



# Foster Forward

Bring Out Your Best in School, Jobs, & Life

Free Workshop Lunches on Campus

## Gain Momentum to Be You

College is exciting - a whole new way of thinking & doing things. If your childhood included abuse, neglect &/or foster care, the past may have complicated this journey. Identify strengths & passions & overcome old patterns you may or may not be aware of to accelerate your progress. Make the transition into a hopeful future!

## Second & Fourth Wednesdays

Free lunch provided. Meet in Central Hall/Building 16 in Room 16-102. Earn gift cards! Celebrate your birthday! Win a door prize!



## Tackle the Tough Stuff Together

1:10 to 2:45 PM

SECOND Wednesdays are structured, interactive sessions using film clips, YouTube videos, skits & break out groups to solve common problems. The FOURTH Wednesday is YOUR day to bring up the issue challenging you most, then we work it out together.

2013 Fall Session Workshops: 9/11 & 25, 10/9 & 23, 11/13 & 27, 12/4 & 18

\* Sponsored by Jeremiah's Promise, Inc., a 501(c)(3) nonprofit - [info@jeremiahspromise.org](mailto:info@jeremiahspromise.org)