

College of San Mateo
Official Course Outline

1. **COURSE ID:** SOSC 304 **TITLE:** Intervention, Treatment and Recovery
Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours; and 96.0-108.0 Homework hours
Method of Grading: Letter Grade Only
2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: CSU
3. **COURSE DESCRIPTIONS:**
Catalog Description:
Introduction to the recovery process in chemical dependency; covers intervention strategies, dependency in its clinical and social contexts, and philosophical, organizational and clinical approaches in treatment.
4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**
Upon successful completion of this course, a student will meet the following outcomes:
 1. Define the value of interdisciplinary approaches to addiction interventions, treatment, and recovery;
 2. Identify the importance of and procedures for developing a client's consent for treatment, informing clients of their confidentiality rights, program procedures and expectations, and counselor-mandated reporting requirements;
 3. Formulate systematic data from clients using screening and assessment instruments which are sensitive to age, developmental level, culture, and gender and their stage of dependency, change, or recovery;
 4. State the diagnostic criteria for substance use disorders and describe treatment modalities and placement criteria within the continuum of care; and
 5. Identify and maintain relations with other community resources and arrange client referrals to other professionals, agencies, community programs, and other appropriate resources.
5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**
Upon successful completion of this course, a student will be able to:
 1. Define the value of interdisciplinary approach to addiction interventions, treatment, and recovery;
 2. Identify the importance of and procedures for developing a client's consent for treatment, informing clients of their confidentiality rights, program procedures and expectations, and counselor-mandated reporting requirements;
 3. Formulate systematic data from clients using screening and assessment instruments which are sensitive to age, developmental level, culture, and gender and their stage of dependency, change, or recovery;
 4. State the diagnostic criteria for substance use disorders and describe treatment modalities and placement criteria within the continuum of care; and
 5. Locate and maintain relations with other community resources and arrange client referrals to other professionals, agencies, community programs, and other appropriate resources.
6. **COURSE CONTENT:**
Lecture Content:
 1. Overview of Alcohol and Other Drugs Treatment, and definitions of Use, Abuse, and Addiction.
 2. Pharmacology and Drugs Tolerance
 3. Theories of Addiction
 4. Art of Engaging the Client in Treatment; Client-centered Approach and Therapeutic Relationship.
 5. Practical Decisions in Assessment and Referral, the Clinical Interview.
 6. Introduction to Screening and Assessment
 7. Addiction Severity Index
 8. Substance Abuse Assessment
 9. Making the Referral; Grief and Loss Process
 10. Legal-Ethical Issues: Confidentiality and Treatment of Minors, Tarasoff, Access to records, EAP reports
 11. Substance Abuse Treatment Methods: Recovery, Detox, Abstinence, and Harm Reduction
 12. Substance Abuse Treatment Methods: Individual, Group, and Family Therapy
 13. Populations at Risk, Co-occurring Disorders
7. **REPRESENTATIVE METHODS OF INSTRUCTION:**

Typical methods of instruction may include:

- A. Lecture
- B. Discussion

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Students complete a written case study treatment plan.

Reading Assignments:

Weekly readings from the assigned texts and other materials

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Work
- C. Exams/Tests
- D. Oral Presentation
- E. Papers
- F. Written examination

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Phelps, Lori. *Intervention, Treatment, and Recovery: A Practical Guide to the TAP 21 Addiction Counseling Competencies*, ed. Kendall Hunt Publishing, 2013

Origination Date: August 2020

Curriculum Committee Approval Date: September 2020

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Course Originator: Angela Stocker