College of San Mateo
Permanent Course Approval Form

Date: 2/02/2011

A. GENERAL INFORMATION

Department: Alcohol and other Drug Studies Certificate Program  
Number: SOSC 325
Course Title: Co-Occurring Disorders II - Management and Treatment  
Units: 3
Total Semester Hours: Lecture: 48  Lab:  
Homework: 96  By Arrangement:
Length of Course:  
☐ Semester-long
☐ Short course (Number of weeks____)  
☐ Open entry/Open exit
Grading:  
☐ Letter
☐ Pass/No Pass  
☐ Grade Option (letter or Pass/No Pass)

Catalog and Schedule Descriptions: See attached Course Outline

B. COURSE GOALS

1. Check one:
   ☒ AA/AS Degree-Applicable course (Complete Section D)
   ☐ Non-Degree Applicable: Basic Skills
   ☐ Non-Degree Applicable: Not Basic Skills

2. Check as many as apply to this course:
   ☐ REQUIRED for Major (please specify): Memo should accompany course submission indicating degree update.
   ☒ SELECTIVE for Major (please specify): Alcohol and other Drug Studies Memo should accompany course submission indicating degree update.
   ☐ TRANSFERABLE course (Complete Section E)
   ☐ Occupational placement or upgrading
   ☒ License Preparation
   ☒ Skill

3. Course may be taken 1 times for a maximum of 3 units

Do you wish the course to be excluded from audit?  ☐ Yes  ☒ No
Justification:
C. JUSTIFICATION/RESOURCES

1. What evidence of need exists for the proposed course?

   For professionals in Behavioral Health to qualify upon completion of this course plus additional 12 units, to apply for the CADE Co-Occurring Disorder Certificate. In San Mateo County Mental Health and Substance Abuse have merged services. Professionals in both fields are anxious for this course to be offered due to the complexity of co-existing issues of clients entering clinics for treatment.

2. Identify special facilities and/or equipment needed to teach this course.

D. AA/AS DEGREE GENERAL EDUCATION REQUIREMENT

This course is to be reviewed by the Committee on Instruction to fulfill AA/AS GE requirement(s) indicated below:

Note: Courses recommended to fulfill an AA/AS GE requirement will be considered in Nov/March meetings.
The CSM General Education Handbook is available for download on the CSM CCI Website.

☐ Math/Quantitative Reasoning ☐ Health Science ☐ None
☐ English composition ☐ Physical Education
☐ American History and Institutions ☐ Natural Science
☐ California State and Local Government ☐ Social Science
☐ English, Literature, Speech ☐ Humanities
☐ Communication and Analytical Thinking ☐ Career Exploration and Self Development

E. TRANSFER INFORMATION (Complete ONLY for courses recommended for BA credit)

Guidelines for CSU/UC transfer and CSU breadth/IGETC inclusion are available on CSM CCI website.

1. This course is recommended for transfer to ☑ CSU

2. This course is recommended to fulfill CSU breadth requirement. ☐ CSU-Breadth
   (November submission deadline)

3. This course is recommended for transfer to ☐ UC

4. This course is recommended to fulfill IGETC area requirement. ☐ UC IGETC
   (November submission deadline; course must already be UC transferable)

IF #2, 3 or 4 are checked, signature required.

[Signature] [Date 2/7/11]

Articulation Officer
Faculty Load Credit: 3 FLC  
Calculations 48 lecture hours/16 lecture hours per FLC = 3 FLC

G. CONSULTATION

Is there a similar or equivalent course in another Division at College of San Mateo?

☐ Yes  ☑ No

If yes, provide course prefix, number and title?

If yes, has consultation taken place with appropriate faculty and division dean?  ☐ Yes  ☐ No
Please describe the consultation.

Is there a similar or equivalent course in SMCCCD?

☐ Yes  ☐ No

If yes, provide college(s), course prefix, number and title:

If yes, provide course prerequisites, corequisites, recommended prep and unit value:

Are the prerequisites, corequisites, recommended prep and unit value the same as proposed for this course? If not, please provide the rationale for differences.

