

College of San Mateo
Official Course Outline

1. COURSE ID: SOSC 316 **TITLE:** Field Studies and Seminar II

Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours

Method of Grading: Letter Grade Only

Prerequisite: SOSC 301, SOSC 302 and SOSC 304

Recommended Preparation:

Eligibility for ENGL 838, ENGL 848, or ESL 400. Completion of or concurrent enrollment in any READ 400 level course.

2. COURSE DESIGNATION:

Degree Credit

Transfer credit: CSU

3. COURSE DESCRIPTIONS:

Catalog Description:

Supervised practicum/internship. Part of a two-semester sequence placing students in substance use disorder agencies/organizations. Participants must already be knowledgeable about substance use disorders and mental health disorders. Course focuses on county, state and federal regulations; clinical relations; professional addiction counseling evidence based practices; co-occurring disorder clinical syndromes and differential diagnosis; supervisor/counselor/client evaluation outcomes.

4. STUDENT LEARNING OUTCOME(S) (SLO'S):

Upon successful completion of this course, a student will meet the following outcomes:

1. Utilize a range of supervisory options to discuss and learn professional boundaries and limitations, process personal feelings regarding clients and to discuss agency program procedures and expectations;
2. Develop Addiction treatment strategies and evidence based modalities to the client's stage of abuse, dependence and recovery, to continue to modify the treatment goals and continuing care plan;
3. Describe the Pre-Treatment strategies to engage the client, to diagnose and apply clinical therapeutic theories to treat the client, and create a continuing care plan as a Post-Treatment strategy.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:

Upon successful completion of this course, a student will be able to:

1. Utilize a range of supervisory options to discuss and learn professional boundaries and limitations, process personal feelings regarding clients and to discuss agency program procedures and expectations;
2. Review evidence based research, data, best practices, promising practices strategies and innovations in Substance Use Disorders Treatment, Co-Occurring Disorders with special populations groups and cultural diversity;
3. Discuss multidimensional assessment instruments which cover historical and current social, legal, educational and environmental constraints;
4. Develop Addiction treatment strategies and evidence based modalities to the client's stage of abuse, dependence and recovery, to continue to modify the treatment goals and continuing care plan;
5. Discuss the Addiction Counselor Professional Code of Ethics, such as Confidentiality, Mandated Reporting, Scope of Practice, Scope of Competence, Counseling Duty, Standard Care;
6. Describe the Pre-Treatment strategies to engage the client, to diagnose and apply clinical therapeutic theories to treat the client, and create a continuing care plan as a Post-Treatment strategy.

6. COURSE CONTENT:

Lecture Content:

1. Agency Internships
 - A. Internship Student Manual Discussion
 - B. Research Projects
2. Laws and Ethics (Agency Counselor, Client)
 - A. Professional and Ethical Responsibilities
 - B. Internship Agreements
3. Workplace Competencies
 - A. Weekly Reports
 - B. Motivational Interviewing

4. TAP 21 Addiction Counselor Competencies
 - A. Knowledge, Skills Attitude
 - B. Motivational Interviewing
5. Counselor/Supervisor Relationship
 - A. Motivational Change Model
 - B. Harm Reduction Model
 - C. "Choice"
6. Clinical Evaluation:
 - A. Client Screening
 - B. Client Assessment Instruments
 - C. Addiction Severity Index
 - D. Case Analysis
7. Treatment Planning: Interpreting relevant information
 - A. Identifying Relevant Treatment Issues
 - B. Confirm Client readiness and prioritize issues
 - C. Develop a plan of action and evaluation process
 - D. Cover Client confidentiality and regulations
8. Co-Occurring Disorders Diagnosis
 - A. Psychiatric Diagnosis, Psychological Impairment
 - B. Relevant Diagnostic Issues
 - C. Decision Making Tree
 - D. Personality Disorders
 - E. Adolescent Psychiatric/Psychological concerns
9. Laws and Ethics
 - A. Criminal Justice Clients
 - B. Out-Patient Clients
 - C. Contagious Diseases
10. Referrals
 - A. Support Systems
 - B. Service Coordination (Case Management, Client Advocacy)
 - C. Implementing the Treatment Plan
 - D. Consulting
 - E. Continuing Assessment and Treatment Planning
11. Counseling
 - A. Individual Counseling
 - B. Group Counseling
 - C. Counseling Families, Couples and Significant Others
 - D. Theories of Change
12. Client, Family, and Community Education
 - A. Documentation
 - B. Relapse Assessment/Prevention/Education
 - C. Harm Reduction Model
 - D. Medication Assisted Treatment
13. Transdisciplinary Theories
 - A. Workplace Quality Improvement
 - B. Mandatory Reporting Update
14. Professional Competency
 - A. Understanding Addiction
 - B. Treatment Knowledge
 - C. Application to Practice
 - D. Professional Readiness
15. Professional Goals, Opportunities, Networking
 - A. Professional Credentialing Organizations
 - B. Continuing Education
16. Self-Evaluations
 - A. Workplace Competencies
 - B. Final Evaluation Guidelines
 - C. Professional Exam Review
17. Final Evaluation (Individual Appointments)

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Critique
- C. Discussion
- D. Field Experience
- E. Guest Speakers
- F. Individualized Instruction
- G. Work Experience
- H. Other (Specify): Lecture/discussion. Guest lectures by professional in the field. Group discussions in class. Individual and small-group assignments. Written reports on selected topics. Site visitation and oral report from treatment program(s).

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Weekly reports discussing Internship activities, problems, learning processes, awareness of inappropriate comments, interventions, supervision concerns, and client interactions.
Completion of the Internship Manual & VIA Strengths Inventory.
Completion of 2 Client Case Studies & 1 Case Presentation using the standard professional format.
Final Self-Evaluation discussing the Internship experience assessing all 8 Counselor Domains, strengths and areas to improve, & overall course evaluation.

Reading Assignments:

Reading the Required Law and Ethics Manual, DSM V diagnostic manual, and assigned TIP & TAP Series Manuals.
Research articles in Addiction and Co-Occurring Professional Research Journals.

Other Outside Assignments:

Addiction Treatment Clinic Internship of 150 supervised hours per semester.

To be Arranged Assignments:

Final Individual Internship Evaluation appointment with the Instructor the last class of the semester.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Work
- C. Exams/Tests
- D. Field Trips
- E. Final Performance
- F. Homework
- G. Papers
- H. Projects
- I. Quizzes
- J. Research Projects
- K. Written examination
- L. Participation in class discussions. 2. Objective quizzes & examinations on course material. 3. Written examinations in class. 4. Research for and writing of term paper/report 5. Supervisor Evaluations 6. Internship Manual

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Gorski, T. . *The Gorski-Cenaps Model for Recovery and Relapse Prevention*, ed. Independence, Mo: Independence Press, 2007
- B. Miller, W. R. & Rollnick, S. . *Motivational Interviewing, Helping People Change*, 2012 ed. New York: Guilford Press, 2012
- C. Marlatt, G. A. Et Donovan, D. M. (Eds.). *Relapse Prevention Second Edition: Maintenance Strategies in the Treatment of Addictive Behaviors*, ed. New York: Guilford Press, 2007
- D. Grosso, Federico. *Advanced Applications of Law and Ethics for California Drug and Alcohol Counselors*, 2011 ed. Palm Coast Fla.: Grosso, Federico, 2011

Possible manuals include:

A. Stocker, Angela R.. Student Internship Manual Field Studies and Seminar I & II, College of San Mateo
Bookstore, 08-16-1991

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Course Originator: Angela Stocker