College of San Mateo  
Official Course Outline

1. COURSE ID: NURS 818  
   TITLE: Open Lab for Nursing 231/232  
   Units: 0.5 units  
   Hours/Semester: 24.0-27.0 Lab hours  
   Method of Grading: P/NP Only  
   Prerequisite: previous or concurrent enrollment in NURS 231 and/or NURS 232

2. COURSE DESIGNATION:  
   Degree Credit  
   Transfer credit: none

3. COURSE DESCRIPTIONS:  
   Catalog Description:  
   Students practice skills and receive faculty feedback and evaluation, engage in study sessions with peer  
   tutors, demonstrate competency assessment and receive faculty evaluation, complete clinical or skills  
   laboratory make-up assignments, and learn effective skills in a group setting. Focus is on skills and  
   concepts related to NURS 231 Psychiatric and NURS 232 Medical Surgical Nursing.

4. STUDENT LEARNING OUTCOME(S) (SLO'S):  
   Upon successful completion of this course, a student will meet the following outcomes:  
   1. Apply nursing methods, protocols, and procedures to appropriate care situations. (Program SLO #1)  
   2. Use the nursing process, which emphasizes critical thinking, independent judgment, and continual  
      evaluation as a means to determine nursing activities. (Program SLO #2)  
   3. Evaluate professional learning needs and take steps to meet them. (Program SLO #14)

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:  
   Upon successful completion of this course, a student will be able to:  
   1. Gathers pertinent data from patient, family, SBAR report, and electronic health care record and utilizes  
      critical thinking skills to differentiate normal data from abnormal in a simulated situation.  
   2. Completes a postoperative pain assessment in a simulated setting.  
   3. Correctly performs treatments and administration of medications in a simulated setting.  
   4. Utilizes principles of medical asepsis and isolation techniques in a simulated setting.  
   5. Communicates effectively to patient and family, in a simulated behavioral health and/or medical-surgical  
      setting.  
   6. Utilizes therapeutic communication techniques effectively when interacting with patient, peers, faculty,  
      and staff in the lab setting.  
   7. Demonstrates accurately a focused physical assessment in a simulated postoperative environment.  
   8. Demonstrates competency on designated skills during digitally recorded evaluations.

6. COURSE CONTENT:  
   Lab Content:  
   NURS 231 Psychiatric Nursing:  
   SKILLS TAUGHT: Therapeutic Communication with Psychiatric Patients; Conflict Resolution; Assaultive  
   Behavior/Unit Setting; Setting Limits; Documentation-Process Recording; SBAR Report; Dealing with  
   Suicidal Patients; Psychopharmacology Meds and Side Effects (Game); Psychosocial Assessment;  
   Schizophrenia – Hearing Voices; N232 Skills: Concepts Reviewed: IV Pumps, IVPB

   SKILLS LAB COMPETENT: Medication Administration Test; Communication Skills: Based on Situation  
   through Role Playing; Scenario: Communication techniques to cover major communication areas (verbal  
   and non-verbal); Situations for Conflict Resolution and Negotiating; Initiation of a Therapeutic  
   Relationship (Working and Closure); Psychosocial Assessment; Competency Validation

   NURS 232: Medical-Surgical Nursing  
   SKILL REVIEW: IVs - All Areas (Including initiating); Meds - IM’s, Sub-Q’s (Including Insulin,  
   Heparin); Postop Assessment

   SKILLS TAUGHT: Ostomy Care; Flushing Multilumen Catheters; Pain Controlled Analgesia Pump;  
   Surgical Scrubbing, Gowning and Gloving; Nasogastric Suctioning; Isolation procedures; Diabetes
management – capillary blood glucose testing & insulin administration; GI tubes/drains; Care of surgical incisions

SKILLS LAB COMPETENT: Medication Administration Test; Post-Op Assessment: Use of Simulated Situations; Interventions for situations; Ostomy Care; Case Studies for Patients with Renal Failure, Liver Failure & Oncology Patients. PCA Pump: Setting PCA Pump; Multilumen Catheters: Flushing multilumen catheters; Surgical Scrubbing: Surgical scrubbing, gowning and gloving

7. REPRESENTATIVE METHODS OF INSTRUCTION:
   Typical methods of instruction may include:
   A. Lab
   B. Other (Specify): Concept mapping, video assessment for competency with feedback using simulations, real-life scenarios, group learning called "clinics" based on individual and group learning needs.

8. REPRESENTATIVE ASSIGNMENTS
   Representative assignments in this course may include, but are not limited to the following:
   Writing Assignments:
   Students document using specialized software systems.
   Reading Assignments:
   Students read and review skills checklists.

9. REPRESENTATIVE METHODS OF EVALUATION
   Representative methods of evaluation may include:
   A. Class Participation
   B. Lab Activities
   C. Simulation
   D. Competency checklists: students give feedback to each other, digital recordings and live assessment for competency with feedback. Instructor does individual and group progress checks in meeting learning outcomes. Student can be self referred, instructor referred, making up clinical lab, or practicing for competency assessment.

10. REPRESENTATIVE TEXT(S):
   Possible textbooks include:
   Possible software includes:
   A. Sim Chart, Elsevier, 2016 ed.
   Other:
   A. ATI Mental Health Nursing
   ATI RN Adult Medical Surgical Nursing Review Module
   Nursing Clinical drug reference book of choice
   Library Readings
   Nursing 231 Syllabus
   Nursing 232 Syllabus
   Nurse Kit 3, CSM Bookstore

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   Curriculum Committee Approval Date: November 2016
   Effective Term: Fall 2017
   Course Originator: Janis Wisherop