

**College of San Mateo
Official Course Outline**

1. COURSE ID: NURS 235 **TITLE:** Nursing Skills Lab III

Units: 0.5 units **Hours/Semester:** 24.0-27.0 Lab hours

Method of Grading: Pass/No Pass Only

Prerequisite: NURS 222, **Corequisite:** Concurrent enrollment in NURS 231 and NURS 232.

2. COURSE DESIGNATION:

Degree Credit

Transfer credit: CSU

3. COURSE DESCRIPTIONS:

Catalog Description:

Provides for skill development with competency evaluation of the skills identified for the concurrent nursing courses. Extra supplies may be required. (Fall only.)

4. STUDENT LEARNING OUTCOME(S) (SLO'S):

Upon successful completion of this course, a student will meet the following outcomes:

1. Apply nursing methods, protocols and procedures to appropriate care situations.
2. Use the nursing process, which emphasizes critical thinking, independent judgment and continual evaluation as a means to determine nursing activities
3. Utilize theory and knowledge from nursing, the physical/behavioral sciences and the humanities in providing nursing care.
4. Work in partnership with patients, clients and caregivers.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:

Upon successful completion of this course, a student will be able to:

1. Perform a psychosocial assessment, demonstrating effective and therapeutic communication techniques.
2. Communicate in role play, applying therapeutic techniques.
3. Relate post-operative data collection and assessment to a variety of nursing care interventions.
4. Demonstrate competency in the preparation and administration of parenteral/intravenous medications and fluids.

6. COURSE CONTENT:

Lab Content:

Students provide nursing care to patients in the behavioral health setting.

First Eight Weeks: Psychiatric Content Focus

1. Introduction; Addressing management of assaultive behavior
2. Psychosocial Assessment, SBAR report and Contraband Check (SLO)
3. Therapeutic Communication (SLO)
4. Disaster Nursing; Nursing Process applied to case study
5. Depression/Suicide; Nursing Process applied to case study
6. Hearing Voices; Experiencing Auditory Hallucinations
7. Violence; Compare and contrast sexual assault vs. interpartner vs. elder abuse
8. Transition to Medical Surgical Nursing

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Discussion
- D. Observation and Demonstration
- E. Other (Specify): Skill demonstration, discussion, multimedia instruction and skill competency practice.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Reading Assignments:

Students will read and review specified skills checklists from the required textbook and online resources

and utilize the checklists both during role play (therapeutic communication) and hands-on skills practice (medical-surgical procedures).

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Group Projects
- D. Simulation
- E. Competency evaluation of skills identified for concurrent nursing courses.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Perry, A., Potter, P. & Ostendorf, W.. *Clinical Nursing Skills and Techniques.*, 10th ed. St. Louis: Elsevier, 2021
- B. Ackley, B., Ladwig, G. & Makic, M.B.. *Nursing Diagnosis Handbook*, ed. Elsevier, 2020
- C. Townsend, Mary. *Psychiatric Nursing*, ed. FA Davis, 2021
- D. Ignatavicius, D., Workman, M., & Rebar, C. *Medical – Surgical Nursing: Concepts for Interprofessional Collaborative Care Collaborative Care*, ed. Philadelphia: Elsevier, 2021

Other:

- A. Readings and media as assigned in preparation to practice and develop competency for identified nursing skills.

Origination Date: November 2021

Curriculum Committee Approval Date: January 2022

Effective Term: Fall 2022

Course Originator: Janis Wisherop