

**College of San Mateo
Official Course Outline**

1. **COURSE ID:** NURS 818 **TITLE:** Open Lab for Nursing 231/232

Units: 0.5 units **Hours/Semester:** 24.0-27.0 Lab hours

Method of Grading: Pass/No Pass Only

Prerequisite: Previous or concurrent enrollment in NURS 231 and/or NURS 232.

2. **COURSE DESIGNATION:**

Degree Credit

Transfer credit: none

3. **COURSE DESCRIPTIONS:**

Catalog Description:

Students practice skills and receive faculty feedback and evaluation, engage in study sessions with peer tutors, demonstrate competency assessment and receive faculty evaluation, complete clinical or skills laboratory make-up assignments, and learn effective skills in a group setting. Focus is on skills and concepts related to NURS 231 Psychiatric and NURS 232 Medical Surgical Nursing.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Apply nursing methods, protocols, and procedures to appropriate care situations. (Program SLO #1)

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Gather pertinent data from patient, family, SBAR report, and electronic health care record and utilize critical thinking skills to differentiate normal data from abnormal in a simulated situation.
2. Complete a postoperative pain assessment in a simulated setting.
3. Correctly perform treatment and administration of medications in a simulated setting.
4. Utilize principles of medical asepsis and isolation techniques in a simulated setting.
5. Communicate effectively to patient and family, in a simulated behavioral health and/or medical-surgical setting.
6. Utilize therapeutic communication techniques effectively when interacting with patient, peers, faculty, and staff in the lab setting.
7. Demonstrate accurately a focused physical assessment in a simulated postoperative environment.
8. Demonstrate competency on designated skills during digitally recorded evaluations.

6. **COURSE CONTENT:**

Lab Content:

NURS 231 Psychiatric Nursing:

SKILLS TAUGHT: Therapeutic Communication with Psychiatric Patients; Conflict Resolution; Assaultive Behavior/Unit Setting; Setting Limits; Documentation-Process Recording; SBAR Report; Dealing with Suicidal Patients; Psychopharmacology Meds and Side Effects (Game); Psychosocial Assessment; Schizophrenia – Hearing Voices; N232 Skills: Concepts Reviewed: IV Pumps, IVPB

SKILLS LAB COMPETENT: Medication Administration Test; Communication Skills: Based on Situation through Role Playing; Scenario: Communication techniques to cover major communication areas (verbal and non-verbal); Situations for Conflict Resolution and Negotiating; Initiation of a Therapeutic Relationship (Working and Closure); Psychosocial Assessment; Competency Validation

NURS 232: Medical-Surgical Nursing

SKILL REVIEW: IVs - All Areas (Including initiating); Meds - IM's, Sub-Q's (Including Insulin, Heparin); Postop Assessment

SKILLS TAUGHT: Ostomy Care; Flushing Multilumen Catheters; Pain Controlled Analgesia Pump; Surgical Scrubbing, Gowning and Gloving; Nasogastric Suctioning; Isolation procedures; Diabetes management – capillary blood glucose testing & insulin administration; GI tubes/drains; Care of surgical incisions

SKILLS LAB COMPETENT: Medication Administration Test; Post-Op Assessment: Use of Simulated Situations; Interventions for situations; Ostomy Care; Case Studies for Patients with Renal Failure, Liver Failure & Oncology Patients. PCA Pump: Setting PCA Pump; Multilumen Catheters: Flushing multilumen catheters; Surgical Scrubbing: Surgical scrubbing, gowning and gloving

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lab
- B. Activity
- C. Other (Specify): Concept mapping, video assessment for competency with feedback using simulations, real-life scenarios, group learning called "clinics" based on individual and group learning needs.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

Students document their nursing care using specialized software systems. This is an essential skill needed in healthcare; addressing the legal aspects of documentation

Reading Assignments:

Students read and review skills checklists in preparation for skills practice and skills competency checks by the faculty.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Lab Activities
- C. Simulation
- D. Competency checklists: students give feedback to each other, digital recordings and live assessment for competency with feedback. Instructor does individual and group progress checks in meeting learning outcomes. Student can be self-referred, instructor-referred, making up clinical lab, or practicing for competency assessment.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Perry, A., P. Potter, & Osteroff. *Clinical Nursing Skills and Techniques*, ed. Philadelphia, PA: Elsevier, 2021
- B. Ackley, B. & G. Ladwig. *Nursing Diagnosis Handbook*, 12th ed. Philadelphia, PA: Elsevier, 2020
- C. Ignatavicius, D. & M. Workman. *Medical-Surgical Nursing: Patient Centered Collaborative Care*, 10th ed. Philadelphia, PA: Elsevier, 2021
- D. Townsend, M.C. *Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications*, 10th ed. Philadelphia, PA: F.A. Davis, 2021
- E. Pagana, J., & Pagana, J.. *Mosby's Manual of Diagnostic and Laboratory Tests*, ed. Elsevier, 2018
- F. American Psychological Association.. *Publication Manual of the American Psychological Association*, 7th ed. APA, 2019
- G. Ackley, B., Ladwig, G. & Makic, M.B. *Nursing Diagnosis Handbook*, ed. Elsevier, 2020
- H. Lilley, L., Rainforth-Collins, S., & Snyder, J.. *Pharmacology and the Nursing Proces*, ed. Elsevier, 2020
- I. Evolve. *Clinical Skills Online Collection - Videos/Tutorials*, ed. Philadelphia: Elsevier, 2021

Possible software includes:

- A. Mental Health Course - Shadow Health. Elsevier, 2021 ed.
- B. DocuCare. Wolters Kluwer, 2021 ed.

Other:

- A.
Nursing Clinical drug reference book of choice
Library Readings
Nursing 231 Syllabus
Nursing 232 Syllabus
Nurse Kit 3, CSM Bookstore

Effective Term: Fall 2022
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