

**College of San Mateo
Official Course Outline**

1. **COURSE ID:** PSYC 110 **TITLE:** Courtship, Marriage and the Family **C-ID:** SOCI 130
Units: 3.0 units **Hours/Semester:** 48.0-54.0 Lecture hours; and 96.0-108.0 Homework hours
Method of Grading: Grade Option (Letter Grade or Pass/No Pass)

Recommended Preparation:

Eligibility for ENGL 838 or ENGL 848 or ESL 400.
Completion of or concurrent enrollment in any READ 400 level course.

2. **COURSE DESIGNATION:**

Degree Credit

Transfer credit: CSU; UC

AA/AS Degree Requirements:

CSM - GENERAL EDUCATION REQUIREMENTS: E5b. Social Science

CSU GE:

CSU GE Area D: SOCIAL SCIENCES: DSI - Social Institutions

CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E1

IGETC:

IGETC Area 4: SOCIAL AND BEHAVIORAL SCIENCES: Social and Behavioral Sciences

3. **COURSE DESCRIPTIONS:**

Catalog Description:

A psychological and sociological analysis of family, examining historical and current changes. The present nature, socio-cultural, and economic forces shaping these changes examine aspects such as gender, sex, love, and conflict in dating, marital and familial interaction. Current theories, applications, assessments, and relevant research is explored; applying insights to personal and family relationships. Special emphasis is placed upon solving personal problems relating to communication, relationships, and sexuality. May not be taken for credit following SOCI 110.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Identify major Marriage & Family sociological and psychological theories, research, assessments, and applications to the social institution of the family; examining the basic dimensions of social inequality and social class.
2. Identify the family from a cross-cultural, political, and historical perspective; applying the theories, research, assessments, and applications to student personal concerns, relationships, and family dynamics.
3. Demonstrate an understating of the intersections among gender, ethnicity, class, race, status, and sexuality within the family; applying the course concepts, definitions, examples, facts, and information from articles in the news to student's personal and family relationships.
4. Examine age, gender, and socialization within the family; completing interactive self-assessments on marriage and family issues and using them to recognize and analyze student's own personal, family issues, and potential problems.
5. Identify and demonstrate an understanding of the various kinship and family arrangements; completing a systematic analysis, problem solving, and action planning process on student's own relationships and family issues and potential problems.
6. Develop, implement, and track results on personal relationship, marriage, and family plans.
7. Plan and execute a team presentation dramatizing key course insights on effective communication, relationships, and sexuality.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Identify and analyze the major theoretical perspectives cross-culturally, historically, and politically, as applied to the study of marriage and family life.
2. Apply the course concepts, definitions, examples, facts, and information from articles in the news to student personal and family relationships; examining issues such as gender, age, ethnicity, and sexuality.
3. Complete interactive self-assessments on marriage and family, and use them to recognize and analyze student's own personal and family issues and potential problems.
4. Complete a systematic analysis, problem solving, and action planning process on student's own

relationships and family issues and problems.

5. Develop, implement, and track results on personal relationship, marriage, and family plans.
6. Plan and execute a team presentation dramatizing key course insights on effective communication, relationships, and sexuality.
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6. COURSE CONTENT:

Lecture Content:

1. MEANINGS OF MARRIAGE AND FAMILY
 - A. Purpose-Meaning of Marriage and the Family
 - B. Theory-Studying Marriages and Family
 - C. Differences-Variations (Historical & Contemporary) in American Family Life
2. INTIMATE RELATIONSHIPS
 - A. Gender Roles-Gender and Family
 - B. Companionship-Friendship, Love, and Intimacy
 - C. Sex-Understanding Sex and Sexualities
 - D. Relations-Communication, Power, and Conflict
3. FAMILY LIFE
 - A. Single-Singlehood, Pairing, and Cohabitation
 - B. Marriage-Societal and individual Perspective
 - C. Children-Choosing Whether and How to Have Children
 - D. Parenthood-Roles and Relationships of Parents and Children
4. FAMILY CHALLENGES AND STRENGTHS
 - A. Finances-Marriage, Work, and Economics
 - B. Abuse-Intimate Violence and Sexual Abuse
 - C. Separation-Coming Apart: Separation and Divorce
 - D. Starting Over-New Beginnings (Single-Parent Families, Remarriages, Blended Families)
5. IMPORTANT INFORMATION ON MARRIAGE & FAMILY
 - A. Sexual Structure and the Sexual Response Cycle
 - B. Pregnancy, Conception, and Fetal Development
 - C. The Budget Process

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Discussion
- B. Other (Specify): • Lectures, discussions, individual, and small group activities. • Personal Journals. • Application Questions. • Exercises applying the course concepts to student situations. • Psychological Scales & Surveys applied to the student and analysis of the results. • Case Study Analysis and Presentations on the cases. • Articles Discussion, analysis, and personal applications. • Self-Analysis Worksheets using concepts from the course. • Objective Quizzes • Essay Questions Exams • Individual Class Presentations • Team Class Presentations

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Submit a personal portfolio of action plans on issues and problems that damage relationships.

Reading Assignments:

Read scholarly articles.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. 1. Cumulative objective, true-false exams to test on the cumulative content of the textbook, lectures, and discussions. 2. Essay tests to apply the theories, research, assessments, and applications of course concepts to student's own situations. 3. Individual work, small group discussions, and large group discussions, which apply course content to self and others. 4. Marriage and Family self-assessment surveys/scales, using the assessments to analyze student's own situation and develop action plans for improvement. 5. Problem Solving Analysis and Action Planning Processes. 6. Reports on student's implementation of their plans and the results achieved in improving personal relationships. 7. Planning discussions and one (1) final team dramatic presentation on key course concepts.

10. **REPRESENTATIVE TEXT(S):**

Possible textbooks include:

- A. Strong, B. & Cohen, F.. *The marriage and family experience: Intimate relationships in a changing society*, 13th ed. Belmont: Cengage, 2016
- B. Lamanna, M., Riedmann, A. & Stewart, S.. *Marriages, families, and relationships: Making choices in a diverse society*, 13th ed. Cengage, 2017
- C. Benokraitis, N.. *Marriages and families*, 8th ed. Pearson, 2014

Other:

- A. Personal Journal-Courtship, Marriage, & Family Workbook. (2014)

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Course Originator: Michelle Mullane