

**College of San Mateo
Official Course Outline**

1. **COURSE ID:** NURS 225 **TITLE:** Nursing Skills Lab II

Units: 0.5 units **Hours/Semester:** 24.0-27.0 Lab hours

Method of Grading: Pass/No Pass Only

Prerequisite: NURS 212, **Corequisite:** Concurrent enrollment in NURS 221 and NURS 222.

2. **COURSE DESIGNATION:**

Degree Credit

Transfer credit: CSU

3. **COURSE DESCRIPTIONS:**

Catalog Description:

This course is an adjunct to the corequisite nursing courses listed above. It provides individual and group practice of nursing skills with competency evaluation of the skills identified for the concurrent nursing courses. (Spring only.)

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Demonstrate competency in skills related to maternity and pediatric nursing a. Successfully perform one neonatal intramuscular injection following the guidelines presented in skills lab. b. Successfully perform one pediatric physical assessment using the following guide: Examining a Child Process & Checklist
2. Demonstrate competency in medication calculation for pediatric patients.
3. Apply nursing interventions to the care of maternity and pediatric patients

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Demonstrates a simulated physical assessment of a neonate, child, and childbearing women.
2. Demonstrates a simulated teaching session for new parents of a child regarding preventive health care
3. Demonstrates correct calculation and administration of medications in pediatric and perinatal settings.

6. **COURSE CONTENT:**

Lab Content:

1. Pedi: Communication, pain & medication calculation
2. Pedi: Examining a child
3. Pedi: IV competency practice, syringe pumps, & medication administration
4. Pedi: Respiratory related skills
5. Pedi: Cardiac related skills
6. Pedi: Gastrointestinal related skills
7. Pedi: Review days x2
8. Maternity: Neonatal IM Injection
9. Maternity: Neonatal Resuscitation
10. Maternity: Venipuncture
11. Maternity: IV Starts
12. Maternity: IV therapy
13. Maternity: Maternal Mock Code
14. Maternity: Open lab-review previous labs
15. Maternity: Critical Thinking exercises

7. **REPRESENTATIVE METHODS OF INSTRUCTION:**

Typical methods of instruction may include:

- A. Lab
- B. Activity
- C. Discussion
- D. Other (Specify): Typical methods of instruction may include: Observation and Demonstration, Skill demonstration, Discussion, Multimedia instruction, Skill competency practice

8. **REPRESENTATIVE ASSIGNMENTS**

Representative assignments in this course may include, but are not limited to the following:

Reading Assignments:

Reading Assignments:

Students will read and review specified skills checklists from the required textbooks and online resources. The students will utilize the checklists both during hands-on skills practice.

Other Outside Assignments:

Video Assignments:

Before pediatric nursing labs, students may be assigned videos to watch. They may also be required to take short tests and upload a screenshot of of test graded at 80% or higher. Students that have not uploaded the screenshot 30 minutes before lab will not be allowed into lab. See Canvas site for details.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Lab Activities
- C. • Competency evaluation of skills identified for concurrent nursing courses • Lab attendance

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Perry, Potter, Ostendorf. *Clinical Nursing Skills and Techniques*, 9th ed. Philadelphia, PA: Elsevier, 2018
- B. Perry, S. E., Lowdermilk, D. L., Cashion, K., Alden, K. R., Hockenberry, M. J., Wilson, D., & Rodgers, C.. *Maternal Child Nursing Care*, 6th ed. St. Louis, MO: Elsevier, 2018
- C. Gorski, L.. *Manual of I.V. Therapeutics*, 7th ed. Philadelphia: F.A. Davis Company, 2018

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Course Originator: Melinda Nguyen