

College of San Mateo

Safety Committee Meeting Summary

Thursday, November 17, 2:00 PM – 2:30 PM

Members Present: Brian Tupper, David Lau, Gloria D'Ambra, Rob Dean and Anthony Djedi.

Staff: Luz Román-Amaro

Guests present: see enclosed list.

Anthony Djedi called the meeting to order at 2:13PM.

Review and Approve Agenda

The agenda was approved as presented by the members present.

Review and Approve:

- August 25, 2022 Meeting Minutes
- September 22, 2022 Meeting Minutes
- October 27, 2022 Meeting Minutes

The minutes were approved as presented without any changes or additions.

Public Comment on Non-Agenda Items

There were no public comments on non-agenda items.

Reports and Updates

District Health & Safety

Ray Hernandez offered an update on the current Covid landscape for San Mateo County. He communicated that the even though the Board rescinded the vaccination policy and the monitoring of infections, we still have the mask requirement when the County reaches the yellow levels of infections.

Ray recommended to get Covid vaccines, boosters and the flu shot. The next vaccination clinic will be on November 23 at the College of San Mateo. Link to vaccination website: <https://smccd.edu/return-to-campus/vaccine-info.php>

Ray communicated that that there is going to be a strong educational campaign about vaccinations in December. He is currently working on a one-pager that will consist of 4 different strategies; risk factors, vaccinations (including flu shots), protocols after exposure and guidelines if you are feeling sick or tested positive for Covid. The printed one-pager will include a QR Code that will take people to the vaccination website. In addition, the Covid exposure decision tree has been updated (enclosed). Ray will be retiring at the end of December and Michele Rudovsky will take on the Covid prevention plan. The Health Center will take over the vaccinations.

Luz Román-Amaro asked if there was a concern about the RSV virus in a college environment.

Ray responded that the respiratory syncytial virus (RSV) has not been a concern for adults. However, people have been protecting themselves from getting sick in the past two years and have not been exposed to other viruses. Consequently, new mothers that have not been exposed to a virus like RSV, do not have the antibodies to pass on to their newborns.

Dr. Yang added that RSV is an issue for children under two. RSV vaccinations are available, but only for premature babies. She added that the biggest concern is influenza. She recommended that we get vaccinated against the flu and also to get the

Covid boosters.

Wellness Center Services

Dr. Yang offered an overview of the Health Center and Personal Counseling Services.

The Health Center provides services mainly to students and is open for appointments and walk-ins.

Health Services for Students: Family Pact Services, sick visits, minor first aid, physical exams, vaccinations, OTC medications and prescriptions, and referrals.

Health Services for Staff and Faculty: TB Screenings, minor first aid and free flu shots. There is also free Covid testing and treatment (lot X) and a free Covid booster clinic (11/23 Lot B).

Other Health Services offered: free monthly Wellness workshops on various topics via zoom:
collegeofsanmateo.edu/wellnesscenter/

Dr. Yang communicated that through winter the Health Center is going to offer free flu shots for students, faculty and staff until supplies last. Appointments are required. To schedule an appointment, email: csmwellness@smccd.edu or call; 650-574-6396.

Personal Counseling Services: Counseling services are only for students. They include; individual and group counseling & support groups. If a student is not able to get a counseling appointment, they can download the TimelyCare app, which offers 24/7 access to virtual care, self-care and well-being tools. This is a free service.

Peer Educators: Counselors train peer educators. These are students devoted to educating others about mental health.

Dr. Yang communicated that the next Health Fair will be on March 22, 2022 in Building 10.

No comments, questions or feedback were offered on this item.

Changes to Safety Committee Bylaws:

- Addition of Co-Chair
- Increase Number of Faculty Representation

David Lau recommended to move this action item to the next meeting on December 15, 2022.

He also proposed to make a communication effort in order to increase attendance and recruit new members.

This agenda item was postponed until the next meeting on December 15.

No further comments, questions or feedback were offered on this item.

Preliminary Agenda Items for December 15, 2022

- Recruitment of New Members
- Changes to the Safety Committee Bylaws

Round Table:

Anthony announced that CSM's Building Captain training will be held from 12/13-12/15/2022.

No comments, questions or feedback were offered on this item.

Meeting adjourned at 3:05PM.

Attendees (alpha order by first name):

Anthony Djedi

Brian Tupper

David Lau

Dr. Jennifer Yang

Gloria D'Ambra

Janis Wisherop

Luz Román-Amaro

Ray Hernandez

Rod Dean

Yung Nguyen