

College of San Mateo
Official Course Outline

1. **COURSE ID:** COSM 757 **TITLE:** Supplemental Cosmetology VII
Units: 5.0 units **Hours/Semester:** 40.0-45.0 Lecture hours; 120.0-135.0 Lab hours; and 80.0-90.0 Homework hours
Method of Grading: Letter Grade Only
Prerequisite: COSM 746, and COSM 749

2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: none

3. **COURSE DESCRIPTIONS:**
Catalog Description:
Supplemental class for students requiring extra theory and/or lab hours to meet state requirements for license testing. Continued practice in building cosmetology skills by applying and executing theoretical and practical discipline competencies studied in previous classes, as prescribed by the California Board of Barbering and Cosmetology.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**
Upon successful completion of this course, a student will meet the following outcomes:
 1. Execute and implement theoretical and practical aspects of building advanced cosmetology skills by applying and executing theoretical and practical discipline competencies learned in previous courses.
 2. Demonstrate understanding and correct execution of theoretical and practical cosmetology competencies in health and safety as designated by the California Board of Barbering and Cosmetology.
 3. Demonstrate understanding and correct application of soft skills as they relate to cosmetology competencies within a simulated work environment.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**
Upon successful completion of this course, a student will be able to:
 1. Articulate understanding of advanced supplemental theoretical knowledge by connecting learning concepts to practical operations assigned within a simulated work-based learning environment.
 2. Perform advanced supplemental practical operations by correctly applying learned procedures and techniques demonstrated and practiced during laboratory classes on live models.
 3. Communicate and collaborate in an effective manner by continued practice of professional soft skills in the classroom as well as in laboratory classes that simulate a work-based learning environment.
 4. Demonstrate skill in employing core competencies as they relate to supplemental advanced discipline-specific assignments and mock real world scenarios including testing for state licensing.

6. **COURSE CONTENT:**
Lecture Content:
Supplemental Study of:
 1. Advanced Haircutting
 2. Advanced Hair Removal
 3. Advanced Chemistry
 2. Advanced Electricity
 3. Advanced Chemical Texture Services
 4. Advanced Color Formulation
 5. Advanced Facials
 6. Advanced Skin Disorders & Diseases and Treatment Options
 7. Continued National Interstate Council Licensing (NIC) Preparation
 8. Building on Fundamental, Intermediate, and Advanced Discipline Competencies**Lab Content:**
Supplemental practice of skill building exercises in:
 1. Advanced Haircutting:
 - a. Utilizing the reference points of the head for haircutting
 - b. Creating lines, sections, elevations, and guidelines
 - c. Client consultations

- d. Utilizing haircutting tools
 - e. Good posture and body position while cutting hair
 - f. Executing advanced haircuts
 - g. Cutting advanced bangs/fringe
 - h. Utilizing advanced texturizing techniques
 - i. Advanced clipper cuts
2. Advanced Hair Removal:
- a. Recognizing the contraindications for above the waist hair removal
 - b. Temporary facial hair removal with no-strip wax
 - c. Health and safety standards for above the waist hair removal
3. Advanced Chemistry:
- a. Applying chemistry as it relates to advanced cosmetology procedures
 - b. Utilizing chemistry terminology and definitions to articulate theoretical understanding of expected outcomes
 - c. Utilizing the action of pH in advanced chemical procedures
 - d. Utilizing the action of acids and alkalis in advanced chemical procedures and experiments
 - e. Utilizing the action of neutralization in advanced chemical procedures and experiments
4. Advanced Electricity:
- a. Electrical principles as they relate to advanced cosmetology procedures
 - b. Electrical terminology and definitions to articulate theoretical understanding of how they apply to advanced cosmetology procedures
 - c. Setting electrical measurements of electrical equipment
 - d. Electrical equipment safety while performing advanced services
 - e. Electrotherapy during advanced services
 - f. Light energy and light therapy during advanced services
5. Advanced Chemical Texture Services:
- a. Chemical services safety precautions
 - b. Articulating how chemical services change the structure of the hair
 - c. Utilizing the action of pH in advanced chemical services
 - d. Permanent waves
 - e. Chemical hair relaxers
 - f. Keratin-based straightening treatments
 - g. Soft curl permanent
6. Advanced Color Formulation:
- a. Haircolor consultation
 - b. Formulation of haircolor
 - c. Articulating reasoning behind type of haircolor chosen
 - d. Creating advanced special effects with haircolor and lighteners
 - e. Corrective haircolor
 - f. Haircolor safety precautions
7. Advanced Facials:
- a. Electrotherapy and light therapy facials
 - b. Corrective skin typing for recommendation of treatment plans based on skin type and skin conditions
 - c. Aromatherapy in advanced facial treatments
 - d. Cleaning and maintaining electrical facial equipment
 - e. Recommending treatment plan alterations based on contraindications for performing electrical facials
 - f. Chemical and physical exfoliation
 - g. Client spa specialty facials
8. Advanced Skin Disorders & Diseases and Treatment Options
- a. Identifying and articulating what constitutes skin disorders and diseases
 - b. Identifying acne

