1. **COURSE ID:** PSYC 100  
**TITLE:** General Psychology  
**Semester Units/Hours:** 3.0 units; a minimum of 48.0 lecture hours/semester  
**Method of Grading:** Letter Grade Only  
**Recommended Preparation:**  
Eligibility for ENGL 838 or 848.

2. **COURSE DESIGNATION:**  
**Degree Credit**  
**Transfer credit:** CSU; UC  
**AA/AS Degree Requirements:**  
CSM - GENERAL EDUCATION REQUIREMENTS: E5b. Social Science  
CSU GE:  
CSU GE Area D: SOCIAL SCIENCES: DSI - Social Institutions  
CSU GE Area E: LIFELONG LEARNING AND SELF-DEVELOPMENT: E1  
IGETC:  
IGETC Area 4: SOCIAL AND BEHAVIORAL SCIENCES: Social and Behavioral Sciences

3. **COURSE DESCRIPTIONS:**  
**Catalog Description:**  
Survey of major topics, theories, and research methods of contemporary psychology. Covers personality, social behavior, memory, motivation, emotion, perception, learning, and biological basis of behavior.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**  
Upon successful completion of this course, a student will meet the following outcomes:  
A. Describe the historical, philosophical and scientific basics of the discipline of psychology;  
B. Compare and contrast different explanations of human and animal behavior;  
C. Critically evaluate claims and evidence in psychological research;  
D. Describe biological aspects of human behavior;  
E. Demonstrate knowledge of the scientific method and experimental analysis.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**  
Upon successful completion of this course, a student will be able to:  
A. Describe the historical, philosophical and scientific basics of the discipline of psychology;  
B. Compare and contrast different explanations of human and animal behavior;  
C. Critically evaluate claims and evidence in psychological research;  
D. Describe biological aspects of human behavior;  
E. Demonstrate knowledge of the scientific method and experimental analysis.  
F. Prepare the future psychology major or the non-major further coursework in psychology.

6. **COURSE CONTENT:**  
**Lecture Content:**  
1. Psychology as a science  
   A. Terminology  
   B. Experimental method  
   C. Statistics  
2. History of psychology  
   A. From Aristotle to present  
3. Approaches to psychology  
   A. psychoanalytic, humanistic, behavioral and cognitive approaches  
   B. Heredity and environment  
4. The brain and the nervous system  
5. Perception  
   A. The sense organs  
   B. The nature of "reality"  
6. Learning  
   A. From behaviorism to cognitive psychology
7. Intelligence
   A. Convergent and divergent thinking
   B. Insight and creativity
8. Child development
   A. From Freud to Piaget
9. Memory
   A. Brain structures
   B. Short and long term models
   C. Theories of forgetting
   D. Mnemonic devices
10. Emotions and motivation
11. Theories of personality
12. Social psychology
13. Attitudes and attitude change
   A. Propaganda
   B. Critical thinking
14. Ethology and sociobiology
15. Abnormal psychology
16. Systems of psychotherapy
17. Core Topics (to be included in all PSYC 100 courses)
   A. Scientific method
   B. The brain and nervous system
   C. Sensation and perception
   D. Learning
   E. Emotion
   F. Infancy and childhood
   G. Memory
   H. Intelligence
   I. Theories of personality
   J. Social psychology
   K. Motivation
18. Additional Topics
   A. Adolescence
   B. Thinking and problem solving
   C. Language
   D. Abnormal behavior
   E. Psychotherapy
   F. Health issues in modern life
   G. History of psychology
   H. Psychology as a profession
   I. States of consciousness
   J. Evolution
   K. Sociobiology
   L. Behavior genetics

7. REPRESENTATIVE METHODS OF INSTRUCTION:
   Typical methods of instruction may include:
   A. Lecture
   B. Discussion

8. REPRESENTATIVE ASSIGNMENTS
   Representative assignments in this course may include, but are not limited to the following:
   Writing Assignments:
   Students are asked to review a published paper from a psychology journal.
   Reading Assignments:
   Weekly reading assignments from the assigned texts.

9. REPRESENTATIVE METHODS OF EVALUATION
   Representative methods of evaluation may include:
   A. Class Participation
B. Exams/Tests
C. Oral Presentation
D. Quizzes

10. REPRESENTATIVE TEXT(S):
   Possible textbooks include:

   **Origination Date:** August 2010
   **Curriculum Committee Approval Date:** March 2013
   **Effective Term:** Fall 2013
   **Course Originator:** James Clifford Jr