

Volume 2 • Issue 6 • March 25, 2021

Celebrating Women's History Month by Looking to Our Past



<u>Jean Wirth</u> in a 1960s College Readiness Program meeting. Photo: Isago Tanaka

To honor Women's History Month, the Bulldog Bulletin shares stories of three CSM women who helped make the College today's vital resource. <u>Marjorie Brace</u> '24 was the first registered student at then-San Mateo Junior College when it opened in fall 1922. English instructor and counselor Jean Wirth nurtured diversity and equity for disabled students, re-entry women and students of color. Athlete Louise Glenn '74 became CSM's first female swimmer after federal Title IX mandated gender equity in education. We'll share more CSM stories as we approach our centennial in 2022.



<u>Louise Glenn</u>. Photo: CSM San Matean



Marjorie Brace

INSIDE THIS ISSUE

- Summer/Fall Explainer Video
- Spring Break Travel Advisory
- Ask the Doctor
- DGME Professors Interviewed
- Myanmar Student Panel
- CSM Library Midterm Resources
- Join Student Government
- ASCSM Election
- 24/7 On-Demand Emotional Support
- Women's History Month Free Webinar
- SMCCCF Event: Can Dolly Save Us?
- Transfer Club's Virtual Tour Week
- ASCSM/MCCDC Student Forum
- Connect to College Virtual Open House
- Fall Math-Science Jam Registration Open

IMPORTANT DATES

Spring Recess Sunday, March 28 - Saturday, April 3

> **Cesar Chavez Day** Wednesday, March 31

Fall 2021 Classes Posted to WebSchedule Monday, April 5

Explaining the Decision to Remain Mostly Online for Fall 2021

Following the District's decision to remain mostly in online education and remote work modality through Fall 2021, there have been many questions about the factors that went into this decision. The District is working on a gradual return of more instructional programs and student services if possible this fall, but we are taking precautions. Watch this video to learn more:



Spring Break Travel Advisory

Spring break is coming and we want you to be safe and responsible. As the vaccination rate continues to grow and COVID cases decline, we still need to stay vigilant. Here are some things you can do:

Limit Your Socializing

Attending parties and gatherings can still spread COVID. Make responsible decisions that will minimize exposures:

- Limit contact with people outside your household.
- Always wear your mask, practice social distancing, and sanitize whenever you are around others outside your social bubble.

Limit Travel

Travel increases your chance of getting and spreading COVID-19, especially in states that have relaxed their safety protocols. If you travel more than 120 miles from the Bay Area for more than 24 hours, you are required to self-quarantine before you return to work or any in-person classes. See <u>District travel requirements.</u>

If You Attend a Gathering, Get Tested!

If you attend a gathering, it is advised to get a COVID-19 test three to five days later—whether you think you were exposed or not. This can help you from spreading the virus to others. Free drive-through COVID-19 testing is available Sunday–Thursdays at the College of San Mateo campus. Visit the <u>COVID-19 Testing webpage</u> to learn more.

Please follow public health order practices. Collectively, we can stop spreading the virus. It's the only way we will return to our campuses. Have a great spring break!

Ask the Doctor: Should I Wait for a Particular Vaccine?

This ongoing feature addresses common student health questions, answered by CSM College Physician Dr. Jennifer Yang.

Dear Doc: I am finally eligible to get vaccinated against Covid-19 but only the Johnson and Johnson "one- dose" vaccine is being offered. People are saying that it isn't as good as the Pfizer or Moderna vaccines. Should I wait until I can get one of those vaccines? —Choosy

Dear Choosy: I understand your concern. You want the best protection you can get. The answer to your question is no, do not wait. All three vaccines are comparable in protecting you from being hospitalized and from dying of Covid-19.

The lower reported efficacy rates of the Johnson and Johnson (J&J) vaccine (66-72%) applies to mild and moderate disease. But keep in mind two things:

- 1. The J&J vaccine was tested in areas with more contagious variants; neither of the vaccines from Pfizer nor Moderna were initially tested against variants, and
- 2. A single injection of J&J vaccine was powerful enough to provide notable protection so they moved ahead with clinical trials.



There is now a new trial to see if two J&J injections can increase the vaccine's overall efficacy. Right now, the race is between how many people we can vaccinate, versus how quickly these new, more contagious Covid-19 variants spread.

We encourage students to schedule appointments with a CSM Nurse or the College Physician by emailing <u>csmwellness@smccd.edu</u>, calling (650) 574-6396, or visiting our website, <u>collegeofsanmateo</u>. <u>edu/wellnesscenter</u>. Telemedicine services are available Monday–Thursday from 9 am to 3 pm while classes are in session—there is no charge for health appointments.