If yes, has consultation taken place with appropriate college(s)?  ☐ Yes  ☐ No
Please describe the consultation.
H. APPROVALS

Prepared by: [Signature]

1. [Signature]
   Division Committee on Instruction Representative
   Date: 2/3/11

2. [Signature]
   Division Dean
   Date: 2/1/11

3. [Signature]
   Instruction Committee
   Date: 2/10/11

4. [Signature]
   Vice President, Instruction
   Date: 2/10/11
I: LIBRARY RESOURCES, SERVICES, AND COLLECTIONS APPROVAL

The faculty librarians’ review assures that adequate library resources, services and collections (print, nonprint, and/or digital databases) are in place to support each new and revised course.

Because collection evaluation and the identification of new materials demand care and time, it is essential that you follow the timelines for submitting new and updated courses described in the letter from the Vice President of Instruction, which is sent out at the beginning of the school year.

Please email or hand deliver your official CSM course outline (working draft) and this form to the Library Director’s office at least three weeks before submitting your entire new/updated course approval information to the Vice President of Instruction’s office. The Library Director or a faculty librarian will arrange to meet or talk with you at your earliest convenience.

Lorrita Ford (Library Director) ford@smccd.edu
Teresa Morris (Library faculty) morrist@smccd.edu
Michele Alaniz (Library faculty) alanizm@smccd.edu

You and a librarian will meet to discuss current library holdings and review current and forthcoming materials that may benefit you and your students. The Library may also demonstrate how you can better incorporate resources and services into your curriculum. You may also demonstrate to the Library how it can better support you and your students.

Please provide the following information about the Course Originator or contact person.

Name: Angela R. Stocker Phone: 574-6465

(If adjunct) alternate phone:

Email: stocker@smccd.edu

Course Department and Number: SOSC 325

Course Name: Co-Occurring II - Management and Treatment

Signatures

☐ The Library resources, services, and collections are adequate to support this course.

☐ The Library resources, services, and collections are currently inadequate to support this course. Additional needed items have been identified and will be made available if possible prior to the first offering of the course.

Librarian or Library Director

Date: 2/7/19

(Signature)
College of San Mateo
Course Outline

X New Course
☐ Update/No change
☐ Course Revision (Minor)
☐ Course Revision (Major)

Date: 10/28/10

Department: (SOSC) Alcohol and Other Drug Studies Certificate Program
Number: SOSC 325

Course Title: Co-Occurring Disorders II - Management and Treatment
Units: 3

Total Semester Hours  Lecture: 48  Lab:  Homework: 96  By Arrangement:

Grading

X Semester-long  X Letter
☐ Short course (Number of weeks ___)
☐ Pass/No Pass
☐ Open entry/Open exit
☐ Grade Option (letter or Pass/No Pass)

Faculty Load Credit (To be completed by Division Office; show calculations.):

48/16 = 3 FLC

1. Prerequisite (Attach Enrollment Limitation Validation Form.)
   SOSC 319

2. Corequisite (Attach Enrollment Limitation Validation Form.)

3. Recommended Preparation (Attach Enrollment Validation Form.)
   Eligibility for ENGL 848/838 and completion of or concurrent enrollment in READ 400, 405, or 415 with a grade of C or higher OR skill level as indicated by the reading placement tests or other measures.

4. Catalog Description: Minimum of 48 lecture hours per term. Prerequisite: SOSC 319.
   Recommended preparation: Eligibility for ENGL 848/838 and completion of or concurrent enrollment in READ 400, 405, or 415 with a grade of C or higher OR skill level as indicated by the reading placement tests or other measures. Introduces management and treatment of persons with co-existing psychiatric and substance abuse disorders within chemical dependency behavioral health modalities. Building on topics covered in SOSC 319, study focuses on common issues facing alcohol and drug counselors and other behavioral health counselors who manage cases of persons diagnosed as having a psychiatric disorder in addition to substance abuse disorder, includes pain management utilizing 12 step programs, conflicts with such programs, working with families, integration of treatment and treatment modalities. (AA/CSU)

5. Class Schedule Description Management and treatment of persons with psychiatric and substance abuse disorders within chemical dependency and behavioral health treatment modalities. Prerequisite: SOSC 319. Recommended preparation: Eligibility for ENGL 848/838 and completion of or concurrent enrollment in READ 400, 405, or 415 with a grade of C or higher OR skill level as indicated by the reading placement tests or other measures. (AA/CSU)
Identify the most commonly utilized treatment approaches for substance use and mental health disorders, using strength-based approaches and evidence based research.

