

College of San Mateo Course Outline

- New Course
 Update/No change
 Course Revision (Minor)
 Course Revision (Major)

Date: 4/3/08

Department: Nursing **Number:** 215
Course Title: Nursing Skills Lab I **Units:** 0.5
Total Semester Hours: **Lecture:** **Lab:** 24 **Homework:** **By Arrangement:**

Length of Course

- Semester-long
 Short course (Number of weeks____)
 Open entry/Open exit

Grading

- Letter
 Pass/No Pass
 Grade Option (letter or Pass/No Pass)

1. **Prerequisite** (Attach Enrollment Limitation Validation Form.)

Admission to the A.S. Degree Nursing Program

2. **Corequisite** (Attach Enrollment Limitation Validation Form.)

Concurrent enrollment in N211 and Nursing 212

3. **Recommended Preparation** (Attach Enrollment Validation Form.)

4. **Catalog Description** (Include prerequisites/corequisites/recommended preparation.)

(.5) (Pass/No Pass grading.) One and one-half lab hours per week. Prerequisite: admission to the A.S. Degree Nursing Program. Corequisite: concurrent enrollment in NURS 211 and 212. This course is an adjunct to the corequisite nursing courses listed above. It provides individual and group practice of nursing skills with competency evaluation of the skills identified for the concurrent nursing courses. (Fall only.) (AA)

5. **Class Schedule Description** (Include prerequisites/corequisites/recommended preparation.)

This course provides for nursing skill development and competency testing for skills identified for concurrent nursing courses. Prerequisite: Admission to the A.S. Degree Nursing Program. Corequisite: Concurrent enrollment in NURS 211 and NURS 212.

6. **Student Learning Outcomes** (Identify 1-6 expected learner outcomes using active verbs.)

Upon successful completion of the course, the student will be able to:

- A. Demonstrate competency of basic nursing skills.
B. Demonstrate effective oral and written communication that is appropriate and legally

correct for a health care team member.

- C. Perform a beginning level assessment of a patient in a simulated lab setting and correctly state the priority nursing diagnoses from the data collected.
- D. Prepare and administer medications using the seven rights of medication administration.
- E. Implement IV therapy using flow rate, drop rate, and infusion time.

7. **Course Objectives** (Identify specific teaching objectives detailing course content and activities. *For some courses, the course objectives will be the same as the student learning outcomes. If this is the case, please simply indicate this in this section.*)

Upon completion of the course, the student will be able to:

- A. Demonstrate competency of basic nursing skills.
- B. Demonstrate effective oral and written communication that is appropriate and legally correct for a health care team member.
- C. Perform a beginning level assessment of a patient in a simulated lab setting and correctly state the priority nursing diagnoses from the data collected.
- D. Prepare and administer medications using the seven rights of medication administration.
- E. Implement IV therapy using flow rate, drop rate, and infusion time.

8. **Course Content** (Brief but complete topical outline of the course that includes major subject areas [1-2 pages]. Should reflect all course objectives listed above. In addition, you may attach a sample course syllabus with a timeline.)

- A. Body Mechanics
- B. Skills related to Activities of Daily Living
- C. Physical Assessment
- D. Vital Sign Assessment and Interpretation
- E. Medication Administration
- F. Isolation and Sterile Technique
- G. Administration of Oxygen and other Respiratory Procedures
- H. Communication Techniques and Charting
- I. Documentation
- J. Catheterization
- K. Management of the Patient with an NG Tube
- L. Wound Care
- M. Intervenous Therapy: Peripheral and Central lines; continuous and intermittent infusions.
- N. Post-operative Care Skills

9. **Representative Instructional Methods** (Describe instructor-initiated teaching strategies that will assist students in meeting course objectives. Include examples of out-of-class assignments, required reading and writing assignments, and methods for teaching critical thinking skills.) **If hours by arrangement are required by this course, indicate the additional instructional activity which will be provided during this time.**

Skill demonstration, discussion, multimedia instruction and skill competency practice.

10. **Representative Methods of Evaluation** (Describe measurement of student progress toward course objectives. Courses with required writing component and/or problem-solving emphasis must reflect critical thinking component. If skills class, then applied skills.)

Competency evaluation of skills identified for concurrent nursing courses.

Lab attendance.

11. **Representative Text Materials** (With few exceptions, texts need to be current. Include publication dates.)

Elkin, Perry and Potter. (2004). Nursing Interventions and Clinical Skills. Elsevier.

Prepared by:


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Submission Date:

