

Volume 2 • Issue 8 • April 22, 2021

Dr. Jennifer Taylor-Mendoza Named Next President of College of San Mateo

Begins new role July 1, 2021

San Mateo County Community College District Chancellor Michael Claire announced that he will recommend Dr. Jennifer Taylor-Mendoza to the District's Board of Trustees as the next president of College of San Mateo. The Board of Trustees will take formal action on Dr. Taylor-Mendoza's appointment at their meeting on April 28.

"Dr. Taylor-Mendoza is positioned to lead College of San Mateo through its centennial year and beyond," said Claire. "Her passion for educational equity, and her skill as an innovator and collaborator, make her the ideal person to lead College of San Mateo into its second century."

Dr. Taylor-Mendoza will be the third woman president and the first person of color to lead the 99-year-old College of San Mateo. Her selection comes after a national search that began in November 2020.

Dr. Taylor-Mendoza brings over 20 years of educational experience

in both instruction and student services. A longtime leader in the San Mateo County Community College District, she has been vice president of instruction at Skyline College in San Bruno since 2017. Prior to this, she served as founding dean of Academic Support and Learning Technologies (2014-2017) and the founding director of the Learning Center (2011-2014) at College of San Mateo.



INSIDE THIS ISSUE

- Virtual Commencements
- Transfer Tribute Celebration
- Ask the Doctor: Feeling Down
- Summer Registration has Begun
- Honors Project Students
 Recognized with Award
- Competition Begins for CSM's Athletic Teams
- New Labyrinth Student Journal
- Movies for Mental Health
- #StopAsianHate Workshop
- Virtual Makerspace Event
- CSM TalkNow 24/7 Support
- Free Drive-Thru Food Distribution
- Connect to College Virtual Open House
- Fall Math-Science Jam Registration Open

IMPORTANT DATES

Last day to drop semester-long spring courses with an assurance of a "W" grade Thursday, April 29

Fall 2021 registration begins Wednesday, May 5

Spring 2021 Final Exams Saturday, May 22 – Friday, May 28

CSM to Host 2020 & 2021 Virtual Commencements on Friday, May 28



Due to the emergence of COVID-19 early last year, CSM did not hold a 2020 commencement ceremony but promised our 2019–2020 graduates one at a future date. On Friday, May 28, 2021, CSM will follow through on that promise by premiering the 2020 Virtual Commencement ceremony on YouTube at 5:30 pm. That event will be followed by the 2021 Virtual Commencement at 7:00 pm. Both ceremonies will be available to watch any time after the premiere and links will be shared with the campus in May.

Students who earned degrees and/or certificates over the last two years are currently being contacted with details on how to participate. If you are one of those students, please keep an eye on your email for details. Until then regalia, diploma covers, and other commencement items can be ordered from the <u>College of San Mateo Bookstore</u>.

The pandemic has been a monumental challenge but our students persevered and achieved their academic goals. While a virtual commencement is not what we originally envisioned when we postponed the 2020 event, we are excited to celebrate the past two years of our graduates' successes.

Calling All Students Transferring this Fall—We Want to Celebrate You!

If you are transferring in Fall 2021, please join us for a special virtual celebration in your honor! You'll hear from CSM faculty, staff, and administrators, in addition to CSM alumni who have transferred and will be sharing their advice. Following these segments, we'll be honoring all of our transferring students who share their transfer destination with us. The virtual celebration is scheduled to premiere on You-Tube on May 27 at 5:30 pm.



If you have applied (or will apply) to transfer,

and you would like to participate, register as soon as possible at <u>collegeofsanmateo.edu/transfertribute</u>. After your registration, A follow-up message will be sent in May asking you to provide a photo of yourself and your transfer destination so a slide honoring your achievement can be shown and celebrated during the event.

Ask the Doctor: Feeling Down

This ongoing feature addresses common student health questions, answered by CSM College Physician Dr. Jennifer Yang.

Dear Doc: I'm from a strong family. We handle whatever comes our way. Always. Well, almost always...it's been hard lately. Zoom classes suck and I haven't been able to hang out with my friends. I feel down a lot, but I feel weird about telling people. I'm not a weak person, am I? –Down and Out in Burlingame Hills

Dear Down and Out: You would be surprised by how many people feel the same way you do. It sounds like you feel vulnerable, and you're afraid of other people judging you. But be careful about judging yourself, too.

Sometimes self-doubt can prevent us from seeking the help we need. Reaching out to a counselor can help us identify what is wrong and address symptoms that interfere with work or school. Talk to a trusted friend, or maybe someone who has gone through something similar. The important thing is not to isolate yourself.

You do not strike me as a weak person at all. You are bravely sharing your story and are raising our awareness about the stigma associated with mental health and mental illness. Keep sharing. It is helping more people than you know.



