COURSE ID: NURS 235  
TITLE: Nursing Skills Lab III  
Semester Units/Hours: 0.5 units; a minimum of 24.0 lab hours/semester  
Method of Grading: P/NP Only  
Prerequisite: NURS 222, Corequisite: concurrent enrollment in NURS 231 and 232

2. COURSE DESIGNATION:
Degree Credit  
Transfer credit: none

3. COURSE DESCRIPTIONS:
Catalog Description:
Provides for nursing skills development with competency evaluation of the skills identified for the concurrent nursing courses. Extra supplies may be required. (Fall only.)

4. STUDENT LEARNING OUTCOME(S) (SLO'S):
Upon successful completion of this course, a student will meet the following outcomes:
1. Identify and assess the healthcare needs of patients/clients using the tools and framework appropriate to the clinical setting. (Program SLO #4)
2. Engage in and disengage from therapeutic relationships through the use of effective interpersonal and counseling skills. (Program SLO #8)
3. Apply nursing methods, protocols and procedures to appropriate care situations.

5. SPECIFIC INSTRUCTIONAL OBJECTIVES:
Upon successful completion of this course, a student will be able to:
1. Perform a thorough psychosocial assessment, demonstrating effective and therapeutic communication techniques.
2. Utilize information concerning psychotropic pharmaceutical agents in patient teaching.
3. Demonstrate competency in performing the necessary nursing assessments and utilization of sterile technique in providing care for the pre, peri, and post operative patient.
4. Demonstrate competency in the preparation and administration of parenteral/intravenous medications and fluids.

6. COURSE CONTENT:
Lab Content:
1. Therapeutic use of self, establishing a therapeutic nurse-patient relationship
2. The nurse-patient relationship in psychiatric nursing
3. Mental Health assessment techniques
4. Assessment of the surgical patient
5. Teaching skills for the Diabetic patient
6. Sterile technique for the surgical patient
7. Parenteral medication administration and Chemotherapy/IV therapy
8. Traction and cast care

7. REPRESENTATIVE METHODS OF INSTRUCTION:
Typical methods of instruction may include:
A. Other (Specify): Skill demonstration, discussion, multimedia instruction and skill competency practice.

8. REPRESENTATIVE ASSIGNMENTS
Representative assignments in this course may include, but are not limited to the following:
Reading Assignments:
Students will read and review specified skills checklists from the required textbook and online resources and utilize the checklists both during role play (therapeutic communication) and hands-on skills practice (medical-surgical procedures).

9. REPRESENTATIVE METHODS OF EVALUATION
Representative methods of evaluation may include:
A. Competency evaluation of skills identified for concurrent nursing courses. • Participation.

10. REPRESENTATIVE TEXT(S):
Possible textbooks include:
Other:
A. Readings as assigned in preparation to practice and develop competency for identified nursing skills.

**Origination Date:** September 2011  
**Curriculum Committee Approval Date:** January 2014  
**Effective Term:** Fall 2014  
**Course Originator:** Janis Wisherop