Digital Media Professors Interviewed for The Skyline View

THE Voice of Skyline College, San Bruno, Calif.

Two of our digital media professors, Diana Bennet and Michelle Brown, were interviewed for an article in *The Skyline View* titled "The role of higher education in media and information literacy" on March 16, 2021. The article contrasts the beneficial role of print media with much of the biased and unvetted online news found on social media sites. It concludes with a look at student media and the value of student journalists.

Read the full article

CSM Students Join Forces to Support Burmese Students



On Thursday, March 11, 2021, multiple student groups joined forces to hold a virtual Myanmar Student Panel. The event was held to provide Burmese students a space to share their experiences, speak their truths, and educate the CSM community about the military coup and subsequent humanitarian crisis taking place in Myanmar.

The panel primarily consisted of women to highlight their voices for Women's History Month. Panelists included current CSM students and alumni, as well as Burmese students from local four-year universities. The mix of perspectives provided insight into the various levels of support the panelists have received from their academic and local communities.

CSM student Van Chhuangi said, "It's hard to study and pay attention in classes because I'm constantly thinking about my country." CSM alumna and current San Jose State University student Youn P. Thu, reminded the audience: "[W]e're not talking to professors that we're going through this anymore. Although we told them the first time, that doesn't mean that we're no longer going through this. We're still going through this. We're just not repeating it."

By the end of the event, audience members' eyes and hearts were opened to the physical, mental, and political challenges Burmese students are currently facing. As the event concluded, attendees were encouraged to help advocate for all of those affected in Myanmar with consistency.

The event was hosted by Alpha Gamma Sigma (AGS) with collaboration from ASCSM Advocacy, Cultural Awareness, and Public Relations Boards, Phi Theta Kappa (PTK), and Katipunan (KTP).

Watch Event

The CSM Library Has What You Need for Midterms!

The <u>CSM Library</u> has the HELP, the TECH, and the BOOKS you need to succeed during midterms:

<u>Get help</u>: Online books and articles for your papers, research planning, citation help and formatting. Online 6 days a week!

Get tech & more: Hot spots, calculators, Chromebooks, books. Curbside pick-up available!

Spring Break starts 3/28 and <u>the CSM Library will be closed for curbside and chat 3/28-4/3</u> but don't forget: you can access the Library's <u>online resources 24/7</u>. Visit the CSM Library today and <u>make a future research</u> <u>appointment</u> or <u>order tech and books</u> for curbside for pick-up after the break. Make a plan for midterms and get ahead of the game!

Join CSM Student Government

At CSM, students have a strong voice on campus to make change through an active and involved student government. That student government, also known as the Associated Students of CSM (ASCSM), is the voice of the student body, providing student input and feedback into the college decision-making process by representing all CSM students. In our current environment, it is more important than ever that the student government has a broad diversity of voices to bring about that change.

Students can get started by joining one of four ASCSM Senate Boards:

- Advocacy Board: Meets every Wednesday at 5:00 pm (meets online)
- **Cultural Awareness Board:** Meets every Thursday at 2:00 pm (meets online)
- **Programming Board:** Meets every Wednesdays at 1:10 pm (meets online)
- **Public Relations Board:** Meets every Friday at 11:10 pm (meets online)

Descriptions of each Board, along with applications, can be found at: <u>https://collegeofsanmateo.edu/ascsm/committees.asp</u>

Upcoming ASCSM Elections

Elections for the 2021-2022 ASCSM Student Senate, including president, vice president, finance director and senators, are fast approaching. Candidate packets will be available beginning **Monday, April 5** online at <u>www.collegeofsanmateo/ASCSM</u>. Packets will be due on **Friday, April 16th**. No experience is needed!

Currently all meetings are being held online via Zoom until campus restrictions are lifted.

For more information about joining ASCSM or running in the elections, please contact Aaron Schaefer, Student Life and Leadership Manager, at <u>schaefera@smccd.edu</u>.

DO YOU HAVE QUESTIONS?



Virtual Front Desk with a Student Ambassador

Need help adding or dropping classes? Want advice from a peer? Drop in through Zoom to speak with a student ambassador when it's convenient for you.

No appointment necessary Monday-Thursday from 8 am - 7 pm and Fridays from 8 am - 1 pm.

