

# YOGA ADVISORY BOARD MEETING MINUTES

Date: April 20, 2023

Facilitator: Denaya Dailey, Head of CSM Yoga

## Board Members Present:

- Robin Jaffe – CSM YTT Graduate (2014 & 2019), Owner of Robin Jaffe Yoga
- Eva Lam – CSM YTT Graduate (2012, 2019), Yoga Instructor at Rosewood Hotels & Resorts
- Sim Ling Lam - CSM YTT Graduate (2012, 2019), Yoga Instructor at SMAC +
- Gabriella Rojas - CSM YTT Graduate (2017/2019), Owner of SoundFlow Yoga
- Monica Magtoto - CSM YTT Graduate (2017/2019), Owner of Magtoto Art

## Agenda Item 1: Welcome & Purpose

Denaya welcomed members and emphasized the Advisory Board's purpose: to ensure the program continues to reflect industry needs, support student success, and uphold CSM's commitment to equity and excellence in yoga education.

## Agenda Item 2: Program Highlights & Updates

- 2022–2023 - still rebuilding after covid. Program enrolled 12 students and added new guest faculty to diversify voices in the classroom.
- Now offering Yin Yoga, Empowering Leadership Training and Equity for Yoga Teachers as part of the YTT Curriculum.
- CSM Yoga classes are being offered in person and online.

## Agenda Item 3: Curriculum Feedback & Industry Alignment

- Robin emphasized demand for yoga teachers skilled in mindfulness and somatic practices.
- Gabriella highlighted the importance of cueing for different bodies and offering layered class options.

- Robin and Eva suggested additional practicum hours with structured feedback.
- Monica recommended including more modules on identity, inclusivity, and teaching with cultural awareness.

## Agenda Item 4: Equity & Access

- Robin recommended outreach to adult learners and multilingual communities in the Bay Area.
- Eva encouraged partnering with local nonprofits to create yoga opportunities for underserved groups.

## Agenda Item 5: Alumni Engagement

- Gabriella and Robin proposed forming an alumni mentorship program.
- Interest in offering CE workshops and short teaching labs for grads.
- Denaya to explore options for alumni newsletter and networking gatherings.

Meeting Adjourned

Next Meeting: Spring 2024 (Date TBD)

