1. **COURSE ID:** TEAM 111.1  **TITLE:** Basketball I  
   **Semester Units/Hours:** 0.5 - 1.0 units; a minimum of 24.0 lab hours/semester; a maximum of 48.0 lab hours/semester  
   **Method of Grading:** Grade Option (Letter Grade or P/NP)

2. **COURSE DESIGNATION:**  
   **Degree Credit**  
   **Transfer credit:** CSU; UC  
   **AA/AS Degree Requirements:**  
   CSM - GENERAL EDUCATION REQUIREMENTS: E4: Physical Education

3. **COURSE DESCRIPTIONS:**  
   **Catalog Description:**  
   Instruction at a beginning level in the rules, strategies and skills of basketball. Includes round-robin play during the last half of the semester.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**  
   Upon successful completion of this course, a student will meet the following outcomes:  
   A. Perform the fundamental skills necessary to perform and progress at a beginning level in the sport of basketball.  
   B. Improve body composition, range of motion, overall body weight, resting heart rate, strength and endurance, and aerobic capacity at a beginning level.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**  
   Upon successful completion of this course, a student will be able to:  
   A. Understand the rules and vocabulary of the game of basketball at a beginning level.  
   B. Use skills associated with playing basketball, such as ballhandling, passing, shooting, rebounding and defense at a beginning level.  
   C. Display an understanding of team offense in the half-court at a beginning level.  
   D. Display an understanding of team defense in the half-court at a beginning level.  
   E. Make the transition from offense to defense and vice-versa at a beginning level.  
   F. Display a level of cardiovascular fitness required to play the game of basketball at a beginning level.  
   G. Use critical thinking skills with regard to reading and reacting to teammates, as well as the opposition, at a beginning level.

6. **COURSE CONTENT:**  
   **Lab Content:**  
   At a beginning level:  
   - Footwork  
   - Ball Skills  
     - Dribbling  
     - Passing  
   - Shooting  
     - Off the Pass  
     - Off the Dribble  
   - Rebounding  
     - Positioning  
     - Offensive Rebounding  
   - Defense  
     - Guarding the Ball  
     - Help Defense  
     - Team Defense  
     - Full-Court Defense  
   - Team Play  
     - Half-Court Offense  
     - Half-Court Defense
Transition
- From Defense to Offense
- From Offense to Defense
- Basketball Conditioning
- Self-assessment by Students

7. REPRESENTATIVE METHODS OF INSTRUCTION:
   Typical methods of instruction may include:
   A. Lecture
   B. Observation and Demonstration
   C. Other (Specify): Other typical methods of instruction may include drills designed to improve cardiovascular fitness.

8. REPRESENTATIVE ASSIGNMENTS
   Representative assignments in this course may include, but are not limited to the following:
   **Writing Assignments:**
   - Students will be required to write a 1 to 3 page self-assessment of their knowledge of team basketball.
   - Final exam on rules, vocabulary and situations.

   **Reading Assignments:**
   - Students will be required to read 15-30 pages of hand-outs covering different concepts that will be covered in the class.

   **Other Outside Assignments:**
   - Students will perform numerous drills based on the skills covered.
   - Students will apply principles learned in class in game situations utilizing critical thinking skills.

9. REPRESENTATIVE METHODS OF EVALUATION
   Representative methods of evaluation may include:
   A. Class Participation
   B. Class Performance
   C. Exams/Tests
   D. Written examination
   E. Evaluation of student participation in active warm-up at a beginning level. Evaluation of student performance in individual drills at a beginning level. Evaluation of student performance in team drills at a beginning level. Evaluation of student performance in game situations at a beginning level. Evaluation of student performance on Physical Fitness Test at a beginning level. Evaluation of student’s critical thinking skills as they apply to understanding team concepts at a beginning level. Evaluation of written exam to include knowledge of skill fundamentals, team strategies and game rules / vocabulary.

10. REPRESENTATIVE TEXT(S):
    Possible textbooks include:
    Other:
    A. Instructor-provided applicable handouts.

    **Origination Date:** January 2013
    **Curriculum Committee Approval Date:** February 2013
    **Effective Term:** Fall 2013
    **Course Originator:** Andreas Wolf