

**College of San Mateo  
Official Course Outline**

1. **COURSE ID:** DANC 167.2    **TITLE:** Swing Dance II  
**Units:** 0.5 or 1.0 units    **Hours/Semester:** 24.0-54.0 Lab hours  
**Method of Grading:** Grade Option (Letter Grade or Pass/No Pass)
  
2. **COURSE DESIGNATION:**  
**Degree Credit**  
**Transfer credit:** CSU; UC  
**AA/AS Degree Requirements:**  
    CSM - GENERAL EDUCATION REQUIREMENTS: E4: Physical Education  
**CSU GE:**  
    CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E2
  
3. **COURSE DESCRIPTIONS:**  
**Catalog Description:**  
    Intermediate level instruction in several versions of the popular ballroom dance called Swing. This class emphasizes principles of fitness and enjoyment. Attention is paid to proper technique in both the lead and follow dance positions, including proper footwork, alignment and posture. Music is varied to broaden experience with different tempos and styles. No partner required.
  
4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**  
    Upon successful completion of this course, a student will meet the following outcomes:
  1. Demonstrate intermediate level Swing dance moves, including footwork, partnering skills, and accurate rhythm and coordination as evaluated by the instructor
  2. Work successfully as a team with a range of partners at an intermediate level
  
5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**  
    Upon successful completion of this course, a student will be able to:  
**Students are expected to execute the following skills at the Intermediate level:**
  1. Demonstrate at least three specific styles of Swing dance
  2. Develop coordination, strength, and agility through dance
  3. Demonstrate the rhythm and musicality inherent to Swing dance forms
  4. Demonstrate understanding of a dance form and skill acquisition through performance
  5. Develop an awareness and appreciation of the cultural, social, and individual forces that contributed to the origins of these art forms
  
6. **COURSE CONTENT:**  
**Lecture Content:**  
    N/A  
**Lab Content:**  
    At an Intermediate Level:  
    Triple Step Swing  
    Triple Step Swing / Intro 6-Count Swing  
    Translate To 6-Count / East Coast Swing  
    Review 6-Count; Start 4 Count Street Swing  
    Triple Step: Right in Right Variations  
    More Right in Right Variations / Lindy Hop Basic  
    8-Count Lindy Hop / Charleston Kicks  
    **Halfway Point – Review All**  
    Add 1 New Variation to Each Style  
    8-Count Lindy Hop  
    8-Count Lindy Hop / West Coast Swing  
    Swing Line Dance / Listen to Differences between Swing Music Styles / Hustle  
    West Coast Swing / Hustle / Review All / Videotape
  
7. **REPRESENTATIVE METHODS OF INSTRUCTION:**  
    Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Activity
- D. Critique
- E. Directed Study
- F. Discussion
- G. Individualized Instruction
- H. Observation and Demonstration
- I. Other (Specify): 1. Demonstrate steps from each style with and without a partner while verbally communicating the steps in each Swing dance style. 2. Show video selections of each Swing dance style 3. Rotate partners every few minutes to experience partners of all types and ability levels 4. Exercises and drills developed by instructor to increase partnering skills 5. Videotape students at beginning and end of semester; have students compare 6. Handouts will be provided for study outside of class.

## 8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

### **Writing Assignments:**

Written quizzes asking which Swing dance is done to different music forms, or analyzing a classmate's ability to lead, follow, or do Swing dance steps

### **Reading Assignments:**

Reading assignments of articles and essays on cultural and historical aspects of Swing dance forms

### **Other Outside Assignments:**

- Execute dance movements with attention to rhythmic structure
- in-class presentation on historical, performance, music or costumes of Swing dance forms to better inform their own performance experience

## 9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Class Work
- D. Exams/Tests
- E. Final Class Performance
- F. Final Performance
- G. Final Public Performance
- H. Lab Activities
- I. Quizzes

J. Class Participation: showing up to demonstrate learning counts towards final grade. Class Performance: students will perform each Swing style, demonstrating proper footwork and leading/following techniques at an Intermediate level during a Mid-term Review; evaluation of progress made by instructor. Class Work: short "On Your Feet" quizzes to see if material has been retained. Final Class Performance: during last class, perform each Swing style learned, with a different partner for each; demonstration of willingness and positive attitude. Lab Activities: assign a problem to the class, with a time limit to solve. Quizzes: written quizzes asking which Swing is done to different music forms, or analyzing a classmate's ability to lead/follow, or do basic steps.

## 10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Wright J. P.. *Social Dance - Steps to Success*, 3rd ed. Human Kinetics, 2012

Other:

- A. Instructor-generated handouts

**Origination Date:** November 2021

**Curriculum Committee Approval Date:** December 2021

**Effective Term:** Fall 2022

**Course Originator:** Joan Walton