Explain how to integrate treatment approaches for clients with co-existing disorders and demonstrate and employ strategies for resolving these issues and the importance of the need for integrated treatment.

Recognize the special needs of family members of clients with co-existing disorders.

Identify common issues facing clients with co-existing disorders, chronic physical pain, trauma, and other addictions.

Explain and survey community resources as referral for supportive recovery sources.

Understand the limits and scope of practice in participating in the treatment of clients with co-occurring disorders.

7. Course Objectives.
   Same as Student Learning Outcomes

8. Course Content (Brief but complete topical outline of the course that includes major subject areas [1-2 pages]. Should reflect all course objectives listed above. In addition, a sample course syllabus with timeline may be attached.)

9. Representative Instructional Methods
   Lectures, class discussions and demonstrations are the primary methods of instructions. Ideas, simulations and in-class activities to illustrate and reinforce principles presented.
   Text readings and additional outside readings.
   A Case Study of a client with co-occurring disorders.
   Other written assignments.

10. Representative Methods of Evaluation
    Mid-term and other quizzes.
    Final Exam.
    Case Study and other written assignments.
    Class Participation.

11. Representative Text Materials
    4. Selected materials collected by the instructor.

Prepared by: 

[Signature]

Email address: 

stockner@smccd.edu

Submission Date:

2/1/11

3/24/08
SOSC 325  Co-Occurring II - Management and Treatment

COURSE CONTENT:

Evidence-based Research of various Mental Health Treatment strategies

Evidence-based Research of various Addiction Treatment approaches

Comprehensive assessment and diagnosis

Integrated Treatment Modalities

Scope of Practice

Case Management

Families and Special Populations

Understanding the classifications and role of Medication(s) in Treatment/Recovery

Understand the role of Narcotic Replacement Therapies

Communicating with Medical Professionals

Pain Management

Addressing Trauma, identity concerns, stigma

Using strength-based strategies

Family and Community support services

Counselor’s Scope of Competence

HIPPA Laws and Professional Ethics
Enrollment Limitation Validation Form
Type of Validation: Content Review

COLLEGE OF SAN MATEO

Dept. & No. SOSC 325

Course Title: Co-Occurring Disorders II – Management and Treatment

Enrollment Limitation(s): Pre-Requisite SOSC 319
(If more than one type of enrollment limitation, attach required validation forms for each type.)

1. What is the educational rationale for the recommended or prerequisite course, skill, or information? Co-Occurring I – Recognition and Referral is a pre-requisite as the necessary educational foundation for recognition of Substance Use and Mental Health Disorders and appropriate referral sources to address clients in Behavioral Health clinics.

2. Why is knowledge of the recommended or prerequisite course, skill, or information necessary for students to succeed in the "target" course? Specify the relationship between the prerequisite knowledge and skills required of students and those taught in the "target" course. (Please list the specific proficiencies students must possess in order to succeed in the "target" course.) Assess and identify a person's psychiatric and substance use disorders by being familiar with the major classifications and assessment instruments. Recognize the epidemiology of clients with a dual diagnosis. Understand how substance use can mask or mimic psychiatric conditions. Develop competency regarding appropriate referrals of clients for psychiatric and substance abuse care and treatment.

In compliance with Section 58106 of Subchapter 2 of Chapter 9 of Division VI of Title 5, the above information is certified:

Angela R. Stocker (Faculty)
Date: 2/1/11

(Division Dean)
Date: 2/1/11

(Articulation Officer)
Date: 2/7/11

(Vice President, Instruction)
Date: 2/10/11

2/1/11