1. Ask a counselor about Associate Degrees for Transfer that can result in priority admissions to the CSU system.
2. Some courses are listed in more than one CSU GE area but can be applied to one area only.
3. This worksheet outlines GENERAL EDUCATION requirements. You also must complete lower division MAJOR requirements.
4. There are instances when a CSM course is approved for CSU GE but the same course at SKYLINE or CAÑADA IS NOT approved for CSU GE. Use ASSIST to confirm course articulation for the college where you take the course!
5. Use the online College of San Mateo Catalog (catalog.collegeofsanmateo.edu) to find course descriptions.
6. If a student has completed coursework at colleges/universities outside of the San Mateo County Community College District, the student must request OFFICIAL TRANSCRIPTS from prior institutions be sent to the CSM Admissions Office in the first semester of enrollment to determine how prior coursework can be applied to CSU GE. When the evaluation is complete, the information will show up in WebSMART under Degree Works.

### AREA A: COMMUNICATION SKILLS & CRITICAL THINKING
9 units

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1. Oral Communication</td>
<td>COMM 110 115 130 140 150</td>
</tr>
<tr>
<td>A2. Written Communication</td>
<td>ENGL 100 105 110 or AP Score of 3, 4 or 5 in ENGL/LANG or ENGL/LIT</td>
</tr>
<tr>
<td>A3. Critical Thinking-English Composition</td>
<td>ENGL 100 110 165 PHIL 103 200 AP CANNOT meet this requirement</td>
</tr>
</tbody>
</table>

### AREA B: NATURAL SCIENCE & MATHEMATICS
9 - 10 units

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1. Physical Science</td>
<td>ASTR 100 101* 103* 115 125 210# CHEM 192# 210# 220# 231# 232# 410# 420# GEOG 100 GEOL 100 101* OCEN 100 PALN 110 111* PHYS 100 210# 220# 250# 260# 270#</td>
</tr>
<tr>
<td>B2. Life Science</td>
<td>ANTH 125 127* BIOL 100 102 110# 130 132* 145 184 195* 210# 220# 230# 240# 250# 260# OCEN 100 PALN 110 111* PSYC 105 220</td>
</tr>
<tr>
<td>B3. Science Laboratory</td>
<td>Courses listed in B1 or B2 with a &quot;*&quot; indicates a “lab only” course. “Lab only” courses must be accompanied by a lecture course in the same area. Courses listed in B1 and B2 with a &quot;#&quot; indicates the course includes lecture and lab requirements</td>
</tr>
<tr>
<td>B4. Math Concepts</td>
<td>BUS. 123 CIS 262 278 MATH 125 130 145 200 222 225 241 242 251 252 253 268 270 275 280 PSYC 121</td>
</tr>
</tbody>
</table>

### AREA C: ARTS & HUMANITIES
9 units

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1. Arts</td>
<td>ARCH 100 ART 101 102 103 104 105 124 207 347 351 DANC 100 DGME 215 ETHN 288 585 FILM 100 120 121 122 123 130 131 135 140 145 200 215 MUS. 100 131 202 210 250 275 280</td>
</tr>
<tr>
<td>C2. Humanities</td>
<td>ANTH 180 ASL 100 110 CHIN 111 112 121 122 131 132 COMM 170 171 ENGL 110 161 162 163 ETHN 104 105 106 ETHN 107 265 FILM 153 HIST 100 101 104 106 201 202 260 261 262 310 LIT. 101 105 113 115 150 151 154 155 156 201 LIT. 202 220 221 231 232 266 430 PHI 100 160 175 244 300 SPAN 110 112 120 122 131 132 140</td>
</tr>
</tbody>
</table>

or AP Score of 3, 4 or 5 in ART HIST or ENGL/LIT or HIST or FOREIGN LANGUAGE
AREA D: SOCIAL & BEHAVIORAL SCIENCES
6 units
2 courses from two different disciplines from the following:

ADMJ 100  ANTH 110  180  350  BUS 125  COMM 130  DGME 100  102  ECON 100  102  ETHN 101  103  104  105  106  107  108
ETHN 109  300  GEOG 110  150  GBST 101  102  HIST 100  101  104  106  201  202  260  261  262  310  KINE 103  107  PLSC 100
PLSC 110  130  160  200  210  215  310  PSYC 100  105  106  110  120  200  201  220  225  230  300  301  320  330  410
SOCI 100  105  110  121  141  160  or AP Score of 3, 4 or 5 in ECON, GOV, HIST or GEOG or PSYC

AREA E: LIFELONG UNDERSTANDING & SELF DEVELOPMENT
3 units
3 units selected from E1 or 2 units from E1 and 1 unit from E2.

E1. BIOL 310  BUS 101  COUN 111  120  121  128  240  CRER 126  HSCI 100  IDST 110  KINE 101  107  119  200  300  LCTR 240
PSYC 100  106  110  200  201  300  301  310  320  330  SOCI 110

E2. ADAPT 100  110  140  155  AQUA 109.1-109.4  127.1-127.4  133.1-133.4  135.1-135.4  DANC 116.1-116.4  117.1-117.4
DANC 121.1-121.4  128.1-128.4  130.1-130.4  140.1-140.4  151.1-151.4  167.1-167.4  390  FITN 112.1-112.4  116.1-116.4
FITN 134  201.1-201.4  220  225  226  235.1-235.4  301.1-301.4  332.1-332.4  334.1-334.4  335.1-335.4  336.1-336.4  339  194
INDV 121.1-121.4  251.1-251.4  TEAM 105  111.1-111.4  116  118  119  148.1-148.4  135  150  158  165  171.1-171.4  180  182  186  194
VARS 100  105  110  130  133  134  160  172  185  300  320  340  342  400

AREA F: ETHNIC STUDIES
3 units
Select one course from the following options - ETHN 101  103  104  105  106  107  108  109  265  288  585

CSU GE AREAS A- F TOTAL UNITS = 39-40 SEMESTER UNITS

AH&I: CSU GRADUATION REQUIREMENT — (NOT required to certify CSUGE or IGETC)
American Institutions, US History, US Constitution, & American Ideals:

US-1 – HIST 201#  HIST 202#  HIST 260#  HIST 261  HIST 262#  ETHN 103#  ETHN 105  ETHN 107  PLSC 210#
US-2 – ETHN 103#  HIST 201#  HIST 202#  HIST 260#  HIST 262#  PLSC 200*  PLSC 210#  PLSC 215
US-3 – ETHN 101  HIST 310  PLSC 200*  PLSC 310

Courses used to satisfy this AH&I may also be applied to CSU GE requirements in Area C2 or D or F if applicable.
Note: Course approvals for this requirement may vary between SMCCCD Colleges. If you are planning to register for a course to complete this area at another campus, please consult their CSU GE pattern and meet with a counselor.

VERY IMPORTANT –
1. To be eligible to meet an AREA requirement, the course must be CSU GE approved at the time it was completed.
2. As a final step to the transfer process, students must request an CSU GE CERTIFICATION to be sent with the FINAL TRANSCRIPT to the transfer destination! This is how the transfer destination identifies the student has completed lower division general education requirements.

In addition to CSU GE, find COURSES REQUIRED FOR A MAJOR
• Students must have a MAJOR to transfer to a university.
• Use CSM Counseling Services to create a STUDENT EDUCATIONAL PLAN that lists courses needed to meet transfer requirements.
• Use the College of San Mateo Catalog and www.assist.org for lower division major requirements.
• For transfer to a private/independent or out of state college/university review the institution’s catalog for major information.