College of San Mateo
Official Course Outline

1. COURSE ID: NURS 235  TITLE: Nursing Skills Lab III
   Units: 0.5 units  Hours/Semester: 24.0-27.0 Lab hours
   Method of Grading: Pass/No Pass Only
   Prerequisite: NURS 222, Corequisite: Concurrent enrollment in NURS 231 and NURS 232.

2. COURSE DESIGNATION:
   Degree Credit
   Transfer credit: CSU

3. COURSE DESCRIPTIONS:
   Catalog Description:
   Provides for skill development with competency evaluation of the skills identified for the concurrent
   nursing courses. Extra supplies may be required. (Fall only.)

4. STUDENT LEARNING OUTCOME(S) (SLO'S):
   Upon successful completion of this course, a student will meet the following outcomes:
   1. Apply nursing methods, protocols and procedures to appropriate care situations.
   2. Use the nursing process, which emphasizes critical thinking, independent judgment and continual
      evaluation as a means to determine nursing activities
   3. Utilize theory and knowledge from nursing, the physical/behavioral sciences and the humanities in
      providing nursing care.
   4. Work in partnership with patients, clients and caregivers.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:
   Upon successful completion of this course, a student will be able to:
   1. Perform a psychosocial assessment, demonstrating effective and therapeutic communication techniques.
   2. Communicate in role play, applying therapeutic techniques.
   3. Relate post-operative data collection and assessment to a variety of nursing care interventions.
   4. Demonstrate competency in the preparation and administration of parenteral/intravenous medications and
      fluids.

6. COURSE CONTENT:
   Lab Content:
   Students provide nursing care to patients in the behavioral health setting.
   First Eight Weeks: Psychiatric Content Focus
   1. Introduction; Addressing management of assaultive behavior
   2. Psychosocial Assessment, SBAR report and Contraband Check (SLO)
   3. Therapeutic Communication (SLO)
   4. Disaster Nursing; Nursing Process applied to case study
   5. Depression/Suicide; Nursing Process applied to case study
   6. Hearing Voices; Experiencing Auditory Hallucinations
   7. Violence; Compare and contrast sexual assault vs. interpartner vs. elder abuse
   8. Transition to Medical Surgical Nursing

7. REPRESENTATIVE METHODS OF INSTRUCTION:
   Typical methods of instruction may include:
   A. Lecture
   B. Lab
   C. Discussion
   D. Observation and Demonstration
   E. Other (Specify): Skill demonstration, discussion, multimedia instruction and skill competency practice.

8. REPRESENTATIVE ASSIGNMENTS
   Representative assignments in this course may include, but are not limited to the following:
   Reading Assignments:
   Students will read and review specified skills checklists from the required textbook and online resources
and utilize the checklists both during role play (therapeutic communication) and hands-on skills practice (medical-surgical procedures).

9. **REPRESENTATIVE METHODS OF EVALUATION**
   Representative methods of evaluation may include:
   A. Class Participation
   B. Class Performance
   C. Group Projects
   D. Simulation
   E. Competency evaluation of skills identified for concurrent nursing courses.

10. **REPRESENTATIVE TEXT(S):**
    Possible textbooks include:
    C. Townsend, Mary. *Psychiatric Nursing*, ed. FA Davis, 2021
    Other:
    A. Readings and media as assigned in preparation to practice and develop competency for identified nursing skills.

   **Origination Date:** November 2021
   **Curriculum Committee Approval Date:** January 2022
   **Effective Term:** Fall 2022
   **Course Originator:** Janis Wisherop