

CSM Workforce Hub Launches Jobspeaker for Students



[College of San Mateo's Workforce Hub](#) is pleased to announce the roll-out of Jobspeaker, a new online job portal that students can access to search for jobs and internships, post resumes and apply for open positions.

Jobspeaker empowers students at every stage of the job search with online management tools, job preparation videos and a collaborative environment that keeps you engaged with the career and workforce staff and employers.

Jobspeaker Highlights:

- Accessible 24/7 from your desktop or mobile device.
- Easily view career events and manage your resumes, cover letters, applications, interviews and more – all in one place.
- Save all job listing in one place and quickly rank each job, tracking your progress along the way.
- Create your online profile to promote your skills set, experience and enthusiasm to potential employers.

We hope you enjoy the site and connecting with us and employers.

[Visit Jobspeaker](#)

FEATURES IN THIS ISSUE

- Voices of CSM
- Labyrinth Call for Submissions
- Undocu-Week Events
- Career Services Events
- Wellness Week Part 2 Events
- Spring 2021 Virtual Internship in Italy
- Jack Kent Cooke Scholarship Application Open
- CSU/UC Transfer Filing Period Open
- Drive-Up Wi-Fi for Students
- Food Distribution at CSM for Students
- Voting in San Mateo County

IMPORTANT DATES

Veterans Day: No Classes
Wednesday, November 11

**Last day to withdraw officially
from a semester-long class with
assurance of a "W" grade**
Tuesday, November 17

STAY UP TO DATE WITH CSM STUDENT GOVERNMENT

[View ASCSM
Agendas & Minutes](#)

Voices of CSM

How are you maintaining balance with everything that's going on in our world?



Lizette Bricker — Acting Vice President of Student Services



Joseph Nguyen — ASCSM President

Labyrinth Call for Submissions: Deadline November 6



Calling all student writers, artists, graphic designers, and creators!

Express your mind and be seen. Submit your artistic and written pieces to *Labyrinth*, and you could be published in the Fall 2020 issue!

Affiliated with CSM's Honors Project and produced by the Writers Project club, *Labyrinth* is an award-winning literary, academic, and art journal that publishes student work from the San Mateo Community College District. *Labyrinth* is now accepting poems, short stories, creative nonfiction, essays, research papers, paintings, photography, comic strips, and more.

Submissions are open to all SMCCD students.

For this issue, we hope to feature written and artistic work surrounding COVID-19, quarantine, and the recent Black Lives Matter protests and activism!

The deadline to submit your work and be considered for the Fall 2020 issue is November 6th.

Visual art should be submitted in the highest resolution possible. Written work should be submitted in .doc or .docx format.

[Submit Your Work](#)

The Writers Project produces *Labyrinth* each semester, and we are also looking for new members to help select submissions, edit pieces, and design the journal. You can learn about the publishing process and gain valuable leadership experience! Meetings are Mondays at 3:30 pm over zoom, but you can participate even if you cannot attend the meetings.

Please send any questions to writersprojectsubmissions@gmail.com.

Undocu-Week Events: October 19–23

These events are brought to you by the CSM Multicultural & Dream Center, a safe haven for underrepresented students in college settings. Rooted in social justice, activism, and community empowerment, the MCCDC provides a safe space for students to implement change in their communities. Learn more at collegeofsanmateo.edu/multicultural.

Monday, 10/19 • 3–5pm

Dream Drives: Ca Dream Act Application Workshop

In collaboration with SF State, CCSF and our sister colleges, we will be helping students fill out their CA Dream Act Applications & answering questions.