- c. Identifying aging skin issues
- d. Identifying environmental skin stressors
- e. Identifying contact dermatitis
- f. Infection control and sanitation procedures

9. National Interstate Council Licensing (NIC) Preparation:

- a. Mock NIC licensing written exam

10. Advanced Discipline Competencies:

- a. Salon services
- b. Professional soft skills

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Activity
- D. Directed Study
- E. Critique
- F. Discussion
- G. Experiments
- H. Field Trips
- I. Guest Speakers
- J. Individualized Instruction
- K. Observation and Demonstration
- L. Other (Specify): Students receive instructor, client, and student model feedback as practical operations are practiced within a structured lab setting acting as a simulated work environment.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

- Theory workbook assignments correlating to class work.
- In class review or other daily sheet.
- Lecture and demonstration notes.
- Group discussion notes.
- Lab chemical procedure outcome notes.
- Procedure diagramming and set-up notes.
- NIC Exam mock test notes.
- Logging client services in dedicated computer program.

Reading Assignments:

Outside reading assignments will correspond to upcoming coursework.

Other Outside Assignments:

Library research project; subject to be designated by instructor.

Term projects may include:

- a. Creating a resume
- b. Creating a portfolio
- c. Written report
- d. Oral report
- e. Any other discipline specific assignment
- f. A combination of any of the above a-e

Technology resources mini-projects to be designated by instructor. Example: Using an electronic device to take a photo of a favorite styling product and bringing it to class, emailing it to the instructor, or writing a brief synopsis focusing on usage and benefits.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation

- B. Class Performance
- C. Class Work
- D. Exams/Tests
- E. Field Trips
- F. Final Class Performance
- G. Group Projects
- H. Homework
- I. Lab Activities
- J. Oral Presentation
- K. Papers
- L. Portfolios
- M. Projects
- N. Quizzes
- O. Research Projects
- P. Simulation
- Q. Written examination
- R. If designated by the instructor, continued work on integrative e-portfolios will provide students the opportunity for reflection and self-assessment. Students will be asked to justify their choice of artifacts and reflect on their growth through oral presentations, essays, electronic presentations, or other means as assigned by the instructor.

10. **REPRESENTATIVE TEXT(S):**

Possible textbooks include:

- A. Backe, J., Fulton, C., DaCosta, D., Joseph, R., Kilgore, M., Lees, M., Morrison, V., Pierce, A., Rimando, A., Roste, L., Williams, R., . *Milady Standard Cosmetology* , 13 ed. Boston: Cengage Learning, 2016

Possible manuals include:

- A. California Board of Barbering and Cosmetology. Health and Safety Training Course, CA Board of Barbering and Cosmetology, 11-01-2016

Other:

- A. California & California. Barbering and Cosmetology Act, Barbering and Cosmetology Rules and Regulations, Sacramento: Board of Barbering and Cosmetology, 2018.
- B. Milady Publishing Company. *Milady's Standard Cosmetology: Theory Workbook*. Boston: Cengage Learning, 2016.
- C. Milady Publishing Company. *Milady Standard Cosmetology Exam Review*. Boston: Cengage Learning, 2016.
- D. Milady Publishing Company. *Milady's Standard Cosmetology: Practical Workbook*. Boston: Cengage Learning, 2016.

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