For more information visit Mental health: Overcoming the stigma of mental illness - Mayo Clinic

CSM has Active Minds, a student-run organization aimed to remove the stigma that surrounds mental health and offers an open environment for discussion of mental health issues and how to take care of your mental health and well-being. You can e-mail <u>csmactiveminds@gmail.com</u> to join.

CSM also offers free personal counseling services. Some people mistakenly assume there must be something "wrong" with them in order to seek counseling. Talking with a Personal Counselor does not mean that you have serious psychological problems – it just means that you would like to talk to someone (besides your friend, partner, or parents) about what's going on in your life. To schedule an appointment, students can e-mail <u>csmwellness@smccd.edu</u>, call 650-574-6396, or visit the CSM Wellness Center website at <u>collegeofsanmateo.edu/wellnesscenter</u>

Summer 2021 Registration Has Begun

Registration for the summer session is OPEN! Stay on the path to achieve your educational goals and secure your spot today. View available classes at <u>webschedule.smccd.edu</u>. Summer session begins June 14, 2021.

Honors Project Students Recognized with Exemplary Achievement Award

Five Honors Project students presented virtually the weekend of March 27 at the Honors Transfer Council of California conference, held at UC Irvine. Two of those presenters, Kelsey Takaha and Isabelle Antaran, applied for and were awarded the HTCC Exemplary Achievement Scholarship Award.

The criteria for receiving this scholarship award includes "excellence or extraordinary improvement in your academic performance, especially if related to performance in your honors/scholars program" and "your progress toward your personal goals or objectives, especially your commitment or perseverance in overcoming obstacles to success in college and/or your honors/scholars program."

Here are brief overviews of their presentations and thoughts on their experiences:

Kelsey Takaha

My presentation at HTCC Research Conference was titled, "Still a Man's World: How Masculine Gender Performance Perpetuates the Patriarchal Workplace Culture." Using Judith Butler's theory of gender performance as a foundational lens, I analyzed various communicative styles that have marginalized women in the workplace, and proposed solutions that would shift the behavior paradigm in an effort to achieve gender equality.

Although this conference was virtual, it was an amazing opportunity to present my findings to the larger California CC honors community and interact with my peers and faculty through a live Q&A chat box.

I was so honored to receive the Exemplary Achievement Scholarship for it reaffirmed my hard work over the past two years, as well as the growth I've had as a student researcher in the Honors Project. I couldn't have done it without the nomination from Film Professor David Laderman, and the support from English Professor Sarah Mangin, Communications Professor Briana Avila, and the Honors Project community at large.



Isabelle Antaran

My research "An Analysis on Low Voter Turnout" aimed to analyze the nature of the country's low voter turnout from the perspective of non-voters. In line with the upcoming elections at that time, I was motivated to work on this topic as the country has a statistically low record of voter turnout compared to international standards with other developed democracies.

I am beyond thankful to have the opportunity to share my work at a research conference, and it was truly enlightening to learn more about various issues that other students presented. My key takeaway from the event is that I don't have to wait for the future when I can call myself an expert in the field before I share my voice. I realized that I learned so much, while simultaneously having so much more to learn. Even with the gap of knowledge that I have as an undergraduate freshman, I am more humbled and motivated to pursue my studies. With my passion and interest in conducting research, I am looking forward to learning and contributing more to this field of knowledge.

Finally, I would also like to thank my foundation instructor Dr. Jeremy Ball for his guidance, and the support of the Honors Project community — most especially to Professor Sarah Mangin and Professor David Laderman.



Competition Begins for CSM's Athletic Teams

On April 10, CSM opened its 99th season of Bulldog Sports with a double header softball sweep of Diablo Valley College (DVC). The Lady Bulldogs, ranked No. 1 in Northern California and No. 4 in the State in the preseason Massey Ratings, extended their two-year winning streak to 11 games – on the first day of permissible 2021 "Spring II" competition. *This was the first official sports competition at CSM in the 2020-21 academic year*.

The path to this point developed in fits and starts. In September 2020, CSM's Athletics programs began the gradual return to competitive play under the cloud of the COVID pandemic. Following strict health and safety protocols for students and staff which included weekly COVID testing, student-athletes returned to the CSM campus for socially distanced physical conditioning only.



As the safety plan demonstrated effectiveness and San Mateo County moved from the Purple to the Red Tier, Athletics got the green light to engage in sport-related activities toward the end of the fall semester. Unfortunately, as fall progressed, COVID restrictions tightened up again and the California Community College Athletic Association (CCCAA) announced that fall competition would not take place. Looking ahead to spring, the Association broke the Spring 2021 semester into two phases, Spring I and Spring II. Fall sports competition would take place in the Spring I phase and spring sports competition would take place during the Spring II phase.