[Registration Link](#)

Tuesday, 10/20 • 1–2 pm

Legal Q&A w/ IIBA

Ask an IIBA attorney a question or listen in to learn more about current immigration programs! Session will be recorded. Submit your questions for this session to lhernandez@iibayarea.org

[Registration Link](#)

Wednesday, 10/21 • 1–2 pm

Human Rights Education: Immigration and Education

During this workshop, Dr. Amy Argenal will address the importance of knowing about and understanding current immigration issues in the country that might affect some of our students

[Zoom Link](#)

Thursday, 10/22 • 1–2 pm

Mental Health Workshop

This workshop addresses some of the emotional and psychological experiences impacting our undocumented student population. It will be facilitated by Dr. Belinda Arriaga, who has over 18 years of experience working in community mental health and the emotional, psychological and traumatic experiences that impact undocumented and mixed status Latino youth.

[Zoom Link](#)

Friday, 10/23 • 2–3:30 pm

At the Root: Disrupting the Good Immigrant Narrative

MCCDC's "At the Root" podcast launch and first live episode. This panel will be an interview of leaders from the immigrant liberation movement as they disrupt the "Good Immigrant" narrative that has framed the Immigrant Rights Movement.

[Zoom Link](#)

UNDOCU-WEEK

OCTOBER 19TH - OCTOBER 23RD

MONDAY, OCT 19, 3PM - 5PM

DREAM DRIVES: CA DREAM ACT APPLICATION WORKSHOP

In collaboration with SF State, CCSF and our sister colleges, we will be helping students fill out their CA Dream Act Applications & answering questions.

TUESDAY, OCT 20, 1PM - 2PM

LEGAL Q&A w/ IIBA

Ask an IIBA attorney a question or listen in to learn more about current immigration programs! Session will be recorded. Submit your questions for this session to lhernandez@iibayarea.org

WEDNESDAY, OCT 21, 1PM - 2PM

HUMAN RIGHTS EDUCATION: IMMIGRATION AND EDUCATION

During this workshop, Dr. Amy Argenal will address the importance of knowing about and understanding current immigration issues in the country that might affect some of our students

THURSDAY, OCT 22, 1PM - 2PM

MENTAL HEALTH

This workshop addresses some of the emotional and psychological experiences impacting our undocumented student population. It will be facilitated by Dr. Belinda Arriaga, who has over 18 years of experience working in community mental health and the emotional, psychological and traumatic experiences that impact undocumented and mixed status Latino youth.

FRIDAY, OCT 23, 2PM - 3:30PM

AT THE ROOT: DISRUPTING THE GOOD IMMIGRANT NARRATIVE

MCCDC's "At the Root" podcast launch and first live episode. This panel will be an interview of leaders from the immigrant liberation movement as they disrupt the "Good Immigrant" narrative that has framed the Immigrant Rights Movement.

Special thanks to

 **California Community Colleges**
Undocumented Student Week of Action



**Multicultural
& Dream
Center**

For more information please contact
Paola Mora Paredes at
morap@smccd.edu or
(650) 574-6150

Upcoming Events from Career Services

These events are brought to you by CSM Career Services. Explore career opportunities, build your a experience, and find current employment opportunities at collegeofsanmateo.edu/career.

OCT. 19TH @1-2PM

UPS Virtual Info Session w/ CSM

Start your holidays early with a job that has a consistent schedule & provides tuition assistance!

- PERSONAL VEHICLE DRIVERS
- DRIVER HELPERS
- WAREHOUSE WORKERS



Join with this code!



ANGEL NELSON
UPS BRAND AMBASSADOR





Join us for a
RESUME WRITING WORKSHOP
with
Rose Yun Negrete,
CSM Career Counselor

DATE: Thursday, October 22, 2020

TIME: 2:30 – 3:30pm (Pacific Standard Time)

To register, go to <https://qr.go.page.link/u5ggS>
or scan the QR code below.



Once you register, you
will receive a
confirmation and
ZOOM link via email.



Thinking about
picking up a
seasonal job for the
holidays?

Considering
applying for an
internship?

Need to update
your current
resume?

We can help!

Questions?

