

College of San Mateo
Official Course Outline

1. **COURSE ID:** DANC 128.1 **TITLE:** Latin Dance I
Semester Units/Hours: 0.5 - 1.0 units; a minimum of 24.0 lab hours/semester; a maximum of 48.0 lab hours/semester
Method of Grading: Grade Option (Letter Grade or P/NP)

2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: CSU
AA/AS Degree Requirements:
 CSM - GENERAL EDUCATION REQUIREMENTS: E4: Physical Education
CSU GE:
 CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E2

3. **COURSE DESCRIPTIONS:**
Catalog Description:
 Beginning level instruction in several varieties of the popular Latin Social dances. This class emphasizes principles of fitness and enjoyment. Attention is paid to proper technique in both the lead and follow dance positions, including proper footwork, alignment and posture. Music is varied to broaden experience with different tempos and styles. No prior experience needed, no partner required.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**
 Upon successful completion of this course, a student will meet the following outcomes:
 1. Execute basic Latin dance moves at a beginning level, including footwork, partnering skills, and accurate rhythm and coordination as evaluated by the instructor
 2. Work successfully as a team with a range of partners at a beginning level

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**
 Upon successful completion of this course, a student will be able to:
 1. Execute basic Latin dance moves at a beginning level, including footwork, partnering skills, and accurate rhythm and coordination as evaluated by the instructor
 2. Work successfully as a team with a range of partners at a beginning level

6. **COURSE CONTENT:**
Lab Content:
At a Beginning Level:
 1. Go over syllabus / Introduce Merengue
 2. Review Merengue, add variations / Introduce Rumba
 3. Discuss style: Merengue / Rumba / How to be someone people want to dance with?
 4. Rumba variations / History of Latin dances
 5. Introduce one-step Tango / How to practice between classes
 6. Tango variations / Discuss intuitive leading & following
 7. Introduce Cha Cha / Cha Cha line dance / Prepare for midterm
 8. **Halfway Point – Review All & Video / What have you learned so far?**
 9. Cha Cha variations / Discuss possible dance shoe options
 10. Introduce Bachata / Discuss performing in end of semester show
 11. Bachata variations
 12. Introduce Samba / Rehearse performance
 13. Samba / Introduce Salsa / Registration is open: Discuss other dance offerings at CSM and district wide
 14. Salsa / Rehearse performance
 15. Salsa variations / Ear training: which Latin dance is done to this music?
 16. Review all/ Discuss dance etiquette
 17. Final party

7. **REPRESENTATIVE METHODS OF INSTRUCTION:**
 Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Activity
- D. Critique
- E. Directed Study
- F. Discussion
- G. Individualized Instruction
- H. Observation and Demonstration
- I. Other (Specify): Lecture: Instructor will give short talks on the history of Latin Dance and its development. Lab: Ear training - play examples of different types of Latin music that accompany each style. Critique: feedback will be given to the class as a whole constantly, and to individuals when needed. Directed Study: Outside of class - students are encouraged to attend various social dance events (lists available in class) and practice sessions at CSM. Activity: utilize beginning level in-class exercises to improve frame, leading/following, and rhythmic skill. Discussion: Leads and Follows are taught how to communicate with each other to resolve problems or find solutions. Individualized instruction: one-to-one help is given to those who need or ask for it. Observation/Demonstration: demonstrate each move physically while describing it verbally; observe as students repeat the move. Other: handouts will be provided for study outside of class.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Written quizzes asking which Latin dance is done to different music forms, or analyzing a classmate's ability to lead, follow, or do Latin dance steps.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Class Work
- D. Final Class Performance
- E. Lab Activities
- F. Quizzes
- G. Class Participation: showing up to demonstrate learning counts towards final grade. Class Performance: students will perform each Latin dance style, demonstrating proper footwork and leading/following techniques at a Beginning level during a Mid-term Review; evaluation of progress made by instructor. Class Work: short "On Your Feet" quizzes to see if material has been retained. Final Class Performance: during last class, perform each Latin style learned, with a different partner for each; demonstration of willingness and positive attitude. Lab Activities: assign a problem to the class, with a time limit to solve. Quizzes: written quizzes asking which Latin dance is done to different music forms, or analyzing a classmate's ability to lead/follow, or do basic steps.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Wright J. P.. *Social Dance - Steps to Success*, 3rd ed. Human Kinetics, 2012

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Course Originator: Joan Walton