



SAFETY COMMITTEE

In this edition of our newsletter, get guidance regarding the recent measles outbreak from CSM campus physician Dr. Jennifer Yang!

[Follow this link to read the full article.](#)

April 2025 Newsletter



HOW WORRIED SHOULD I BE?

After two measles vaccinations, a person is 97% protected. Still, there remains a 5% breakthrough rate in fully vaccinated people. The recent outbreaks in the U.S. and globally does put travelers at higher risk of exposure.

HOW DO I KNOW IF I'M IMMUNE?

Measles is a vaccine-preventable illness. If you have been vaccinated previously, requesting a simple blood test called the MMR titer can tell you your immune status.

For advice from our on-campus medical clinicians, you may self-schedule an appointment [here](#).



I MAY HAVE BEEN EXPOSED-- WHAT DO I DO?

If you have any symptoms (fever, cold symptoms, and/or a rash), stay home and call your doctor for advice. People with measles are considered contagious 4 days before the rash appears, up until 4 days after rash onset. Remember to stay home when you are sick to avoid spreading the infection.

Questions or suggestions? Please contact csmsafetycommittee@smccd.edu