Email us at
csmcareerservices@smccd.edu

Have you ever admired
successful individuals and
wondered,

**How did they get to where
they are today?**

Join us for a brief webinar on
Roadmap to Careers,
a new career exploration
resource, and find out how you
can listen to **their stories**, in
their own words.

CSM CAREER SERVICES
PRESENTS

ROADMAP TO CAREERS

DATE: **Tuesday, Nov 10, 2020**

TIME: **12noon – 1:00pm**

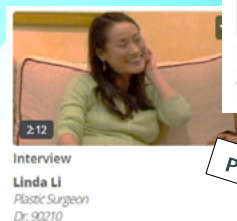
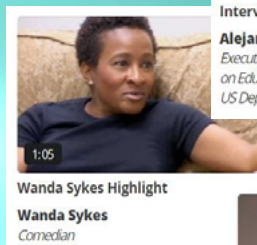
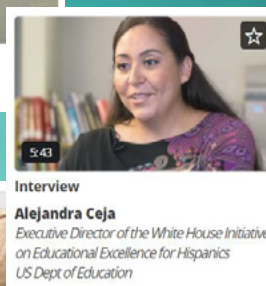
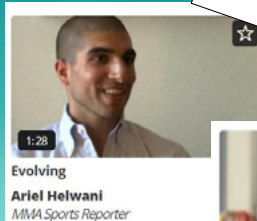
Via **ZOOM**

Register via this link: <https://bit.ly/2SAAtAxP>

or Scan the QR code below:



Here are just a few of the
stories to explore:



Plus hundreds more!



CSM Wellness Week Part 2: October 26–29

These events are brought to you by the CSM Wellness Center. Whether you need basic medical assistance, food, financial guidance, or just want to talk to someone about personal issues, we can help. Learn more at collegeofsanmateo.edu/wellnesscenter.

What do I Need to Know about Female Wellness? • Monday, 10/26 • 12–1 pm

Presenter: Georgette Dakis, CSM Nurse Practitioner. Join CSM's experienced Women's Health Nurse Practitioner, Georgette Dakis, to discuss breast self-exams, basic female anatomy, tips on how to manage heavy menstrual periods, when to schedule appointments for pap smears, and the most common sexually transmitted infection, HPV...everything you need to know to be informed and stay healthy!

[Zoom link to join](#)

Relationships not Rules - Parenting during a Pandemic • Tuesday, 10/27 • 11–12 pm

Presenter: Tessa Kwan, CSM Personal Counselor. Parenting during these unprecedented and uncertain times is stressful. Come join us in a safe and non-judgmental space to share ideas about how to cope as well as learn the signs of burnt-out in yourselves and your child, how to establish routines and transitions as well as how to communicate effectively at home. [Zoom link to join](#)

Too busy to remember birth control? Learn about LARC's - Long Acting Reversible Contraception Tuesday, 10/27 • 12–1 pm

Presenter: Lynn Hayden, CSM Nurse Midwife. Too busy to remember birth control? Either an IUD (intrauterine device) or implant might be right for you. In addition to excellent birth control, did you know one IUD can also be used for emergency contraception? This workshop will also review conception and how the LARC methods are so effective in preventing unintended pregnancies. Join experienced CSM Nurse Midwife, Lynn Hayden, for an interactive discussion about reversible birth control that provides long lasting (think years) pregnancy control. [Zoom link to join](#)

What is Causing my Calf Pain? • Wednesday, 10/28 • 12–1 pm

Presenter: Nancy Mullins, CSM Nurse Practitioner. Calf Pain? Is it a muscle strain or cramp, a blood clot, a muscle tear, an Achilles tendon rupture, or could it just be a sprained ankle? Whatever it is I want it to stop! Join this interesting wellness workshop with experienced orthopedic CSM Nurse Practitioner, Nancy Mullins, to learn at least 14 reasons for calf pain and what to do about it. [Zoom link to join](#)

Managing your Credit Health: What is Credit, Why do you Need it, and How can I get Help? Wednesday, 10/28 • 1:30–2:30 pm

