

College of San Mateo
Official Course Outline

1. COURSE ID: SOSC 325 **TITLE:** Co-Occurring Disorders II: Management and Treatment

Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours; and 96.0-108.0 Homework hours

Method of Grading: Letter Grade Only

Prerequisite: SOSC 319

Recommended Preparation:

Eligibility for ENGL 838 or ENGL 848 or ESL 400.

Completion of or concurrent enrollment in any READ 400 level course.

2. COURSE DESIGNATION:

Degree Credit

Transfer credit: CSU

3. COURSE DESCRIPTIONS:

Catalog Description:

Introduces management and treatment of persons with co-existing psychiatric and substance abuse disorders within chemical dependency behavioral health modalities. Building on topics covered in SOSC 319, study focuses on common issues facing alcohol and drug counselors and other behavioral health counselors who manage cases of persons diagnosed as having a psychiatric disorder in addition to substance abuse disorder, includes pain management utilizing 12 step programs, conflicts with such programs, working with families, integration of treatment and treatment modalities.

4. STUDENT LEARNING OUTCOME(S) (SLO'S):

Upon successful completion of this course, a student will meet the following outcomes:

1. Identify the most commonly utilized treatment approaches for substance use and mental health disorders, using strength-based approaches and evidence based research.
2. Explain how to integrate treatment approaches for clients with co-existing disorders and demonstrate and employ strategies for resolving these issues and the importance of the need for integrated treatment.
3. Recognize the special needs of family members of clients with co-existing disorders.
4. Identify common issues facing clients with co-existing disorders, chronic physical pain, trauma, and other addictions.
5. Explain and survey community resources as referral for supportive recovery sources.
6. Understand the limits and scope of practice in participating in the treatment of clients with co-occurring disorders.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:

Upon successful completion of this course, a student will be able to:

1. Identify the most commonly utilized treatment approaches for substance use and mental health disorders, using strength-based approaches and evidence based research.
2. Explain how to integrate treatment approaches for clients with co-existing disorders and demonstrate and employ strategies for resolving these issues and the importance of the need for integrated treatment.
3. Recognize the special needs of family members of clients with co-existing disorders.
4. Identify common issues facing clients with co-existing disorders, chronic physical pain, trauma, and other addictions.
5. Explain and survey community resources as referral for supportive recovery sources.
6. Understand the limits and scope of practice in participating in the treatment of clients with co-occurring disorders.

6. COURSE CONTENT:

Lecture Content:

1. Evidence-based Research of various Mental Health Treatment strategies
2. Evidence-based Research of various Addiction Treatment approaches
3. Comprehensive assessment and diagnosis
4. Integrated Treatment Modalities
5. Scope of Practice
6. Case Management
7. Families and Special Populations

8. Understanding the classifications and role of Medication(s) in Treatment/Recovery
9. Understand the role of Narcotic Replacement Therapies
10. Communicating with Medical Professionals
11. Pain Management
12. Addressing Trauma, identity concerns, stigma
13. Using strength-based strategies
14. Family and Community support services
15. Counselor's Scope of Competence
16. HIPPA Laws and Professional Ethics

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Discussion
- B. Observation and Demonstration
- C. Other (Specify): Text readings and additional outside readings. A Case Study of a client with co-occurring disorders. Other written assignments.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

1. Textbook Chapters weekly quizzes
2. Analyze Client Clinical Cases using DSM V Manual
3. Written Trauma focused/Co-Occurring Disorder Topic Research paper
4. Mid-Term Examination
5. Final Examination

Reading Assignments:

1. Reading textbook chapters
2. Studying DSM V Manual CoOccurring Disorders Criteria
3. Research, Addiction, Mental Health and Trauma Professional Journals

Other Outside Assignments:

1. Collect Professional Journal Co-Occurring Disorders abstracts
2. Visit Mental Health Clinics
3. Visit Addiction Treatment Clinics

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Exams/Tests
- C. Quizzes
- D. Mid-term and other quizzes. Final Exam. Case Study and other written assignments. Class Participation.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. U.S. Department of Health and Human Services. *Assessment and Treatment of Patients with coexisting Mental Illness and Alcohol and Other Drug Abuse*, 42 ed. Rockville, MD: Treatment Improvement Protocol (TIP), 2002
- B. Daley, D.C; Moss, H.G. *Dual Disorders: Counseling Clients with Chemical Dependency and Mental Illness*, 3rd ed. Center City, MN: Hazelden, 2002
- C. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders*, 5th ed. Washington D.C.: TR (DSMIV TR), 2013
- D. Atkins, Charles, MD. *Co-occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders*, 1st ed. Eau Claire: PESI Publishing and Media, 2014

Other:

- A. Selected materials collected by the instructor.

Effective Term: Fall 2018
Course Originator: Angela Stocker