Pre-registration for the workshop is requested. Please scan the QR code to the right.

You will receive your confirmation for the in-person workshop in Building 10 Rm 468 or the ZOOM link via email after you register.



SCAN ME

DATE and TIME:

Wednesday,
May 11, 2022
11:30am – 1:00pm

LOCATION:

*Join us for coffee,
cookies, and
conversation in-person
in 10-468 at 11:30am
*Presentation and
ZOOM broadcast
begin at 12:00noon PST

This event is one of a
series hosted by
throughout the month of
May in honor of
Asian Pacific American
Heritage month.



May Wellness Workshops

CSM's Wellness Center is hosting workshops this month on a variety of topics. See the flyer for details and for zoom links for the workshops.

The Wellness Center is here to help you care for yourself. Whether you need basic medical assistance, food, financial guidance, or just want to talk to someone about personal issues, we can help. To learn more, or to set up an appointment, please visit the [Wellness Center webpage](#).



WELLNESS WORKSHOPS

May 2022

Too Busy to Remember Birth Control?
Learn about IUDs and Implants

w/ CSM Nurse Midwife, Lynn Hayden

Tuesday, May 10th, from 1 - 2 pm

Are you too busy to remember birth control? Either an IUD (intrauterine device) or implant might be right for you. In addition to being excellent birth control, did you know one IUD can also be used for emergency contraception? Join us to learn about contraception and how IUD methods are effective in preventing unintended pregnancies and to discuss reversible birth control options that provide long lasting pregnancy prevention.

Zoom link to join: <https://smccd.zoom.us/j/82213907072?pwd=ZlNoaXpS2gTNoEwQVdxTVNNbERKdz09>

Your Healthiest Self

w/ CSM Nurse Practitioner, Lia Tjandra

Thursday, May 12th from 2 - 3pm

Join experienced CSM Nurse Practitioner, Lia Tjandra, for this talk that will highlight the NIH Wellness toolkit to give you evidence-based tips for living well and improving your health.

Zoom link to join: <https://smccd.zoom.us/j/82976405921?pwd=OVlEMlZPS2hMzVKSkREOTFKaFJCQT09>

Vaginal Health...What's Normal @ What's Not

w/ CSM Nurse Practitioner, Georgette Dakis

Monday, May 16th from 12 - 1 pm

Join experienced CSM Nurse Practitioner, Georgette Dakis, to learn what is normal and what is not for vaginal health, tips for care, and when to keep calm and seek treatment.

Zoom link to join: <https://smccd.zoom.us/j/84522785059?pwd=NmI5NmNlCVFRXN1pTY3QxV3loSHVldz09>

Decisions, Decisions, Decisions

w/ CSM Nurse Practitioner, Nancy Mullins

Wednesday, May 18th from 1 - 2pm

Don't know what to do? Can't decide? Afraid of making the wrong decisions? Join experienced CSM Nurse Practitioner, Nancy Mullins, to learn steps to effective decision-making.

Zoom link to join: <https://smccd.zoom.us/j/81363534420?pwd=ejYwckhNTGVmNmVQdzR2eXBEdFdWZz09>




Scan to learn more about the CSM Wellness Center.
Questions? Contact us by emailing csmwellness@smccd.edu or call (650) 574-6396



Register to Vote in Upcoming Statewide Primary Election - June 7, 2022

Are you registered to vote? Want to check on your registration status before the upcoming California Primary Election on Tuesday, June 7?

San Mateo County's Office of the Chief Elections Officer & Assessor-County Clerk-Recorder Registration & Elections Division has an [Election](#) website setup to help you navigate the upcoming election, check your registration status, register to vote, and understand all your voting options.