Presenter: Nicole Salviejo, CSM SparkPoint Coordinator. Join experienced CSM Spark Point Coordinator, Nicole Salviejo, to learn the importance of credit, what is used to calculate your credit score, and what you can do to build good credit. [Zoom link to join](#)

S Word Screening • Wednesday, 10/28 • 3:10–5 pm

Presenters: CSM Mental Health Peer Educators and Personal Counselors. Break the silence around suicide and join us in screening “The S Word.” This award-winning documentary follows the lives of suicide loss and attempt survivors as they navigate life, recovery, and wellness. A post screening panel discussion will feature College of San Mateo’s Mental Health Peer Educators and Personal Counselors. Tips and best practices on how to talk to someone about suicide will be shared during the discussion.

[Register in advance for this workshop](#)

After registering, participants will receive a confirmation email containing information about joining this workshop.

Alcohol, Drugs and Smoking: How these Habits Impact Health • Thursday, 10/29 • 12– 1 pm

Presenter: Lia Tjandra, CSM Nurse Practitioner. Join experienced CSM Nurse Practitioner, Lia Tjandra, to learn how alcohol, drugs and smoking affect your health and what can be done to curb these habits. During this interesting workshop marijuana use, vaping and e-cigarettes, will be discussed.

[Zoom link to join](#)

A Gentle Exploration of Our Individual and Collective Grief through Art Thursday • 10/29 • 3:30– 5 pm

Presenter: Alexandra Caldeira, CSM Personal Counselor. Join CSM Personal Counselor, Alexandra Caldeira, for a gentle acknowledgment and exploration of our individual and collective grief during this moment of the Covid-19 pandemic, powerful Black Lives Matter movement and the recent local wildfires. We will explore the different ways grief can show up in our lives and how we can honor each of our processes. This workshop will involve drawing and writing so please have at least 2 pieces of paper and some drawing materials ready- pens/markers/crayons - whatever you have around the house works!

[Zoom link to join](#)

Participate in a Virtual Internship in Italy this Spring!



Applications are now open for the new SMCCCD Global Virtual Internship Program!

Priority applications close **Thursday, October 22, 2020.**

[Apply Now](#)

Want to learn more? Join us for an informational meeting:

Monday, October 19th • 9:00 am – 10:00 am

[RSVP](#)

Scholarships are available!

Enhance your skills and gain practical, online work experience in an international setting without going anywhere! Learn cross-cultural communication, time management, digital literacy and adaptability and become part of an international team where you can make an impact on a local business abroad.

Your exact internship is determined through a one-on-one placement process, but students may be matched with companies ranging from an animation studio, a web communications agency, a career consultant company, NGO's, and more.

To learn more, please visit the [Spring 2021 Virtual Global Internship page](#).

Questions? Call (650) 738-7098, email studyabroad@smccd.edu, or schedule a one-on-one advising session with the SMCCCD Study Abroad office at www.smccd.edu/goabroad.

Jack Kent Cooke Undergraduate Transfer Scholarship Application Now Open



The Jack Kent Cooke Undergraduate Transfer Scholarship is now open and can be accessed at www.jkcf.org (scroll down to Jack Kent Cooke Undergraduate Transfer Scholarship section).

The deadline to apply is January 6, 2021.

Eligibility Requirements:

- Sophomore Status - Be a current student at the College of San Mateo and plan to enroll full-time in a baccalaureate degree program at an accredited college or university in Fall 2021.
- Have a cumulative grade point average of 3.50 or better.
- Demonstrate unmet financial need. They will consider applicants with family income up to \$95,000.
- No previous enrollment or attendance at a four-year institution.
- The scholarship will provide up to \$40,000 per year to attend a four-year accredited undergraduate college or university.

If you need additional information about this scholarship, please contact the Counseling staff (Joyce Griswold or Karen Sukle) at (650) 574-6400 to make an appointment by Zoom with Arnett Caviel as soon as possible.