With COVID restrictions not easing up until the middle of the current semester, fall sports were unable to compete. Now that the majority of the state is in the Orange Tier, competition for Spring II sports have begun. Baseball, softball, beach volleyball and track are now actively competing. Football will be engaging in padded practice to acclimate students back into contact drills (contact activities for football out of season are restricted by the CCCAA) and men's and women's basketball will engage in two scrimmages each.

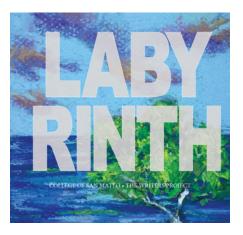
While Athletics remains on high alert and safety protocols continue to be enforced at all times, the return to competition has been a welcome change to CSM's student-athletes and coaches. Volleyball Coach Katie Goldhahn sums it up by saying, "The volleyball program has so much gratitude being able to get back to playing the sport they love. This means stability in our athletic schedule, academics, mental and emotional health and well-being. It has provided purpose and an outlet during the trying times of this pandemic."

New Labyrinth Released

Please take a few moments, as a springtime treat, to feast your heart and soul on the <u>newest edition</u> of Labyrinth, CSM's award-winning student journal, published by the Writers Projects club, with support from the Honors Project, and the ASLT Division.

Please view on tablet or laptop, NOT on your phone. And please feel free to share!

Thanks to all involved, especially current student Editor-in-Chief, Candela Graciarena, as well as faculty advisers Sarah Mangin and Keira Travis.



Movies for Mental Health: Creating Supportive Communities for Survivors of Sexual Violence

Movies for Mental Health Online with a Sexual Violence Focus (M4MHO-SV) is a 1.5-hour virtual workshop that focuses on exploring the mental health impacts that sexual violence can have on individuals and communities. Knowing that art speaks the language of our interior worlds, we harness film to engage with young people on the vital topics of mental health and sexual violence, building empathy for what survivors might experience, and gaining tools for being able to support any survivors in their lives.

The event also connects students with mental health and sexual violence-oriented resources available to them, empowering them to seek support as individuals and communities to heal from sexual violence.

M4MHO-SV is for <u>EVERYONE!</u> We view sexual violence as a community issue—everyone knows at least one survivor of sexual violence. Using film and somatic techniques, we welcome all people to step into different viewpoints and build empathy for others through art.

Throughout the workshop, we:

- Examine how sexual violence and mental illness is depicted in the media.
- Explore the mental health impacts that sexual violence can have on both survivors and communities—including anxiety, PTSD, depression, eating disorders, self hatred, fear, insomnia, and / or others.
- Reduce stigma around symptoms related to mental illness and mental health issues.</
- Encourage learning around how to support and relate to survivors, as friends, family, partners, and peers.
- Present mental health panelists who represent sexual violence-focused resources.
- Access exclusive opportunities to further engage in virtual discussion forums, film screenings, and arts-based mental health trainings.

STUDENTS, DO YOU HAVE QUESTIONS?

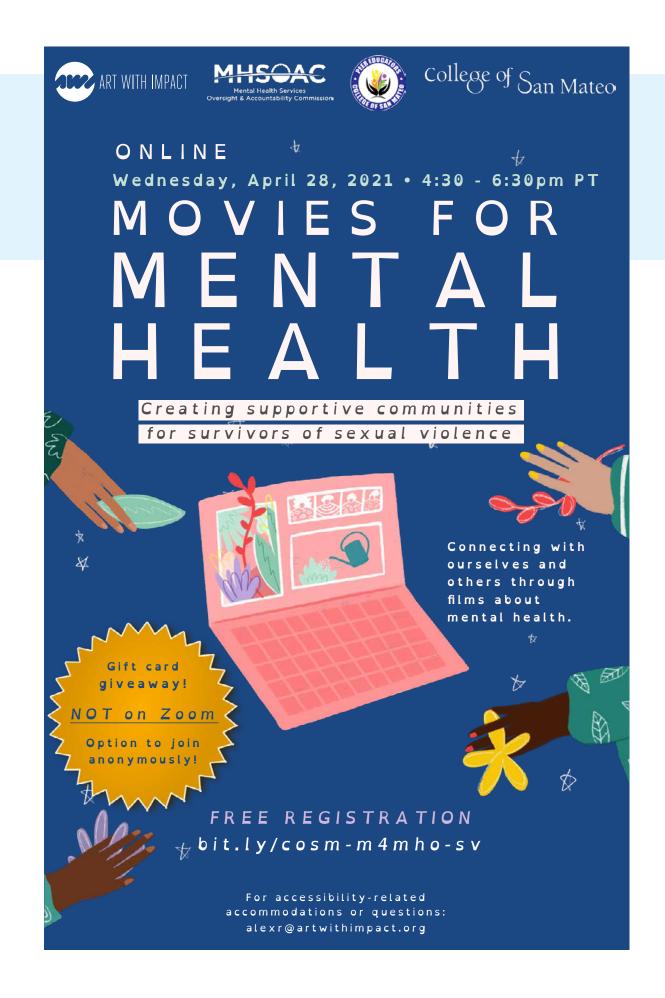


Visit Our Virtual Front Desk to Speak to a Student Ambassador

Need help adding or dropping classes? Want advice from a peer? Drop in through Zoom to speak with a student ambassador when it's convenient for you.

