

**College of San Mateo
Official Course Outline**

1. **COURSE ID:** KINE 120 **TITLE:** First Aid/CPR
Units: 1.0 units **Hours/Semester:** 16.0-18.0 Lecture hours
Method of Grading: Grade Option (Letter Grade or P/NP)
2. **COURSE DESIGNATION:**
Degree Credit
Transfer credit: CSU
3. **COURSE DESCRIPTIONS:**
Catalog Description:
Recognizing and caring for breathing and cardiac emergencies for life threatening bleeding, sudden illness and injuries, heart disease prevention. This course is taught in compliance with the American Red Cross, and students may earn a CPR/First Aid Certificate. This is NOT an activity class.
4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**
Upon successful completion of this course, a student will meet the following outcomes:
 1. Recognize Emergencies, initiate the emergency action steps, check status of victim(s), respond to adult life threatening emergencies, respond to life threatening emergencies for adults, children and infants, identify causes of heart disease, apply first aid for numerous injuries, and recognize sudden illness
5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**
Upon successful completion of this course, a student will be able to:
6. **REPRESENTATIVE METHODS OF INSTRUCTION:**
Typical methods of instruction may include:
7. **REPRESENTATIVE ASSIGNMENTS**
Representative assignments in this course may include, but are not limited to the following:
8. **REPRESENTATIVE METHODS OF EVALUATION**
Representative methods of evaluation may include:
9. **REPRESENTATIVE TEXT(S):**
Possible textbooks include:
 - A. -. "*Community First Aid and Safety*", ed. American Red Cross, 2002

Origination Date: August 2010

Curriculum Committee Approval Date: February 2011

Effective Term: Fall 2011

Course Originator: - SMCCCD