CSU/UC Transfer Filing Period Open

The filing period for students wanting to transfer into the California State University and University of California systems for Fall 2021 is now open!

- The Fall 2021 priority application filing period for CSUs is October 1 – December 4, 2020.
- The Fall 2021 application filing period for UCs is November 1 - November 30, 2020.

For additional information, visit the CSM [Transfer Services](#) website.

CSU Application

UC Application

Drive-Up Wi-Fi Available at SMCCCD Campuses



CAÑADA COLLEGE	Monday - Friday 6 am - 8 pm
COLLEGE OF SAN MATEO	Monday - Saturday <i>(closed Friday)</i> 6 am - 8 pm
SKYLINE COLLEGE	Monday - Friday <i>(closed Wednesday)</i> 6 am - 8 pm

smccd.edu/wifi



Free Wi-Fi available to all SMCCCD students at all three campuses. The “Drive-Up Wi-Fi” service allows students to park in a specially designated parking lot on the campus of their choice, where they can access Wi-Fi to attend online classes or do schoolwork.

Reservations are required. Students can pick the campus most convenient to them, fill out the Eventbrite reservation form, print or download their Eventbrite ticket, and follow the instructions. Restrooms are available. Students have in/out privileges for the Drive-Up Wi-Fi lot between 6 am – 8 pm.

For more information, please see the District Drive-Up Wi-Fi website.

Drive Up Wi-Fi Reservation

Emergency Food Distribution Available to Students and Community

The San Mateo County Community College District, in partnership with Second Harvest of Silicon Valley, hosts a free food distribution every week at CSM and Skyline College. Those in need can pick up fresh food at CSM every Friday from 11 am to 1 pm and at Skyline College every Wednesday from 11 am to 1 pm.

Each family receives a 39-pound box of food worth about \$60. The food distribution is open to the public and serves a large number of college students as well as community members.

Both distribution sites will operate into December 2020. See fliers below for full event details.

Free GROCERIES

San Mateo County Community College District
Emergency Food Distribution

Fresh Produce. Healthy Options. On Us.

FREE DRIVE-THRU COMMUNITY MARKET

at Skyline College

Every Wednesday

(Extended thru December)

11am - 1pm

LOCATION:
Skyline College
3300 College Drive
San Bruno, CA 94066
(Use Skyline Blvd Entrance)

- COVID-19 guidelines will be observed
- Only drive-thru pickups will be served
- Open to students and the community
- This does not impact public charge
- No I.D. required to pick up food

Please call 650-738-7970 for
weather closure updates



Free GROCERIES

San Mateo County Community College District
Emergency Food Distribution

Fresh Produce. Healthy Options. On Us.

FREE DRIVE-THRU COMMUNITY MARKET

at College of San Mateo

Every Friday (Extended thru December)

11:00 am – 1:00 pm

LOCATION:
College of San Mateo
1700 W. Hillsdale Blvd.
San Mateo, CA 94402
(Beethoven Parking Lot #2)

- COVID-19 guidelines will be observed
- Only drive-thru pickups will be served
- Open to students and the community
- This does not impact public charge
- No I.D. required to pick up food

We've increased the number
of families we can serve!



Voting in San Mateo County: More Days, More Ways to Vote



Register to vote online at registertovote.ca.gov by October 19 (completed by 11:59 pm) to receive a ballot in the mail. You'll have three choices for how to vote: mail, drop box, or Vote Center.

From October 20 through Election Day, November 3, you can register to vote conditionally and receive a provisional ballot at any Vote Center in San Mateo County. To find locations and operating times for Vote Centers, go to www.smcvote.org.

Nonpartisan information about the elections: League of Women Voters' Easy Voter Guide: easyvoterguide.org and Voter's Edge: votersedge.org/ca

The CSM Library also offers a comprehensive [Election 2020 Guide](#).