> Connect with a Student Ambassador

Register Now



Katipunan #StopAsianHate Presentation Recording

On Monday, April 12 at 3 pm PT, Katipunan (KTP) at College of San Mateo and Filipinx Student Union at Skyline College presented a workshop to the national <u>Learning Communities Association (LCA)</u> to bring awareness to the violence against the Asian community nationwide.

If you missed the presentation, here is the recording. Feel free to share with others:

#StopAsianHate: Raise Awareness, Rise Up" (Zoom recording)

Password: ch5MV.3V

Description: In this workshop, we will provide a brief historical overview of the discrimination and racism endured by Asians in America since the mid-1800s. This will lead into our discussion of current events: the increase in anti-Asian violence in the United States. Our primary goal for this shared space is to look at the root causes of this problem, discuss how it has affected us and our communities, then identify ways to take action and stand in solidarity with our Asian brothers and sisters.

Presented by: Kababayan Learning Community at Skyline College (Dr. Liza Erpelo, Jayde Nieve, Caitlin Collantes, and Asa Mobley) and Katipunan at College of San Mateo (Doris Garcia, Angeli Ong, Tyler Castillo, and Monica Dollezon-Yu)

We know that this conversation is ongoing and that there is still so much work to be done. Let's keep the conversation going and continue to talk about ways to support our Asian brothers and sisters and greater anti-racism efforts on campus and in our communities. Hope to connect again soon!

CSM Library Virtual Makerspace Event: Assemble a 3D Printed Face Shield

College of San Mateo Library Makerspace would like to invite CSM students and employees to join us in a virtual demo in assembling 3D face shields. Free 3D Face shield kits will be available for students/staff to pick-up through the library's curbside service. Supplies Limited.

How It Works:

- <u>Register to participate by 4/26</u>
- When you get your confirmation, schedule a curbside appointment to pick-up your materials
- Live event date is 4/29 @ 12-1PM

Each kit contains enough to make 2 Face Shields: Assembly instructions, 3D Printed face shield Frames (2 pcs), Transparency Sheets (2 pcs), Super glue (2 pcs), Elastic band (2 pcs), and Foam strip(2 pcs). If you have any questions, please contact Jason at <u>yapj@smccd.edu</u> or <u>visit the registration page</u> for more details.



24/7 On-Demand Emotional Support Available for Students

Students can use CSMTalkNow to gain immediate access to a mental health professional to discuss stress, anxiety, depression, grief and loss and much more.

CSMTalkNow is supported by TimelyMD, an independent company, and does not offer access to CSM personal counseling staff. The service is ideal for students who need immediate support or those that need help during nights, weekends, or campus closures. For ongoing free therapy, students should contact CSM <u>Personal Counseling Services</u>.

Learn more and register by visiting <u>www.csmtalknow.com</u>.



Free Drive-Thru Emergency Food Distribution

If you, your family, or students you interact with need free groceries during this challenging time, please visit one of our FREE Drive-thru Emergency Food Distributions happening across the District. The San Mateo County Community College District, in partnership with Second Harvest of Silicon Valley, is holding these Drive-thru Emergency Food Distributions, every Wednesday and Friday from 11 am to 1 pm.













CSM's Annual Open House Coming April 29

This event is a great opportunity for current students to learn more about all of CSM's academic and support services. If you have friends or family who are considering pursuing higher education, this is a great event to share with them.



Registration is Now Open for Fall 2021 Math-Science Jam



MATH & **T** Virtual Fall '21 Math-Science Jam August 9-13, 2021



Boost your skills and prepare for the Fall 2021 semester!

Join us for a week of FREE virtual instruction. Refresh your fundamental math skills and familiarize yourself with upcoming course material.

Topics include Pre-Algebra, Algebra, Statistics, PreCalculus, Calculus, Chemistry, and Physics

Choose from three daily Zoom sessions: 10:00 am-12:00 pm, 1:00-3:00 pm, 7:00-8:30 pm

Some sessions will be recorded.

College of San Mateo

Register to receive updates at: collegeofsanmateo.edu/mathjam

Register Now