Prerequisite Medical Requirements for EMT Students

Welcome, and thank you for your interest in Fire Technology at the College of San Mateo! This information is provided to help you meet the documentation and medical requirements for the EMT: Basic course (FIRE 797). These requirements are established in accordance with the California Health and Safety Code Title 22, which governs EMT training and certification, and also follow Occupational Safety and Health Administration (OSHA) and the Centers for Disease Control and Prevention (CDC) guidelines for health and safety.

These requirements are established in accordance with the California Health and Safety Code, Title 22, Division 9, which outlines the standards for EMT training and certification.

In addition to meeting the course requirements, our clinical/field affiliates require the same immunizations for your participation.

Medical Services
Your physician's office should be able to provide all necessary documentation and medical services. Many walk-in clinics and pharmacies (such as CVS) also offer immunization services. You may also use the CSM Health Center, which provides vaccination services and can be reached at 650-574-696.
Visit their website: https://collegeofsanmateo.edu/healthservices/.

Required Vaccinations and Documentation
The following documentation must be submitted before finals to complete the ride-along portion of the EMT course. Please refer to the list of required vaccinations, which are mandatory for all students.
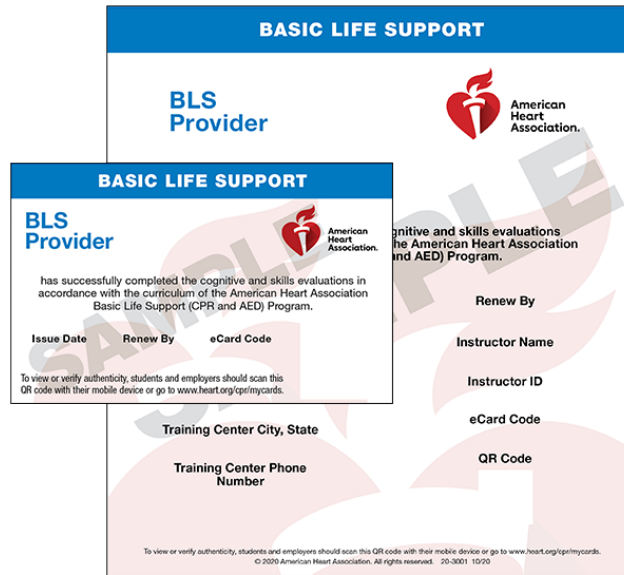
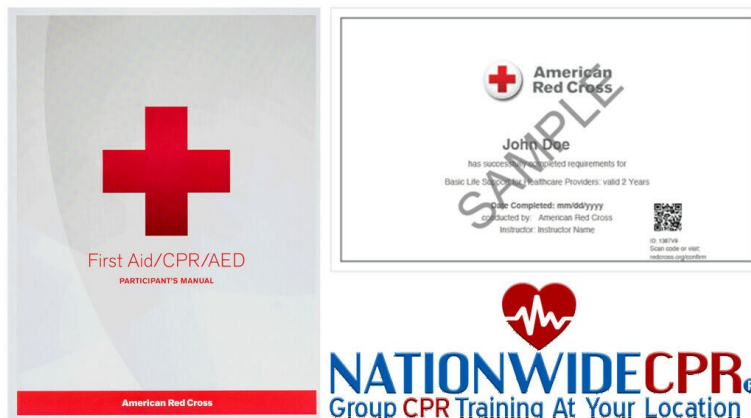| Student Requirements	Staff Initials (For Office Use)
1. Current and valid HeartCode Complete BLS Provider (BLS) certification from American Heart Association (AHA) or Red Cross BLS for Healthcare Providers	
3. Proof of Hepatitis B vaccine	
4. Proof of Influenza (Flu) vaccine	
5. Proof of current Measles, Mumps, Rubella (MMR) immunization or titer	
6. Proof of current Tetanus, Diphtheria, Pertussis (Tdap) immunization or titer	
7. Proof of current Varicella (chickenpox/VZV) immunization, titer, or a signed and dated physician's note confirming prior illness	
8. Proof of COVID-19 Vaccination. While the vaccine may not be required for your specific course, if you have received vaccination, you are encouraged to include a copy.	

CPR Certification Requirements

You must submit a copy of your Basic Life Support (BLS) CPR for Healthcare Provider certification card from the American Heart Associate <u>or</u> the Basic Life Support certification for Healthcare Providers from the Red Cross. Please include a copy of your CPR card with your immunization records. Below are examples of accepted certifying bodies:

- American Heart Association (AHA)

- American Red Cross

Note: The AHA card must display the AHA logo in the upper-right corner.
See American Red Cross BLS for Healthcare Providers below.

If you do not yet have BLS certification, you can register for a course with the American Heart Association or the American Red Cross. Be sure to include your CPR card along with your immunization documentation to demonstrate that you meet the course prerequisite requirements.