

College of San Mateo
Official Course Outline

1. **COURSE ID:** SOSC 319 **TITLE:** Co-Occurring Disorders I: Recognition and Referral
Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours; and 96.0-108.0 Homework hours
Method of Grading: Letter Grade Only
Recommended Preparation:
 Eligibility for ENGL 838 or ENGL 848 or ESL 400.

2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: CSU

3. **COURSE DESCRIPTIONS:**
Catalog Description:

This course explores historical and current theories of dealing with clients who have both a substance abuse and co-existing psychiatric disorder. Topics include concepts, definitions, epidemiology, historical divisions in the fields of substance abuse and psychiatry, funding, clinical implications, recognition, and appropriate assessment and referral of clients.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Define the major classifications of psychiatric disorders and how to use the DSM V to develop a multi-axial diagnosis.
2. Explain how alcohol/drug use can mask or mimic psychiatric conditions
3. Conduct an assessment with a person who has both psychiatric and substance use disorders and demonstrate competency regarding appropriate referrals of clients for psychiatric care.
4. Demonstrate an understanding for the distinction between primary and secondary psychiatric disorders and develop an integrated plan of dual recovery.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Define the major classifications of psychiatric disorders and how to use the DSM V to develop a multi-axial diagnosis.
2. Recognize the epidemiology of clients with dual diagnosis.
3. Explain how alcohol/drug use can mask or mimic psychiatric conditions.
4. Conduct an assessment with a person who has both psychiatric and substance use disorders and demonstrate competency regarding appropriate referrals of clients for psychiatric care.
5. Demonstrate an understanding for the distinction between primary and secondary psychiatric disorders and develop an integrated plan of dual recovery.
6. Describe the relationship between trauma, substance use disorders and psychiatric disorders.

6. **COURSE CONTENT:**

Lecture Content:

1. Epidemiology of Dual Diagnostic Populations
2. Historical Divisions in the Field
3. Neurobiology and Basic Pharmacology
4. Principles of Pharmacokinetics
5. Integrated Models of Dual Recovery
6. Assessing Psychiatric Disorders
7. Psychotic and Cognitive Disorders
8. Affective and Anxiety Disorders
9. Personality Disorders
10. Medications
11. Planning the Appropriate Levels of Care
12. The Role of the Alcohol and Other Drug Counselor in Dual Diagnosis Treatment
13. Making appropriate Referrals
14. The Importance of Multi-Axial Diagnosis

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Activity
- C. Discussion
- D. Observation and Demonstration
- E. Other (Specify): Lecture, class discussions and demonstrations are the primary methods of instruction. Videos, simulations, in-class activities and out of class assignments illustrate and reinforce presented principles.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

1. Textbook chapter weekly quizzes
2. Analyze Client Clinical Cases using DSM V Manual
3. Written Special Co-Occurring Disorder topic Research paper
4. Mid-term Examination
5. Final Examination

Reading Assignments:

1. Reading Textbook chapters
2. Studying DSM V Manual Co-Occurring Disorders criteria
3. Research Addiction and Mental Health Professional Journals

Other Outside Assignments:

1. Collect Professional Journal Research abstracts
2. Visit Mental Health Clinics
3. Visit Addiction Treatment Clinics

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Exams/Tests
- C. Quizzes
- D. 1. Mid-term and other quizzes 2. Case Study 3. Final exam 4. Class participation

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. U.S. Department of Health and Human Services. *Assessment and Treatment of Patients with Coexisting Mental Illness and Alcohol and Other Drug Use*, 42 ed. Rockville, MD: Treatment Improvement Protocol (TIP), 2005
- B. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders*, 5th ed. New York: American Psychiatric Press, 2013
- C. Preston, O'Neal and Talaga. *Handbook of Clinical Psychopharmacology for Therapists*, 8th ed. New Harbinger Publications, Inc., 2017

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Course Originator: Angela Stocker