

**College of San Mateo**  
**Official Course Outline**

**1. COURSE ID:** SOSC 315    **TITLE:** Field Studies and Seminar I

**Units:** 3.0 units    **Hours/Semester:** 48.0-54.0 Lecture hours

**Method of Grading:** Letter Grade Only

**Prerequisite:** SOSC 301, SOSC 302 and SOSC 304

**Recommended Preparation:**

Eligibility for ENGL 838, ENGL 848, or ESL 400. Completion of or concurrent enrollment in any READ 400 level course.

**2. COURSE DESIGNATION:**

**Degree Credit**

**Transfer credit:** CSU

**3. COURSE DESCRIPTIONS:**

**Catalog Description:**

Supervised practicum/internship. Part of a two-semester sequence placing students in Substance Use Disorders' agencies or organizations. Participants must already be knowledgeable about substance use disorders and mental health disorders. Course focuses on law and ethics; clinical policies and structure; client case addiction assessment, diagnosis and treatment; counselor practice domains.

**4. STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Utilize a range of supervisory options to discuss and learn professional boundaries and limitations, process personal feelings regarding clients and to discuss agency program procedures and expectations;
2. Develop Addiction treatment strategies with evidence based moralities to the client's stage of use, abuse, dependence and recovery, to continue to modify the treatment goals and the continuing care plan;
3. Describe the Pre-Treatment strategies to engage the client, to diagnose and apply clinical therapeutic theories to treat the client, and create a continuing care plan as a Post-Treatment strategy.

**5. SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Utilize a range of supervisory options to discuss and learn professional boundaries and limitations, process personal feelings regarding clients and to discuss agency program procedures and expectations;
2. Review evidence based research, data, best practices, promising practices strategies and innovations in Substance Use Disorders' Treatment and Co-Occurring Disorders with special population groups and cultural diversity;
3. Discuss multidimensional assessment instruments which cover historical and current substance use, physical health, mental health, family status, treatment history, current social, legal, educational and environmental constraints;
4. Develop Addiction Treatment strategies and evidence based modalities to the client's stage of use, abuse, dependence and recovery, to continue to modify the treatment goals and continuing care plan;
5. Discuss the Addiction Counselor Professional Code Of Ethics, such as Confidentiality, Mandated Reporting, Scope of Practice, Scope of Competence, Counselor Duty, Standard of Care, Patient's Rights, Codes, and Professional Ethical Standards;
6. Describe the Pre-Treatment strategies to engage the client, to diagnose and apply clinical therapeutic theories to treat the client, and create a continuing care plan as a Post-Treatment strategy.

**6. COURSE CONTENT:**

**Lecture Content:**

1. Introductions, Agency Placements, Agency Agreements
  - A. Internship Manual Instructions
  - B. Tap 21 Introduction -8 Counselor Domains
  - C. Professional Ethics
  - D. Clinic Organizational Chart
  - E. VIA Strengths Inventory
2. Professional and Ethical Responsibilities
  - A. Internship Site Relations

- B. Internship Agreements/Code of Ethics
- C. 3 Co-Occurring Disorders' Research Articles
- 3. Supervisee Ethics
  - A. Motivational Interviewing Review
  - B. Agency Regulations Weekly Reports
  - C. Weekly Reports
- 4. Supervisor/Supervisee relationships
  - A. Informed Consent
  - B. Confidentiality
  - C. Boundaries and Ethics
- 5. Agency Procedures, Rules and Regulations Privilege
  - A. Legal Concepts in Addiction Practice
- 6. Federal Regulations/State Regulations
- 7. Regulations: Incarcerated Populations
  - A. Regulations: In-Patient/Out-Patient
- 8. Reporting Laws/Procedures
- 9. The Counseling Relationship
  - A. Dual Relationships
- 10. DSM V Case Diagnosis Case Presentations
- 11. Assessment/Diagnosis/Treatment Records
- 12. Intervention/Treatment/Relapse prevention
- 13. Dual/Multiple Diagnosis (Co-Occurring Disorders)
  - A. Cultural/Specific Population Issues
  - B. Malpractice & Unprofessional Conduct
- 14. DSM V Co-Occurring Disorders
  - A. Medication Assisted Treatment
- 15. Professional Responsibilities
  - Final Evaluation Guidelines
- 16. Final Evaluation (Individual Appointments)

#### 7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Discussion
- C. Field Experience
- D. Guest Speakers
- E. Observation and Demonstration
- F. Work Experience
- G. Other (Specify): Lecture/discussion. Guest lectures by professional in the field. Group discussions in class. Individual and small-group assignments. Written reports on selected topics. Site visitation and oral report on treatment programs(s).

#### 8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

##### **Writing Assignments:**

Weekly Reports discussing Internship activities, problems, learning processes, awareness of inappropriate comments, interventions, etc., supervision interactions, client interactions.

Completing the Internship Manual, VIA Strengths Inventory, 2 Case Studies and 1 Case Presentation.

Final Self Evaluation discussing the Internship experience and assessing all 8 Counselor Domains.

##### **Reading Assignments:**

Reading the required Law and Ethics Manual, DSM V Reference, and assigned Tip and Tap Series Volumes.

##### **Other Outside Assignments:**

Addiction Treatment Clinic Internship of 150 supervised hours per semester.

##### **To be Arranged Assignments:**

Final Internship Evaluation appointment with the Instructor the last class of the semester.

#### 9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Class Work
- D. Exams/Tests
- E. Final Performance
- F. Homework
- G. Papers
- H. Quizzes
- I. Research Projects
- J. Written examination
- K. 1. Participation in class discussions. 2. Objective quizzes & examinations on course material. 3. Written quizzes & examinations in class. 4. Research for and writing of term paper/report. 5. Supervisor Evaluations. 6. Internship Manual completion

10. **REPRESENTATIVE TEXT(S):**

Possible textbooks include:

- A. Gorski, Terrence T.. *Starting Recovery with Relapse Prevention*, 2012 ed. Independence, Mo: Independence Press, 2012
- B. Miller, W. R. & Rollnick, S. . *Motivational Interviewing: Helping People Change*, 2012 ed. New York: Guilford Press, 2012
- C. Grosso, Federico. *Advanced Applications of Law and Ethics for California Drug and Alcohol Counselors*, 8th ed. Palm Coast Fla.: Grosso, Federico, 2011

Possible manuals include:

- A. Stocker, Angela R.. Student Internship Manual Field Studies and Seminar I & II, College of San Mateo Bookstore, 08-15-1991

**Origination Date:** October 2015  
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**Course Originator:** Angela Stocker