

# The Bulldog bulletin

A Biweekly CSM Student E-Newsletter



Volume 1 • Issue 2

## Welcome Day: Wednesday, August 12



Every year, CSM hosts its annual Welcome Day event for new incoming students to help them get acquainted with CSM and all its offerings. Due to COVID-19, this year's event will happen online via Zoom. Two sessions will be held at 9:30 am and 12 pm on Wednesday, August 12.

During the Welcome Day session, you'll be able to:

- Learn about CSM's instructional programs and student services.
- Make connections with current and new students.
- Learn about student life and other programs and services.
- Receive updated information and ask questions on how the College will function in the virtual environment.

Parents are also welcome! A special question and answer session will be available during both sessions for parents.

If you're hesitant about the college experience or curious about how CSM can support you during the pandemic, feel free to join us!

[Register Now for Welcome Day](#)

## UPCOMING IMPORTANT DATES

**Registration for Fall 2020**  
Ongoing through Tuesday,  
August 18

**End of eight-week  
summer session**  
Saturday, August 8, 2020

**Summer 2020 official grades  
available on WebSMART**  
Thursday, August 13, 2020

**Fall Semester 2020 begins**  
Wednesday, August 19, 2020

**Late Registration Period  
for Fall 2020 Courses**  
Wednesday, August 19 –  
Tuesday, August 25

**Last day to add semester-long  
courses using authorization  
codes on WebSMART**  
Tuesday, September 1, 2020

**Last day to drop semester-long  
spring classes with eligibility  
for fee credit or partial refund**  
Tuesday, September 1, 2020

## STAY UP TO DATE WITH ASCSM

[VIEW ASCSM  
AGENDAS & MINUTES](#)

## Emergency Food Distribution Extended Through December 2020

Every Friday from 11 am to 1 pm at CSM, District employees and community volunteers distribute fresh food supplied by Second Harvest of Silicon Valley. Each family receives a 39-pound box of food worth about \$60. The food distribution is open to the public and serves a large number of college students as well as community members.

Due to the overwhelming need of this resource by the community, the decision has been made to extend the service through the end of the year. See flier below for full event details.

### Free GROCERIES

San Mateo County Community College District  
Emergency Food Distribution

Fresh Produce. Healthy Options. On Us.

## FREE DRIVE-THRU COMMUNITY MARKET

at College of San Mateo

### Every Friday *(closed on July 3)*

### 11:00 am – 1:00 pm

**LOCATION:**  
College of San Mateo  
1700 W. Hillsdale Blvd.  
San Mateo, CA 94402  
(Beethoven Parking Lot #2)

- COVID-19 guidelines will be observed
- Only drive-thru pickups will be served
- Open to students and the community
- This does not impact public charge
- No I.D. required to pick up food

We've increased the number of families we can serve!





### CSM Personal Counseling closed July 24 – August 18

**Crisis Hotline:**  
**650-579-0350**

**Crisis Text Line:**  
**Text HOME to 741741**

**Crisis Hotline (Spanish)**  
**888-628-9454**

### Off-Campus Free or Low- cost Counseling Services:

#### Wright Institute Clinical Services

510-239-2018, [wics@wi.edu](mailto:wics@wi.edu)

Up to 8 free remote counseling sessions

#### USC Telehealth Online Clinic

866-740-6502; Free remote short-term counseling services

#### The Ben Fund

[www.thebenfund.org](http://www.thebenfund.org); Up to ten free sessions for 20-30 years of age living in Foster City and San Mateo

#### Greenlight Clinic

[www.greenlightclinic.org](http://www.greenlightclinic.org), 415-742-4306; Free short-term counseling for 14-26 year old up to 6 months in San Francisco

#### One Life Wellness Center (San Carlos)

[www.onelifecounselingcenter.com](http://www.onelifecounselingcenter.com)

650-394-5155

#### Open Path: low fee therapy

[www.openpathcollective.org](http://www.openpathcollective.org)

\$30-\$60/hr. Lifetime membership is \$59

#### Mental Health Apps

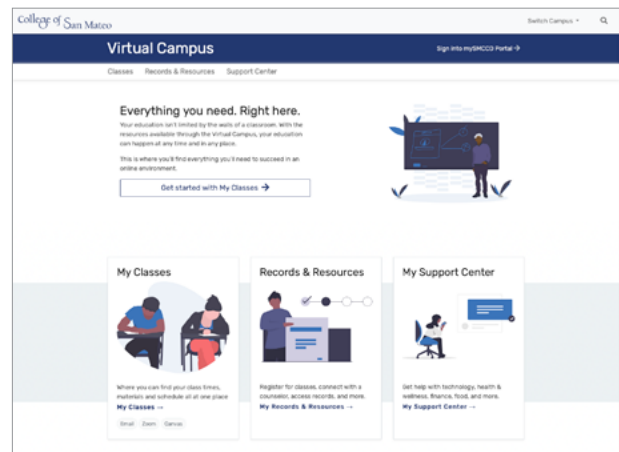
LYFTLY: Free mental wellness app

TALK SPACE: Messaging therapy - 3 months free with app

## CSM Virtual Campus: Your One Stop for Student Resources

A virtual campus website launched over the summer for CSM students to help simplify their virtual experience this fall. With three main sections, “My Classes,” “Record & Resources,” and “My Support Center” it’s now easier than ever to find the most commonly requested information and links. And if you are taking classes at Cañada or Skyline, you can easily switch between each college’s Virtual Campus with the drop-down in the upper right-hand corner of the page.

**Check out the CSM Virtual Campus!**



## Are You Registered to Vote?

If not, register to vote online at [registertovote.ca.gov](https://registertovote.ca.gov) by October 19 (completed by 11:59 pm) to receive a ballot in the mail. You'll have three choices for how to vote: mail, drop box, or Vote Center.

From October 20 through Election Day, November 3, you can register to vote conditionally and receive a provisional ballot at any Vote Center in San Mateo County. To find locations and operating times for Vote Centers, go to [www.smcvote.org](https://www.smcvote.org).



## Face Coverings Now Required in San Mateo County, Enforceable with Fines

The County Board of Supervisors passed an ordinance this week allowing legal enforcement of county health orders, including face coverings. Individuals can be fined for refusing to wear a face covering, and “commercial entities” can be fined for failure to enforce the health order. The ordinance is effective immediately. Details can be found at the [County of San Mateo website](https://www.smcgov.org).



## CSM's 2020-21 Catalog Available Online

The CSM 2020-21 Catalog is available online with a PDF version also available for easy downloading or printing.

[Online 2020-21 Catalog](#)

[PDF 2020-21 Catalog](#)

