1. **COURSE ID:** SOSC 308  
**TITLE:** Group AOD (Alcohol and Other Drug) Counseling Process  
**Semester Units/Hours:** 3.0 units; a minimum of 48.0 lecture hours/semester  
**Method of Grading:** Letter Grade Only  
**Prerequisite:** SOSC 301, and SOSC 302 and SOSC 304

2. **COURSE DESIGNATION:**  
Degree Credit  
Transfer credit: CSU

3. **COURSE DESCRIPTIONS:**  
**Catalog Description:**  
Explores individual AOD (alcohol and other drug) counseling techniques, intervention skills, and relapse prevention strategies. Theories of group counseling process and group interactions will be practiced.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**  
Upon successful completion of this course, a student will meet the following outcomes:  
1. Describe, select, and appropriately use strategies from accepted and culturally appropriate models for group counseling with clients with substance abuse disorders.  
2. Describe actions necessary to form a group, including but not limited to determining group type, purpose, size, and leadership; recruiting and selecting members; establishing group goals and clarifying behavioral ground rules for participating.  
3. Identify the stages of group development utilizing counseling strategies appropriate to each stage; identify group's outcomes; determine criteria and methods for termination and completion.  
4. Define the concepts of process and content, and be able to shift the focus of the group as appropriate to support, problem solving, decision making, or conflict resolution.  
5. Identify inappropriate behaviors in a manner which protects group members while empowering the group process.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**  
Upon successful completion of this course, a student will be able to:  
1. Describe, select, and appropriately use strategies from accepted and culturally appropriate models for group counseling with clients with substance abuse disorders.  
2. Describe actions necessary to form a group, including but not limited to determining group type, purpose, size, and leadership; recruiting and selecting members; establishing group goals and clarifying behavioral ground rules for participating.  
3. Identify the stages of group development utilizing counseling strategies appropriate to each stage; identify group's outcomes; determine criteria and methods for termination and completion.  
4. Define the concepts of process and content, and be able to shift the focus of the group as appropriate to support, problem solving, decision making, or conflict resolution.  
5. Identify inappropriate behaviors in a manner which protects group members while empowering the group process.

6. **REPRESENTATIVE METHODS OF INSTRUCTION:**  
Typical methods of instruction may include:  
A. Lecture  
B. Discussion  
C. Observation and Demonstration

7. **REPRESENTATIVE ASSIGNMENTS**  
Representative assignments in this course may include, but are not limited to the following:  
**Writing Assignments:**  
Students complete a research paper and group report.  
**Reading Assignments:**  
Weekly readings from the assigned texts.

8. **REPRESENTATIVE METHODS OF EVALUATION**
Representative methods of evaluation may include:
A. Class Participation
B. Exams/Tests
C. Group Projects
D. Oral Presentation
E. Papers
F. Research Projects
G. Written examination

9. REPRESENTATIVE TEXT(S):
Possible textbooks include:

Origination Date: August 2010
Curriculum Committee Approval Date: March 2014
Effective Term: Fall 2014
Course Originator: Kevin Henson