OFFICE OF THE
CHIEF ELECTIONS OFFICER &
ASSESSOR-COUNTY CLERK-RECORDER
REGISTRATION & ELECTIONS DIVISION

June 7, 2022
Statewide Direct
Primary Election

**MORE DAYS, MORE WAYS
TO VOTE!**

★



San Mateo County voters
have four voting options:

-  Vote by Mail
-  Drop Off Your
Voted Ballot
-  Vote in Person at
a Vote Center
-  Remote Accessible
Vote by Mail
Ballot System

★

Not registered?
Go to RegisterToVote.ca.gov

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Visit smcvote.org
or   @smcvote
Call or Text: 650.312.5222

Ask the Doctor: Allergies

Dear Doc: I'm glad that spring is finally here, but my allergies are driving me crazy! What can I do to make my allergies go away? Should I get an allergy test?

-Aaahhhh Choood!



Dear Aaahhhh Choood,

Gesundheit! The warmer weather and longer daylight hours of spring let the trees and grasses know that it is reproduction time. Along with beautiful tree blossoms, millions of particles of pollen are released into the air and disseminated by wind and insects. Pollen can trigger symptoms like sneezing, runny nose, itchy eyes and even trouble breathing for some people. We call these symptoms “hayfever” or “seasonal allergies.” If your allergy symptoms are flaring up, test to make sure you don’t have Covid-19 first. If you don’t have Covid-19 and are pretty sure these are allergy symptoms, do some basic things like showering after being outdoors, keeping your windows closed, staying indoors on windy days, and avoiding outdoor activity in the early morning when pollen counts are highest.

There is no way to completely eliminate pollen indoors, but you can use a vacuum with a HEPA filter, and if you have central heating/air at home make sure you have a high-efficiency filter in place that can help reduce indoor pollen counts. When it comes to medication, oral antihistamines such as Claritin, Allegra, and Zyrtec can often help. There are other over-the-counter medications available, but consider speaking first to one of our clinicians to help you decide which might work best for you.

For most people with mild to moderate seasonal allergies, testing is usually not recommended. For those with poorly-controlled symptoms or allergy-induced asthma, talk to your doctor to see if testing is right for you. Spring allergy season lasts through the end of May. Until then, continue to reduce your pollen exposure and keep those tissues handy. Click here to read more about controlling allergy symptoms:

[Seasonal allergies: Nip them in the bud - Mayo Clinic](#)

-CSM College Physician, Dr. Jennifer Yang

If you would like a free consultation with one of our campus health center nurses call (650) 574-6396 or schedule an appointment at [College of San Mateo's Wellness Center](#).

To submit a question to Ask the Doc, send an email to csmwellness@smccd.edu

Kudos to CSM Film Professor Tamara Perkins!



Clarissa's Battle, a new film by CSM and Skyline College Film Department adjunct professor instructor/filmmaker Tamara Perkins, will have its world premiere at the Human Rights Watch Film Festival later this month at NYC's Lincoln Center, and be available for viewing on the festival's digital platform.

Clarissa's Battle

A film by CSM film instructor, Tamara Perkins

2 Showings:

Saturday, May 21

8 pm

[Purchase tickets to the virtual screening](#)

Sunday, May 22

5:15 pm

[Purchase tickets to the virtual screening](#)

According to Maya Soetoro-Ng, peace educator, adviser to the Asia Pacific Region of the Obama Foundation, and President Obama's sister: "This is a moving film about a strong woman's battle for child care and support. Clarissa's battle is for all of us, and for the betterment and resilience of society. Her advocacy and activism help us to understand systemic inequalities and encourage participation that is both fierce and tender... Clarissa shows us that true courage is about walking down a long road, sometimes alone, with little rest and nourishment, without assurances but with imagination and persistence. She is an inspiration, and Tamara Perkins' spotlight helps us all to find the courage we need to keep walking our own paths."