> Connect with a Student Ambassador

Welcome Center

The Welcome Center is available for assistance with navigating the College. For help or more information on how to access services, we can be reached via Zoom (daily drop-in hour), phone or text at (650) 542-0515 or (650) 793-0215,

> Visit the Welcome Center Website

24/7 On-Demand Emotional Support Available for Students

CSM has recently launched CSMTalkNow, a free 24/7 on demand emotional support for students. Students can use CSMTalkNow to gain immediate access to a mental health professional to discuss stress, anxiety, depression, grief and loss and much more.

CSMTalkNow is supported by TimelyMD, an independent company, and does not offer access to CSM personal counseling staff. The service is ideal for students who need immediate support or those that need help during nights, weekends, or campus closures. For ongoing free therapy, students should contact CSM <u>Personal Counseling Services</u>.

Learn more and register by visiting www.csmtalknow.com.



Friday, March 26: Celebrating the Black Woman and the Black Family Webinar



In honor of Women's History Month, The Village Demands SCBAA invites you to join us in celebrating the majesty of Black women and their contributions to our global society. Dr. Stacy L. Thompson, Vice President of Instruction at Chabot College, and Vice President of Programs for The Village Demands will be our master of ceremonies.

The live webinar will include libations by Dr. Vera Nobles and an extraordinary drum performance by Brother Maury. Dr. Siri Brown, Vice Chancellor of Academic Affairs and Student Success at the Peralta Community College District, will provide the keynote address. South African Artist Khaya Ndlovu will perform a special dance piece titled 'Inwele' or hair. A live webinar link will be provided to all registered attendees.

Registration is free for students by signing up with a student email address.

Register Now

March 29 – April 3: Transfer Club Presents Virtual Tour Week



Planning on transferring? If so, plan on joining this valuable opportunity to learn about admissions at USC, UC Davis, UC Irvine, UC Santa Barbara, SDSU, and more. Meet with college/university representatives to learn more about specific institutions and participate in:

- Virtual tours
- Workshops
- A CSM alumni panel

Note: Some schools require that you register ahead of time. Space may be limited.

Register Now

ASCSM & Multicultural Dream Center to Host Student Forum on April 21

On Wednesday, April 21, from 1–3 pm, a student forum will be hosted by the Associated Students of CSM and the Multicultural Dream Center. The purpose of the forum is to provide an opportunity for students to share feedback with faculty, staff, and administrators now that we are over a year into remote learning. Students will be talking about how current social, political, and economic issues are impacting their educational and personal lives and exploring ways the College can provide support. There will also be updates on the status of the "truth to power" initiatives from last summer's student forum.

Register Now

Can Dolly Save Us? Examining American Exceptionalism Through a Black Feminist Perspective

Tuesday, April 27, 2021 | 5:30-6:30pm PDT

A collaboration between San Mateo County Community College Foundation

and Professor Seon-Hye Moon

The past few years have been Dolly years. What drives our current cultural fascination--and worship-of Dolly Parton? How can we read this alongside the realities of our #BlackLivesMatter and the #MeToo movements? Is there a connection? This talk will explore these questions through the work of Black feminist scholars. <u>Register now</u> for this free event.

Professor Seon-Hye Moon (she/her) is an Assistant Professor of Ethnic Studies at the College of San Mateo. She applies interdisciplinary methods to her research focused on socially reproductive labor of women with an emphasis on women of color. Currently, her dissertation research centers on the gendered and racialized labors of the early childhood education workforce. She earned her BA in Literature from Columbia University, an MA in Ethnic Studies from San Francisco State. Presently, Professor Moon is working towards her Ph.D. in Cultural Studies at UC Davis.

CSM's Annual Open House Coming April 29

This event is a great opportunity for current students to learn more about all of CSM's academic and support services. If you have friends or family who are considering pursuing higher education, this is a great event to share with them.



Registration is Now Open for Fall 2021 Math-Science Jam

MATH & T Virtual Fall '21 Math-Science Jam August 9-13, 2021



SCIENCE

Boost your skills and prepare for the Fall 2021 semester!

Join us for a week of FREE virtual instruction. Refresh your fundamental math skills and familiarize yourself with upcoming course material.

Topics include Pre-Algebra, Algebra, Statistics, PreCalculus, Calculus, Chemistry, and Physics

Choose from three daily Zoom sessions: 10:00 am-12:00 pm, 1:00-3:00 pm, 7:00-8:30 pm

Some sessions will be recorded.

College of San Mateo

Register to receive updates at: collegeofsanmateo.edu/mathjam

Register Now