

SPEAKING EXERCISE

"MARY HAD A LITTLE LAMB" (edited)

Mary had a little lamb, little lamb, little lamb,

Mary had a little lamb its fleece was white as snow.

And everywhere that Mary went, Mary went, Mary went,

Everywhere that Mary went the lamb was sure to go.

He followed her to school one day, school one day,
school one day,

He followed her to school one day which was against the
rules.

It made the children laugh and play, laugh and play,
laugh and play,

It made the children laugh and play to see a lamb at
school.

VIDEO SELF-EVALUATION

Directions: Videotape yourself giving a presentation and watch the videotape. As you watch the recording, evaluate your performance by responding to the items on this evaluation. You may want to watch the videotape more than once in order to become comfortable watching yourself.

- A. With which aspects of your performance are you generally satisfied? What do you believe may be your presentation strengths?

1.

2.

3.

4.

- B. With which aspects of your performance are you least satisfied? What areas do you believe need the most improvement?

1.

2.

3.

4.

- C. Overall, how would you rate your performance?

1
(Poor)

2

3

4

5

6

7

8

9

10

(Superior)