Here are other relevant links:

Clarissa's Battle [Announcement](#)

Clarissa's Battle [Official Trailer](#)

[Human Rights Watch Film Festival Trailer](#)



Instructions on How to Verify Your Vaccination Status for Summer 2022 Registration

Complete the vaccination documentation process by following the instructions below:

STEP 1: [Log into Websmart](#) and select the Student Services tab

STEP 2: Click on “COVID-19 Vaccination” link at the top of the page and select one of the options below:

STEP 3: Select one of the following:

“Fully Vaccinated”

Enter requested vaccine information AND upload a digital copy (jpeg, tiff, or pdf) of vaccination card or California digital vaccination record. International students should provide documentation that is translated into English.

Full vaccination is defined as 2 weeks (14 days) post completing a COVID-19 vaccination series (2 doses for Pfizer and Moderna OR single dose Johnson & Johnson Janssen). You may submit documentation once dose(s) have been completed and prior to the 14-day elapse time. International students qualify as vaccinated if they have obtained [any World Health Organization \(WHO\) approved COVID-19 vaccine](#).

“Request a Medical Exemption”

If you are seeking a Medical Exemption, complete the following form prior to attesting in Websmart:

Medical Exemption Form: [English](#) [Mandarin](#) [Spanish](#) [Tagalog](#)

Only active licensed Medical Providers (Medical Doctor – M.D. or Doctor of Osteopathic Medicine – D.O.) can provide exemption documentation.

“Request a Religious Exemption”

If you are seeking a Religious Exemption, complete the following form prior to attesting in Websmart:

Religious Exemption Form: [English](#) [Mandarin](#) [Spanish](#) [Tagalog](#)

Notes:

- Upload fully completed forms and any supporting documents. Incomplete submissions will not be reviewed.
- Approved medical and religious exemption individuals will be required to perform weekly COVID-19 testing and wear face coverings while indoors in campus buildings.

“Will not be Vaccinated/Decline to State/Not yet fully Vaccinated”

If you choose not to be vaccinated, decline to state, or are not yet fully vaccinated**, you will be restricted to only register for online courses and receive virtual and remote support services. You may not access any campus building or engage in any in-person activities associated with the San Mateo County Community College District.



Free COVID-19 Testing

Free PCR testing is now available for employees, students, and the broader community via the District's partnership with [COVID Clinic](#).

COVID Clinic testing sites are operating at Cañada College, College of San Mateo, and Skyline College Monday – Friday. You can make an appointment via the [COVID Clinic Testing website](#) or visit the [District's COVID-19 Testing webpage](#) for more information.

**FREE
COVID TESTING**

Every home in the USA can order up to **8 free at-home antigen COVID-19 tests**. The tests are completely free. Orders will usually ship within 7-12 days. Please visit [this government website](#) to order your free tests today.

Upcoming Campus Vaccination Pop-Up Clinics

College of San Mateo parking Lot B (formerly known as Beethoven, Lot 2) will be hosting a COVID-19 Vaccination Pop-Up Clinic. Please refer to the flyer on the right for specific information on dates and times. To make an appointment, please visit the [state vaccination website](#).

FREE Drive-Thru
San Mateo County Community College District (SMCCCD)
**COVID-19 VACCINATION
POP-UP CLINIC**

**College of San Mateo, Beethoven Lot 2
TUESDAY | 12 - 4 p.m.**

**MAY
17**


**REGISTER AT
myturn.ca.gov**

MAKE AN APPOINTMENT!

- 1 Visit **myturn.ca.gov**
- 2 Click on **"Make an Appointment"**
- 3 When asked for address, enter **College of San Mateo**

- Open to students, employees, and community members
- Reservation preferred but no one turned down
- Pfizer and Johnson & Johnson COVID-19 vaccines will be available for first series shots
- Pfizer, Moderna and Johnson & Johnson COVID-19 vaccine available for boosters
- 12-17 Years Old: parental permission required through registration process
- Face covering required

For more information, visit:
bit.ly/freevax22



SAN MATEO COUNTY
COMMUNITY
COLLEGE DISTRICT
Cañada College • College of San Mateo • Skyline College