

College of San Mateo
Official Course Outline

1. COURSE ID: PSYC 300 **TITLE:** Social Psychology **C-ID:** PSY 170

Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours; and 96.0-108.0 Homework hours

Method of Grading: Letter Grade Only

Recommended Preparation:

PSYC 100, eligibility for ENGL 838 or ENGL 848 or ESL 400, and completion of or concurrent enrollment in any READ 400 level course.

2. COURSE DESIGNATION:

Degree Credit

Transfer credit: CSU; UC

AA/AS Degree Requirements:

CSM - GENERAL EDUCATION REQUIREMENTS: E5b. Social Science

CSU GE:

CSU GE Area D: SOCIAL SCIENCES: DSI - Social Institutions

CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E1

IGETC:

IGETC Area 4: SOCIAL AND BEHAVIORAL SCIENCES: Social and Behavioral Sciences

3. COURSE DESCRIPTIONS:

Catalog Description:

Study of human behavior in relation to the social environment. The power of the situation, other individuals, and the social group will be examined. Emphasized topics include: social influences on conformity, processes of attitude change, person perception and attribution, attraction, stereotyping, and prejudice.

4. STUDENT LEARNING OUTCOME(S) (SLO'S):

Upon successful completion of this course, a student will meet the following outcomes:

1. Demonstrate understanding of a scientific approach to understanding human behavior in a psycho-social context; identifying core content of Social Psychology theories, research, and applications.
2. Identify and apply the theories, research, and applications of social psychology to self and others, identifying biological and cultural influences on social behavior.
3. Demonstrate understanding of the major scientific studies which form the basis for current theories of social psychology.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:

Upon successful completion of this course, a student will be able to:

1. Identify an understanding of human behavior in a psycho-social context; analyzing theories, research, and applications.
2. Explain psychological perspectives and applications related to personal growth and to social groups.
3. Apply the course concepts, definitions, examples, and facts to student Flexible & Acting Self and to Groups and Others.
4. Complete Self-Analysis assessment worksheets and use them to analyze student's own personality.
5. Complete MSG-My Social Group analysis worksheets and use them to analyze student's important social group(s).
6. Develop and implement a systematic Self and MSG enhancement action plan.
7. Complete an analysis on an in-class group, and make a team presentation on the structure and dynamics of the group.

6. COURSE CONTENT:

Lecture Content:

1. SECTION I: STUDY OF SOCIAL PSYCHOLOGY

A. Mission and Method

B. Nature: Society • Culture

2. SECTION II: SELF

A. FLEXIBLE SELF-Understand Self from Inside • Outside • Others

B. ACTING SELF-Controlling Your Behavior (Monitor & Manage)

3. SECTION III. OTHERS-One-on-one & Groups
 - A. Social Groups • Societies • Cultures
 - B. Influence· Persuasion
4. SECTION IV. PROCESSES-INFLUENCING RELATIONSHIPS
 - A. Social Cognition 10. Attraction
 - B. Emotions & EQ 11. Close Relationships
 - C. Attitudes· Beliefs 12. Exclusion· Prejudice
5. SECTION V. SOCIAL BEHAVIOR
 - A. Prosocial Behavior
 - B. Antisocial Behavior

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Activity
- C. Discussion
- D. Guest Speakers
- E. Other (Specify): • Lectures, discussions, individual, and small group activities. • Personal Workbooks. • Application Questions. • Exercises applying the course concepts to student situations. • Psychological Scales & Surveys applied to the student and analysis of the results. • Case Study Analysis and Presentations on the cases. • Articles Discussion, analysis, and personal applications. • Self-Analysis Worksheets using concepts from the course. • Social Group Analysis Worksheets using concepts from the course. • Objective Quizzes • Essay Questions Exams • Individual Class Presentations • Team Class Presentations

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Class presentation on observational report.

Complete an analysis on an in-class group, and make a team presentation on the structure and dynamics of the group; demonstrating an understanding of basic concepts and theories across the areas of social psychology.

Submit surveys and self-analysis report.

Identify and apply models of intervention into social behavior designed to address social problems such as racial, gender ethnic, special needs, and cultural differences; developing and implementing a systematic Self and MSG enhancement action plan.

Demonstrate and understanding of principles from social psychological research regarding the application to real world issues and problems; completing MSG-My Social Group analysis worksheets and using them to analyze student's important social group(s).

Reading Assignments:

Read scholarly reports.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Exams/Tests
- C. 1. Cumulative objective, multiple-choice exams to test on the cumulative content of the textbook, lectures, and discussions. 2. Essay tests to apply the theories, research, assessments, and applications of course content to themselves. 3. Application exercises, and individual, small group, and large group activities, which apply course content to self and others. 4. Self-Analysis Worksheets, and 14 self-analyses using worksheets to analyze their own "Flexible & Acting Self" using course concepts. 5. Group Analysis Worksheet, and 14 group analyses using worksheets to analyze others using course concepts. 6. A comprehensive summary and action plan, and a comprehensive Paper, which outlines student's personal plan for self and MSG (My Social Group). 7. A team presentation on the structure and dynamics of their in-class group behavior.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Gilovich, T., Keltner, D., Chen, S. & Nisbett, R.. *Social Psychology*, 4th ed. W.W. Norton & Company, 2015
- B. Heinzen, T. & Goodfriend, W.. *Social Psychology*, 1st ed. SAGE Publications, 2018
- C. Baumeister, R.F. / Bushman, B.J.. *Social Psychology and Human Nature*, 3rd ed. Belmont: Thomson Wadsworth, 2014
- D. Aronson, E., Wilson, T., Akert, R. & Sommers, S.. *Social Psychology*, 9th ed. Pearson, 2015
- E. Kassin, S., Fein, S. & Markus, H.. *Social Psychology*, 10th ed. Cengage, 2016

Other:

- A. Materials: Workbook

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Course Originator: Michelle Mullane