College of San Mateo
Course Outline

☐ New Course
☐ Update/No change
☒ Course Revision (Minor)
☐ Course Revision (Major)

Date: 11.20.2009

Department: INDV **Number:** 120

Course Title: Badminton **Units:** .5 -1.0

Total Semester Hours: **Lecture:** **Lab:** 24 or 48 **Homework:** **By Arrangement:**

Length of Course

☒ Semester-long
☒ Short course (Number of weeks6-8)
☐ Open entry/Open exit

Grading

☐ Letter
☐ Pass/No Pass
☒ Grade Option (letter or Pass/No Pass)

1. Prerequisite (Attach Enrollment Limitation Validation Form.)

None

2. Corequisite (Attach Enrollment Limitation Validation Form.)

None

3. Recommended Preparation (Attach Enrollment Validation Form.)

None

4. Catalog Description (Include prerequisites/corequisites/recommended preparation.)

Emphasis on skill techniques, proper footwork, rules of play, strategies, doubles and singles play for various skill levels. Tournaments in singles and doubles. May be repeated three times for competency. (UC, CSU)

5. Class Schedule Description (Include prerequisites/corequisites/recommended preparation.)

Same as Above

6. Student Learning Outcomes (Identify 1-6 expected learner outcomes using active verbs.)

Upon successful completion of the course, the student will be able to:

1. Understand lifelong benefits of physical activity and enjoyment through participation
2. Present and detail rules and regulations of the game
3. Present and understand drills to develop fundamentals of:

a. Grip
b. strokes
c. footwork
d. court coverage

4. Develop competency in singles and doubles play
5. Promote qualities of sportsmanship, cooperation, and initiative

7. Course Objectives (Identify specific teaching objectives detailing course content and activities. *For some courses, the course objectives will be the same as the student learning outcomes. If this is the case, please simply indicate this in this section).*

Same as above

8. Course Content (Brief but complete topical outline of the course that includes major subject areas [1-2 pages]. Should reflect all course objectives listed above. In addition, you may attach a sample course syllabus with a timeline.)

1. Orientation: Explanation of course, philosophy of instruction, grading, attendance, course objectives, class procedures, SLO's
2. Fundamentals of rules and regulations
3. Singles/Doubles: skill development

a. Grip
b. Forehand
c. Backhand
d. Serve (short serve, long serve)
e. Shot selection (lob, volley, placement, smash)
f. Footwork
  1. Lateral
  2. Forward
  3. Backward
g. Partner play
  1. Court Coverage

4. Strategies of singles play
5. Strategies of doubles play
6. Tournament configurations, which allows employment of all previous instruction

9. Representative Instructional Methods (Describe instructor-initiated teaching strategies that will assist students in meeting course objectives. Include examples of out-of-class assignments, required reading and writing assignments, and methods for teaching critical thinking skills.) **If hours by arrangement are required by this course, indicate the additional instructional activity which will be provided during this time.**

Instructor Generated handouts, Film, Video analysis of biomechanics and fundamentals

10. Representative Methods of Evaluation (Describe measurement of student progress toward course objectives. Courses with required writing component and/or problem-solving emphasis must reflect critical thinking component. If skills class, then applied skills.)

1. Instructor observation and evaluation
2. Written test on rules and regulations
3. Progressive Skill Development
4. Completion of Division Fitness Test

11. Representative Text Materials (With few exceptions, texts need to be current. Include publication dates.)

Steps to Success Badminton Book, Grice, Human Kinetics 2008

Prepared by: _____
(Signature)

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Submission Date: _____