

College of San Mateo
Official Course Outline

1. **COURSE ID:** COSM 746 **TITLE:** Cosmetology V
Units: 5.0 units **Hours/Semester:** 40.0-45.0 Lecture hours; 120.0-135.0 Lab hours; and 80.0-90.0 Homework hours

Method of Grading: Letter Grade Only

Prerequisite: COSM 732, and COSM 742

2. **COURSE DESIGNATION:**

Degree Credit

Transfer credit: none

3. **COURSE DESCRIPTIONS:**

Catalog Description:

Study advanced theoretical and practical application of haircutting, hair removal, basic chemistry and electricity, hair color formulation, electrical facials, and chemical facials, within a simulated salon environment. Concentration on developing advanced skills that will prepare students to achieve state licensing as well as acquire and retain employment. Continued practice in health and safety protocols as prescribed by the California Board of Barbering and Cosmetology.

4. **STUDENT LEARNING OUTCOME(S) (SLO'S):**

Upon successful completion of this course, a student will meet the following outcomes:

1. Demonstrate theoretical understanding of haircutting, hair removal, basic chemistry and electricity, hair color formulation, electrical facials, and chemical facials.
2. Execute and implement practical aspects of haircutting, hair removal, basic chemistry and electricity, hair color formulation, electrical facials, and chemical facials.
3. Demonstrate understanding and correct execution of theoretical and practical cosmetology competencies in health and safety as designated by the California Board of Barbering and Cosmetology.
4. Demonstrate understanding and correct application of soft skills as they relate to cosmetology competencies within a simulated work environment.

5. **SPECIFIC INSTRUCTIONAL OBJECTIVES:**

Upon successful completion of this course, a student will be able to:

1. Articulate understanding of advanced theoretical knowledge by connecting learning concepts to practical operations assigned within a simulated work-based learning environment.
2. Perform advanced practical operations by correctly applying learned procedures and techniques demonstrated and practiced during laboratory classes on live models.
3. Communicate and collaborate in an effective manner by continued practice of professional soft skills in the classroom as well as in laboratory classes that simulate a work-based learning environment.
4. Demonstrate skill in employing core competencies as they relate to advanced discipline-specific assignments and mock real world scenarios including testing for state licensing.

6. **COURSE CONTENT:**

Lecture Content:

National Interstate Council (NIC) Cosmetology Licensing Theoretical and Practical Test Preparation on the following Core Domain Sections:

1. Work Area and Client Preparation, and Set Up of Supplies
2. Thermal Curling
3. Haircutting
4. Work Area and New Client Preparation, and Set Up of Supplies
5. Chemical Waving
6. Predisposition Test and Strand Test with Simulated Product
7. Highlighting with Foil, Virgin Application with Colored Simulated Product

Core Domains Currently not tested on, that may be reviewed:

1. Blow Dry Styling
2. Roller Placement

3. Fingerwaving and Pin Curl Placement - Skip Wave
4. Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax
5. Hair Removal of the Upper Lip Using Hard Wax

Building on and Review of Fundamental and Intermediate Discipline Competencies as they relate to the Licensing Exam and Client Services:

1. Advanced Haircutting
2. Advanced Hair Removal
3. Advanced Chemistry
4. Advanced Electricity
5. Advanced Haircolor Formulation
6. Advanced Facials

Lab Content:

National Interstate Council Licensing (NIC) Preparation; practice in successfully executing the following NIC Required Content Domains:

1. Work Area and Client Preparation, and Set Up of Supplies
2. Thermal Curling
3. Haircutting
4. Work Area and New Client Preparation, and Set Up of Supplies
5. Chemical Waving
6. Predisposition Test and Strand Test with Simulated Product
7. Highlighting with Foil, Virgin Application with Colored Simulated Product

Content Domains Currently not tested on, that may be reviewed:

1. Fingerwaving and Pin Curl Placement – Skip Wave
2. Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax
3. Hair Removal of the Upper Lip Using Hard Wax
4. Facial Makeup Application
5. Manicure and Polish Application
6. Nail Tip Application and Blending

Building on and Review of Fundamental and Intermediate Discipline Competencies as they relate to Client Services:

1. Advanced Haircutting
2. Advanced Hair Removal
3. Advanced Chemistry
4. Advanced Electricity
5. Advanced Color Formulation
6. Advanced Facials
7. Continued Study of Current Infection Control Procedures
8. Continued Study of Advanced Discipline Competencies

7. REPRESENTATIVE METHODS OF INSTRUCTION:

Typical methods of instruction may include:

- A. Lecture
- B. Lab
- C. Activity
- D. Directed Study
- E. Critique
- F. Discussion
- G. Experiments
- H. Field Trips
- I. Guest Speakers
- J. Individualized Instruction
- K. Observation and Demonstration

- L. Service Learning
- M. Other (Specify): Students receive instructor, client, and student model feedback as practical operations are practiced within a structured lab setting acting as a simulated work environment.

8. REPRESENTATIVE ASSIGNMENTS

Representative assignments in this course may include, but are not limited to the following:

Writing Assignments:

- Theory and Practical workbook assignments correlating to class work.
- In class review or other daily sheet.
- Lecture and demonstration notes.
- Group discussion notes.
- Lab chemical procedure outcome notes.
- Demonstration diagramming and set-up notes.
- NIC Exam mock test notes.
- Logging client services in dedicated computer program.

Reading Assignments:

Outside reading assignments will correspond to upcoming coursework.

Other Outside Assignments:

Library research project; subject to be designated by instructor.

Term projects may include:

- a. Creating a resume
- b. Creating a portfolio
- c. Written report
- d. Oral report
- e. Any other discipline specific assignment
- f. A combination of any of the above a-e

Technology resources mini-projects to be designated by instructor. Example: Using an electronic device to take a photo of a favorite styling product and bringing it to class, emailing it to the instructor, or writing a brief synopsis focusing on usage and benefits.

9. REPRESENTATIVE METHODS OF EVALUATION

Representative methods of evaluation may include:

- A. Class Participation
- B. Class Performance
- C. Class Work
- D. Exams/Tests
- E. Final Class Performance
- F. Group Projects
- G. Homework
- H. Lab Activities
- I. Oral Presentation
- J. Papers
- K. Portfolios
- L. Projects
- M. Quizzes
- N. Research Projects
- O. Simulation
- P. Written examination
- Q. If designated by the instructor, continued work on integrative e-portfolios will provide students the opportunity for reflection and self-assessment. Students will be asked to justify their choice of artifacts and reflect on their growth through oral presentations, essays, electronic presentations, or other means as assigned.

10. REPRESENTATIVE TEXT(S):

Possible textbooks include:

- A. Backe, J., Fulton, C., DaCosta, D., Joseph, R., Kilgore, M., Lees, M., Morrison, V., Pierce, A., Rimando, A., Roste, L., Williams, R., . *Milady Standard Cosmetology* , 13 ed. Boston: Cengage Learning, 2016

Possible manuals include:

- A. California Board of Barbering and Cosmetology. Health and Safety Training Course, CA Board of Barbering and Cosmetology, 11-01-2016

Other:

- A. California, & California. Barbering and Cosmetology Act, Barbering and Cosmetology Rules and Regulations, Sacramento: Board of Barbering and Cosmetology, 2018.
- B. Milady Publishing Company. Milady Standard Cosmetology Exam Review. Boston: Cengage Learning, 2016.

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Course Originator: Cynthia James