

Bulldog Bulletin -- News & Events for Jan-Feb 2019

CSM Announcements

Mon 1/28/2019 11:09 AM

To: CSM Employees <CSM@smccd.edu>

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The Bulldog bulletin

January 28, 2019

Labyrinth Named Top Honors Newsletter in the Nation -- Again!

For the second time in three consecutive years, CSM's Honors Project publication, *Labyrinth*, was awarded first place by the National Collegiate Honors Council. The annual ranking includes public and private university honor societies from across the nation. Read *Labyrinth* [online](#).

CSM Student Artist Barbara Plant Reception Today

Please join us for the unveiling of CSM art student Barbara Plant's landscape painting, *Drifting Dreams*, which she created for Personal Counseling and Wellness Services to welcome students. Reception will be held Mon, Jan 28, 2:15 pm - 3:30 pm in Building 1, 1st Floor. See attached flyer.

Sign up for a Counseling Services Presentation in Your Class

The Wellness Center is offering classroom visits and tours to familiarize students and faculty with the services offered by SparkPoint, Personal Counseling and the Health Services Center. See attached flyer or contact Emily Barrick to schedule: x6397 or barricke@smccd.edu.

CSM Jazz Ensemble Concert Feb 10 to Benefit Camp Fire Victims

The CSM Jazz Ensemble will perform a benefit concert to aid the victims of the November Camp Fire on Sun, Feb 10 at 2 pm in the CSM Theatre. Dave Eshelman's Jazz Garden Big Band will be the featured group along with the award-winning CSM Jazz Ensemble. See attached flyer. Donation is \$10 at the door.

Reminder: Free Mental Health First Aid Training Feb 6 and 13

The Mental Health First Aid sessions are full but please contact Natalie Andrade at nandrade@smcgov.org to be put on the waitlist. Training is Wed, Feb 6 and 13, 1:00 – 5:30 pm, in 10-468. See attached flyer.

News & Accolades

For more news stories, please visit the [CSM News](#) section.

How to Send News

Do you have an event, announcement or accomplishment you would like to share with the CSM community? Please send information to Community Relations & Marketing Director Richard Rojo at rojo@smccd.edu. Submissions will run 2-3 weeks after they are received.

College of San Mateo

Bulldog Bulletin -- News & Events for the week of Sept. 4, 2018

CSM Announcements

Fri 8/31/2018 3:36 PM

To: CSM Employees <CSM@smccd.edu>

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News & Accolades

For more news stories, please visit the [CSM News](#) section.

CSM to Launch Discounted Grab & Go Meals for Students

Beginning after Labor Day, CSM students will be able to pick up an affordable meal for just \$5 in the Bulldog Bookstore. "Grab & Go" meals will include a sandwich, fresh fruit and a bottled water. Students must show a current CSM student ID to purchase the discounted meals, which are subsidized by ASCSM. The Grab & Go meals program is intended to help address food insecurity for CSM students and was organized by SparkPoint, Second Harvest, ASCSM, and the Bulldog Bookstore.

Personal Counseling & Wellness Services

CSM welcomes a new personal counseling faculty member, John Eckstein, who is a mental health liaison. He will be working on outreach and he also provides trainings and workshops to the campus community.

If you would like personal counseling staff and/or student mental health peers to visit your classroom or your department for a short presentation, please contact Makiko Ueda (uedam@smccd.edu), John Eckstein (ecksteinj@smccd.edu) or Gil Perez (perezgil@smccd.edu). See our [website](#) for a full description of our services for students.

Free Yoga for CSM Employees

Students of the Advanced Yoga Teacher Training Certification program are offering free yoga to all CSM employees. Classes are offered Tuesdays & Thursdays, 3:25-4:25 pm, in 8-203 (Dance Studio). Please bring your own yoga mat. Participants are asked to stay from 4:25-4:40 to give feedback to the teacher and assist in their growth as a yoga teacher. See a schedule of teachers [here](#).

Football Season Begins Tomorrow, with National TV Broadcasts

Defending Northern California champion College of San Mateo will become the first community college with a schedule of nationally televised football games, beginning with the season opener on Saturday, Sept. 1, 1pm, against College of the Siskiyous. Six CSM games will

air in high definition on the new national sports network ELEVEN SPORTS USA, available on DIREC TV (channel 623), AT&T U-verse (channel 1665), and Verizon Fios (channel 597). The other broadcast games will be CSM at American River (Sept. 15); Fresno at CSM (Sept. 22); CSM at Laney (Oct. 19); Diablo Valley at CSM (Oct. 27); and City College of San Francisco at CSM (Nov. 10). The games will also air on ELEVEN'S Digital Channel, Eleven Next, which is on the [Amazon Twitch](#) platform.

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