

**College of San Mateo  
Official Course Outline**

1. **COURSE ID:** NURS 819    **TITLE:** Open Lab for Nursing 241/242

**Units:** 0.5 units    **Hours/Semester:** 24.0-27.0 Lab hours

**Method of Grading:** Pass/No Pass Only

**Prerequisite:** Previous or concurrent enrollment in NURS 241 and/or NURS 242.

2. **COURSE DESIGNATION:**

**Degree Credit**

**Transfer credit:** none

3. **COURSE DESCRIPTIONS:**

**Catalog Description:**

Students practice skills and receive faculty feedback and evaluation, engage in study sessions with peer tutors, demonstrate competency assessment and receive faculty evaluation, complete clinical or skills laboratory make-up assignments, and learn effective skills in a group setting. Focus is on skills and concepts related to NURS 241 Advanced Medical-Surgical Nursing and NURS 242 Leadership/Management in Nursing.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Apply nursing methods, protocols, and procedures to appropriate care situations.
2. Use the nursing process, which emphasizes critical thinking, independent judgment, and continual evaluation as a means to determine nursing activities.
3. Evaluate professional learning needs and take steps to meet them.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Gather pertinent data from patient, family, SBAR report, and electronic health care record and utilizes critical thinking skills to differentiate normal data from abnormal in a simulated advanced acute and/or critical care medical-surgical care situation.
2. Correctly perform treatments and administration of medications safely 100% of the time using the 7 Rights of Medication Administration in a simulated acute care medical-surgical situation.
3. Utilize principles of medical asepsis and isolation techniques in a simulated acute care medical-surgical setting.
4. Communicates effectively to patient, family, and interdisciplinary staff regarding the plan of care in a simulated acute care medical-surgical setting.
5. Correctly prioritize the plan of care for a group of patients with potential life threatening illnesses, using the worst case scenario model in a simulated setting.
6. Demonstrate competency in designated advanced skills during digitally recorded sessions.
7. Communicate effectively with peers to demonstrate information competency while developing an evidenced based community health fair presentation.

6. **COURSE CONTENT:**

**Lab Content:**

**NURS 241 Advanced Medical Surgical Nursing:**

**Skills Taught:**

- Advanced Medication Orders
- JCAHO National Patient Safety Goals
- Chest Tubes and Pleurovac Units
- Trach Suctioning and Trach Care
- IV Push Meds: Continuous and Intermittent Route
- Cardiac Arrest and Role of RN
- Assembling and troubleshooting the laryngoscope
- Rapid Response Team
- Bag Valve Device

- Blood Draws from Central Lines
- Weaning strategies from a Respirator
- EKG
- Evaluating EKG Strips
- Lead Placement
- Suture Removal
- Leadership Assessment of Situational Styles

**Skills Lab Competent:**

- Receiving Advanced Medication Orders for Content Taught in this Course
- JCAHO National Patient Safety Goals
- Medication Administration Test
- Bagging the patient
- Assembling and troubleshooting the laryngoscope
- Chest Tube and Pleurovac Set-up
- Trach Suctioning and Trach Care
- Blood Draws from Central Lines
- Cardiac Clinic: EKG - Lead Placement; EKG - Strip Evaluation
- \*IV Push Meds: Continuous and Intermittent Route
- 3 Way Stop Cock
- \*Video Competent on IV push medications

**NURS 242 Leadership in Nursing/Management in Nursing**

**Skills Taught:**

- Leadership Skills: Charge Nurse skills; Conflict Resolution with Staff; Delegation: Communication with Unlicensed Staff, Assignment of Staff, Supervision, Transcribing orders
- Neuro Testing - Sensory and Coma Scale
- SBAR Report
- Neuro Dressings
- Care of Patient with Oral Airway Septal sling
- Oral Care for Comatose Patient
- Review of past skills as needed
- Seizure precautions
- Orthopedic Care – case studies
- Review of transfer techniques
- Use of orthopedic devices
- Crutch walking
- Dressing and compression application

**Skills Lab Competent:**

- Root Cause Analysis
- QSEN review and practice
- Conflict Resolution with Multidisciplinary Staff
- Simulation of Staff Assignment for Team
- Working with Unlicensed Assistive Personnel: Communication with UAP; Delegation with UAP; Assessment of UAP performance
- Time Management Situations
- Order Transcription: Review
- SBAR Report
- Neuro Testing: Perform a Neuro Exam; NIH Stroke Scale; Use of Coma Scale; Testing Cranial Nerves; Testing Motor - Sensory Nerves; Dysphagia Assessment
- Teaching a patient to crutch walk
- \*Competency Validation: Rapid Response – team work; Giving/receiving SBAR report; Delegation; Use of previously learned skills in a simulated experience

**7. REPRESENTATIVE METHODS OF INSTRUCTION:**

Typical methods of instruction may include:

- A. Other (Specify): Concept mapping, digital recording assessment for competency with feedback using simulations, real-life scenarios, group learning called "clinics" based on individual and group learning needs, and simulation exercises.

**8. REPRESENTATIVE ASSIGNMENTS**

Representative assignments in this course may include, but are not limited to the following:

**9. REPRESENTATIVE METHODS OF EVALUATION**

Representative methods of evaluation may include:

- A. Lab Activities
- B. Competency checklists: students give feedback to each other, digital recordings and live assessment for competency with feedback. Instructor does individual and group progress checks in meeting learning outcomes. Student can be self-referred, instructor-referred, making up clinical lab, or practicing for competency assessment.

**10. REPRESENTATIVE TEXT(S):**

Possible textbooks include:

- A. Perry, Potter and Ostendorf. *Clinical Nursing Skills & Techniques*, 10th ed. St Louis, MO: Elsevier, 2021

Possible manuals include:

- A. Potter, P., Perry, A., Stockert, P., and Hall, A.. Fundamentals of Nursing, Elsevier, 01-02-2022

Other:

- A. NURSING 241 and 242 Required Texts and Software

**Origination Date:** February 2022

**Curriculum Committee Approval Date:** April 2022

**Effective Term:** Fall 2022

**Course Originator:** Natalie Waechter