

**College of San Mateo
Official Course Outline**

1. **COURSE ID:** DANC 167.1 **TITLE:** Swing Dance I
Units: 0.5 or 1.0 units **Hours/Semester:** 24.0-54.0 Lab hours
Method of Grading: Grade Option (Letter Grade or Pass/No Pass)

2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: CSU; UC
AA/AS Degree Requirements:
 CSM - GENERAL EDUCATION REQUIREMENTS: E4: Physical Education
CSU GE:
 CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E2

3. **COURSE DESCRIPTIONS:**
Catalog Description:
 Beginning level instruction in several versions of the popular ballroom dance called Swing. This class emphasizes principles of fitness and enjoyment. Attention is paid to proper technique in both the lead and follow dance positions, including proper footwork, alignment and posture. Music is varied to broaden experience with different tempos and styles. No prior experience needed, no partner required.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**
 Upon successful completion of this course, a student will meet the following outcomes:
 1. Exhibit swing dance forms by performing an instructor-choreographed routine and appreciate partner and social dance opportunities at the introductory level.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**
 Upon successful completion of this course, a student will be able to:
Students are expected to execute the following skills at the Beginning level:
 1. Demonstrate at least two specific styles of Swing dance
 2. Develop coordination, strength, and agility through dance
 3. Demonstrate the rhythm and musicality inherent to Swing dance forms
 4. Demonstrate understanding of a dance form and skill acquisition through performance
 5. Develop an awareness and appreciation of the cultural, social, and individual forces that contributed to the origins of these art forms

6. **COURSE CONTENT:**
Lecture Content:
 N/A
Lab Content:
 At a Beginning Level:
 Start Triple Step Swing
 Triple Step Swing / Intro 6-Count Swing
 Translate To 6-Count / East Coast Swing
 Review 6-Count; Start 4 Count Street Swing
 Triple Step: Right in Right Variations
 More Right in Right Variations / Lindy Hop Basics
 8-Count Lindy Hop / Charleston Kicks
 Halfway Point – Review All
 Add 1 New Variation to Each Style
 8-Count Lindy Hop
 Swing Line Dance / Listen to Differences between Swing Music Styles
 West Coast Swing
 West Coast Swing / Review All / Video
 Final Dance

7. **REPRESENTATIVE METHODS OF INSTRUCTION:**
 Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Activity
- D. Critique
- E. Discussion
- F. Individualized Instruction
- G. Observation and Demonstration
- H. Other (Specify): 1. Demonstrate steps from each style with and without a partner while verbally communicating the steps in each Swing dance style. 2. Show video selections of each Swing dance style 3. Rotate partners every few minutes to experience partners of all types and ability levels 4. Exercises and drills developed by instructor to increase partnering skills 5. Videotape students at beginning and end of semester; have students compare

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Written quizzes asking which Swing dance is done to different music forms, or analyzing a classmate's ability to lead, follow, or do Swing dance steps

Reading Assignments:

Reading assignments of articles and essays on cultural and historical aspects of Swing dance forms

Other Outside Assignments:

- Execute dance movements with attention to rhythmic structure
- in-class presentation on historical, performance, music or costumes of Swing dance forms to better inform their own performance experience

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Class Work
- D. Exams/Tests
- E. Final Class Performance
- F. Final Performance
- G. Final Public Performance
- H. Lab Activities
- I. Quizzes
- J. 1. Observing and evaluating students in small and large groups 2. Evaluating participation in drills and exercises; give verbal feedback 3. Monitoring participation in class activities 4. Assessment of pop quizzes; compare the students' results with ideal

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Wright J. P.. *Social Dance - Steps to Success*, 3rd ed. Human Kinetics, 2012

Other:

- A. Instructor-generated handouts

Origination Date: November 2021

Curriculum Committee Approval Date: December 2021

Effective Term: Fall 2022

Course Originator: Joan Walton